

Supplementary Table 1. Global Quality Score (GQS) scale (1–5)

GQS Definition	Score
Poor quality, poor flow of the video, most information missing, not at all useful for patients	1
Generally poor quality and poor flow, some information listed but many important topics missing, of very limited use to patients	2
Moderate quality, some important information is adequately discussed	3
Good quality good flow, most relevant information is covered, useful for patients	4
Excellent quality and flow, very useful for patients	5