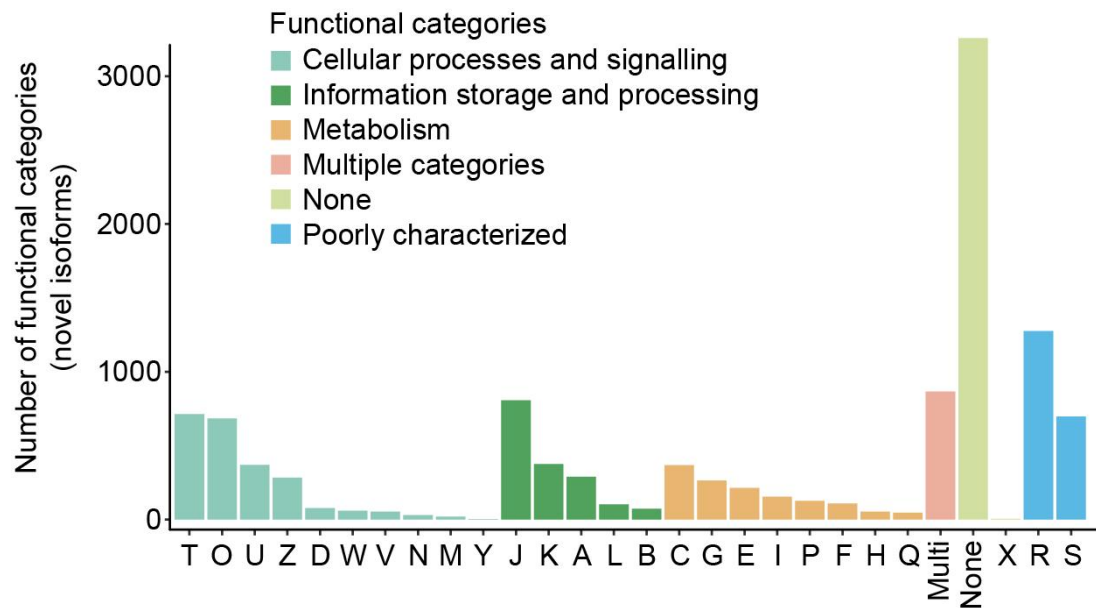
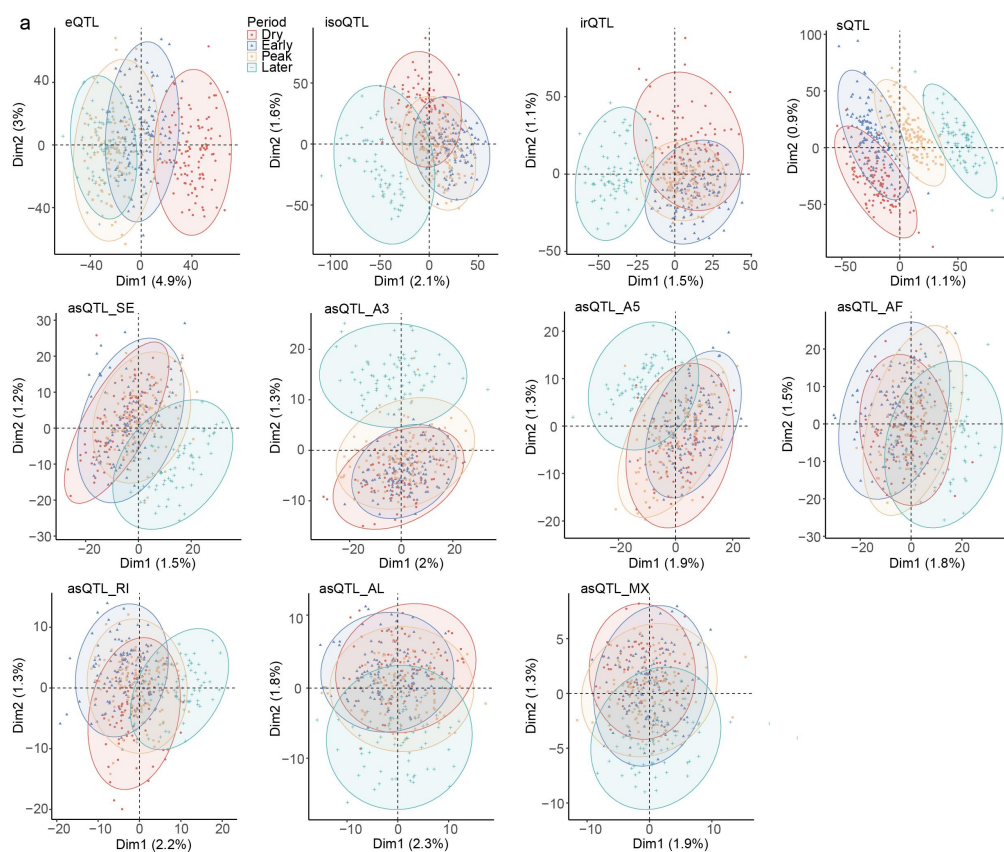
