

Qualitative Research Interview Guide

Research Title: Psychological intervention to enhance adherence to antipsychotic medication among patients with severe mental illnesses at Kabwe General Hospital in Zambia: A Pilot Study

Date of Interview..... Time of interview..... Participant's ID:.....

Section A: Social demography

Age.....Sex: ☒ M ☒ F Marital status.....Education level.....

Occupational..... Religious affiliation.....

Tribe..... Diagnosis

General information:

This study aims to explore and describe the psychological intervention to enhance antipsychotic adherence among service users living with severe mental illnesses at Kabwe General Hospital, in Zambia

This interview schedule will assist the researcher to collect necessary data for the study from participants.

1. On a typical day how do you take your antipsychotic medication?

Probe: *What time and how often do you take it?*

2. What motivates you to take your antipsychotic medication regularly?

Probe:

3. Would you kindly describe what it is like to be taking antipsychotic medication?

Probe: *What is your experience taking antipsychotics?*

4. Can you share with me the effectiveness of the antipsychotic medication you take?

Probe: *What changes do you observe because of taking the drug?*

5. Could you please share with me the reasons why you fail to take your antipsychotic medication as prescribed by your healthcare provider?

Probe: What challenges do you face e.g. Distance to hospital/pill-burden/side effects

6. Can you tell me your experience when you fail to take your antipsychotic medication completely?

Probe: *What changes do you notice?*

7. Could you tell me about any obligations or events that make it difficult for you to take your antipsychotics as prescribed?

Probe: *Can you explain why this is important to you?*

8. Can you explain whether there is anything in your family or relationships that makes it difficult for you to take your medication (s) as prescribe?

Probe:

9. Please explain to me if there is anything in your interactions with your healthcare provider or other hospital staff that could have pushed you to not to adhere to antipsychotics?

Probe:

10. Could you explain to me if there is anything in your interactions with hospital staff and fellow service users that pushed you to take antipsychotics incorrectly?

Probe: Attitude of staff/lack of clarity/overcrowdings & long pharmacy queues

11. What support or assistance would you need to improve your adherence?

Probe: From your family/friends/healthcare providers?

12. Is there anything important I have left out that you would like to share with me?

Thank you very much for agreeing to be part of the study and for sharing this information with me