

Supplementary Table 2. Modified DISCERN criteria

Score ^a	Reliability Score
1	The video was clear, concise and understandable.
1	The information sources were reliable.
1	The information presented was balanced and unbiased.
1	Additional sources of information were provided for patient reference.
1	Areas of uncertainty or controversy were appropriately addressed.

a. Each dimension was evaluated independently based on its specific criteria, with one point awarded for meeting each criterion. This yielded an overall reliability score between 0 and 5.