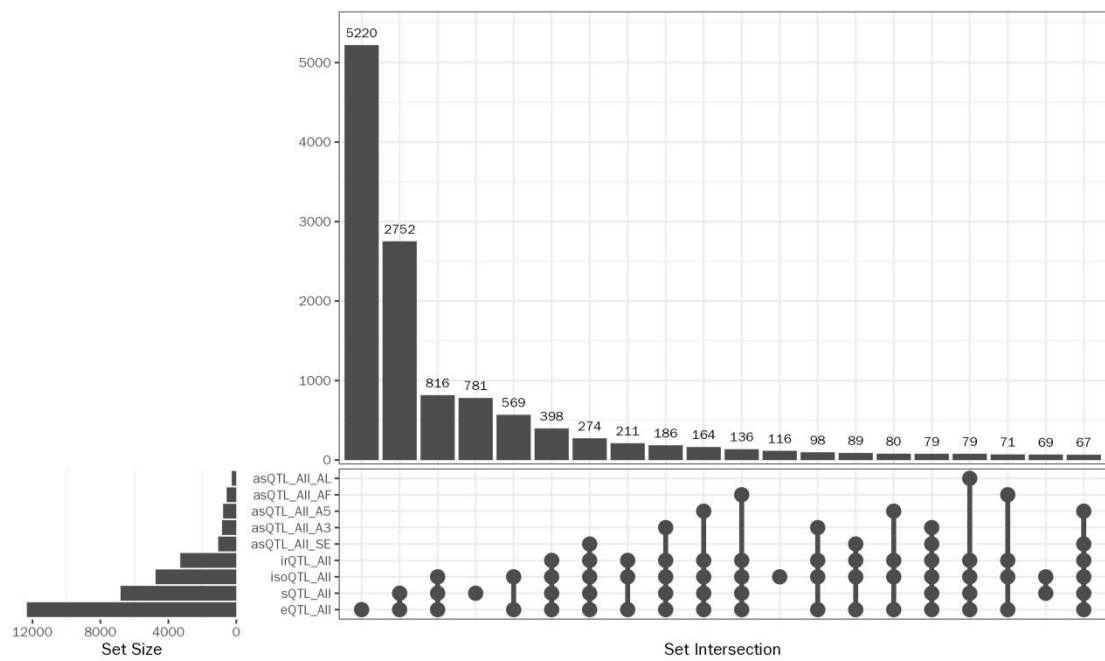




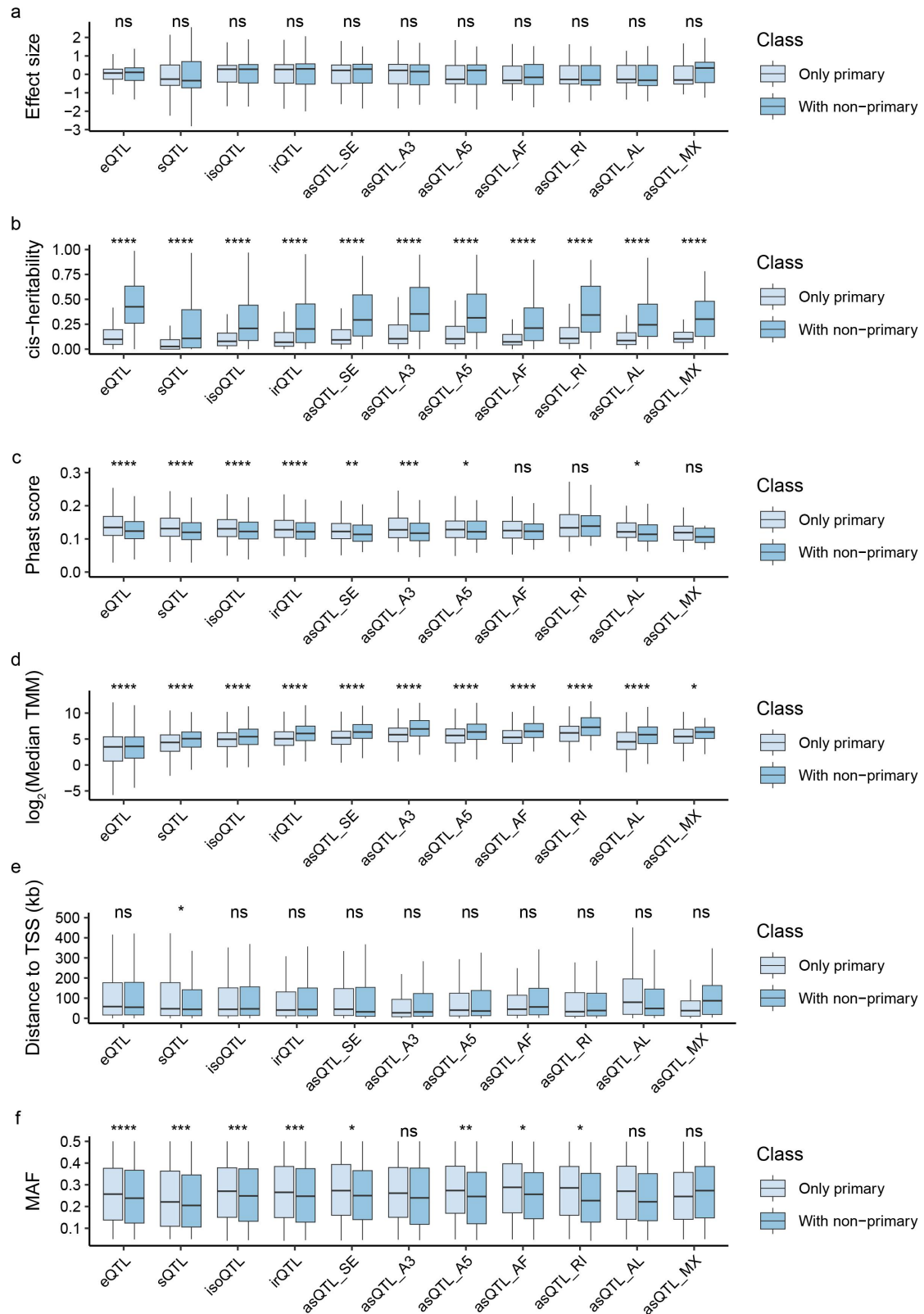
**Supplementary Fig. 1 | Functional annotation of novel isoforms.** Novel isoforms were functionally annotated using the COG database.



