

Online Resource 3 : Consolidated Criteria for Reporting Qualitative Research (COREQ) checklist

Title of Article : A qualitative exploration of mental health experiences and help seeking behaviour of South Asian migrant women working in Ireland

Table S1. Consolidated Criteria for Reporting Qualitative Research (COREQ) Checklist

Domain 1 : research team and reflexivity		
1- Interviewer/facilitator	Which author conducted the interview or focus group ?	RR conducted all interviews
2- Credentials	What were the researcher's credentials ?	RR: Postgraduate student (MPH) FD- PhD in Global health with extensive experience in policy analysis and programme evaluation focused on marginalised populations and inclusion health. IT- PhD in Psychology . Qualified Clinical Psychologist with advanced training in Global Mental Health ZK- PhD in Epidemiology with experience leading multiple national and international research projects that have informed health policy in Ireland and globally.
3- Occupation	What was their occupation at the time of the study ?	RR: Registered Nurse FD- Adjunct Lecturer IT Research Fellow ZK- Senior Lecturer in Public Health and Epidemiology
4- Gender	Was the researcher male or female ?	RR: Female FD: Female IT: Female ZK: Male
5- Experience and training relationship with participants	What experience or training did the researcher have ?	RR had formal qualitative research training during her MPH and prior experience conducting interviews. Supervisors FD, IT, and ZK have academic and research experience in public health and qualitative methods.
6- Relationship established	Was a relationship established prior to study commencement ?	No prior personal relationship with participants
7- Participant knowledge of the interviewer	What did the participants know about the researcher ?	Participants were informed that the interviewer was a South Asian woman, a nurse, and a postgraduate student conducting academic research.

8- Interviewer characteristics	What characteristics were reported about the interviewer	The researcher is a South Asian woman, professionally and culturally aligned with the participant group, which facilitated trust and depth of responses. Reflexivity was maintained via a reflexive journal
Domain 2 : Study design		
9- Methodological orientation and theory	What methodological orientation was stated to underpin the study ?	Thematic Analysis (Braun & Clarke, 2006); informed by Andersen's Behavioural Model of Health Care Utilisation.
10- Sampling	How were participant selected ?	Purposive and snowball sampling
11- Method of approach	How were participants approached ?	Recruitment took place through email, phone, and in-person communication and was assisted by community social groups, migrant networks and personal referrals.
12- Sample size	How many participants were in the study ?	17 (Indians-9, Pakistanis- 8)
13- Nonparticipation setting	How many people refused to participate or dropped out ?	Not interviewed -Unreachable after 3 attempts (n=3) -Agreed to participate but missed the interview appointment (n=2)
14- Setting of data collection	Where was the data collected ?	Private spaces at workplaces, community buildings or online via Microsoft Teams platform..
15- Presence of nonparticipants	Was anyone else present besides the participants and researchers ?	None. Only participant and interviewer were present.
16- Description of sample data collection	What are the important characteristics of the sample ?	South Asian migrant women (India and Pakistan), aged 20–50, residing in Ireland 0–10 years, all employed.
17- Interview guide	Were questions, prompts, guides provided by the authors ? Was it pilot tested ?	A semi-structured interview guide was used and pilot-tested with 2 Indian women (see supplementary material 1)
18- Repeat interviews	Were repeat interviews carried out ?	No
19- Audio/visual recording	Did the research use audio or visual recording to collect the data ?	Yes – interviews were audio recorded (via Dictaphone or MS Teams)
20- Field notes	Were field notes made during and/or after the interview or focus group ?	Yes – field notes and a reflexive journal were maintained.
21- Duration	What was the duration of the interviews or focus group ?	Interviews lasted between 30–60 minutes.

22- Data saturation	Was data saturation discussed ?	Yes. Saturation reached after 13 interviews.
23- Transcripts returned	Were transcripts returned to participants for comment and/or correction ?	No – transcripts were not returned for participant review.
Domain 3 : Analysis and findings		
24- Number of data coders	How many data coders coded the data ?	3 RR, FD and MIT
25- Description of coding tree	Did authors provide a description of the coding tree ?	Yes, see Online Resource 2
26- Derivation of themes	Were themes identified in advance or derived from the data ?	Derived from the data
27- Software	What software, if applicable, was used to manage the data ?	NVivo 12 software
28- Participant checking reporting	Did participants provide feedback on the findings	No
29- Quotations presented	Were participants quotations presented to illustrate the themes/findings ? Was each quotation identified ?	Yes. Yes- Each quotation was identified by participant number
30- Data and findings consistent	Was there consistency between the data presented and the findings ?	Yes
31- Clarity of major themes	Were major themes clearly presented in the findings ?	Yes Results section
32- Clarity of minor themes	Is there a description of diverse cases or discussion of minor themes ?	Yes