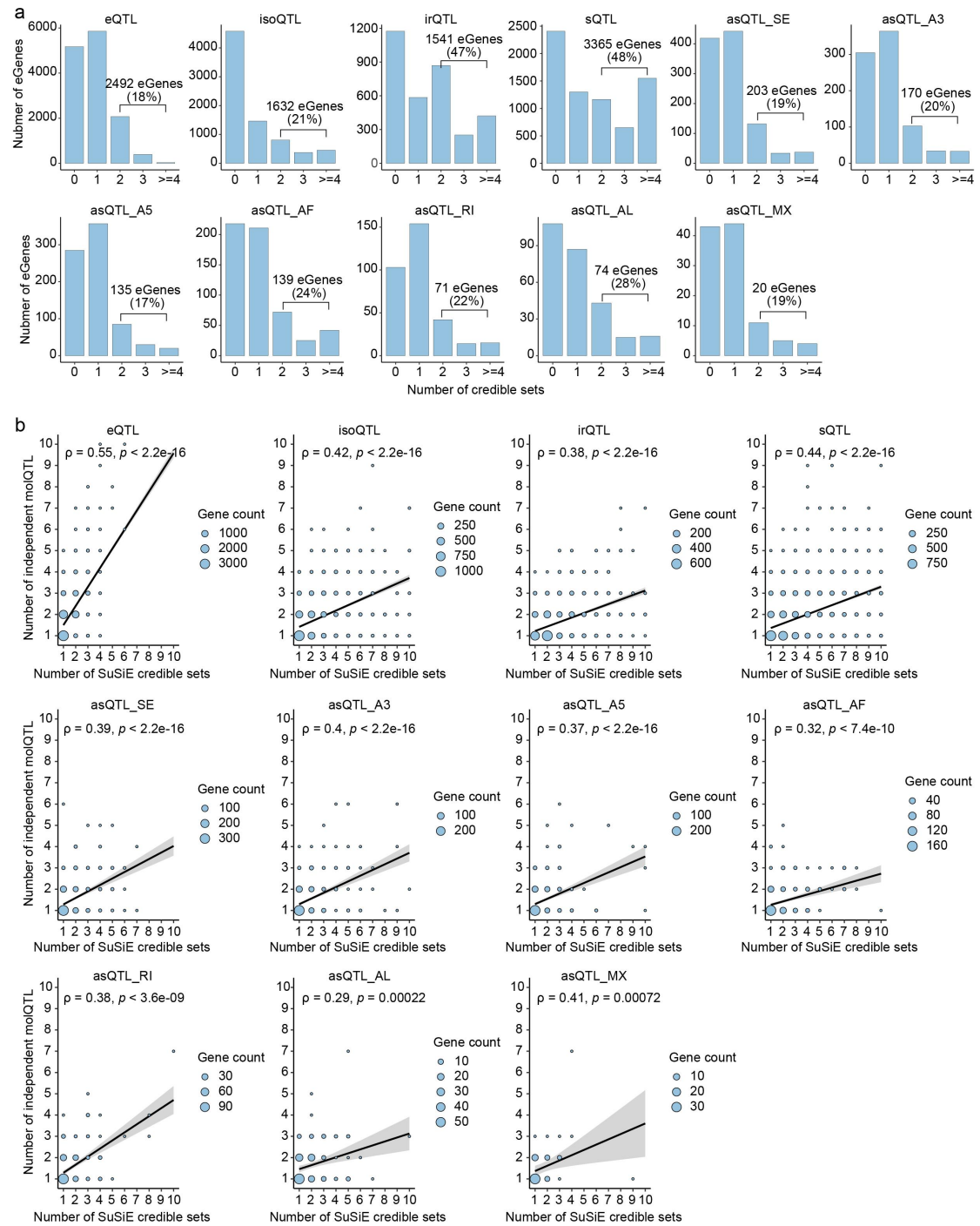
**Supplementary Fig. 2 | PCA clustering of 11 molecular phenotypes.**



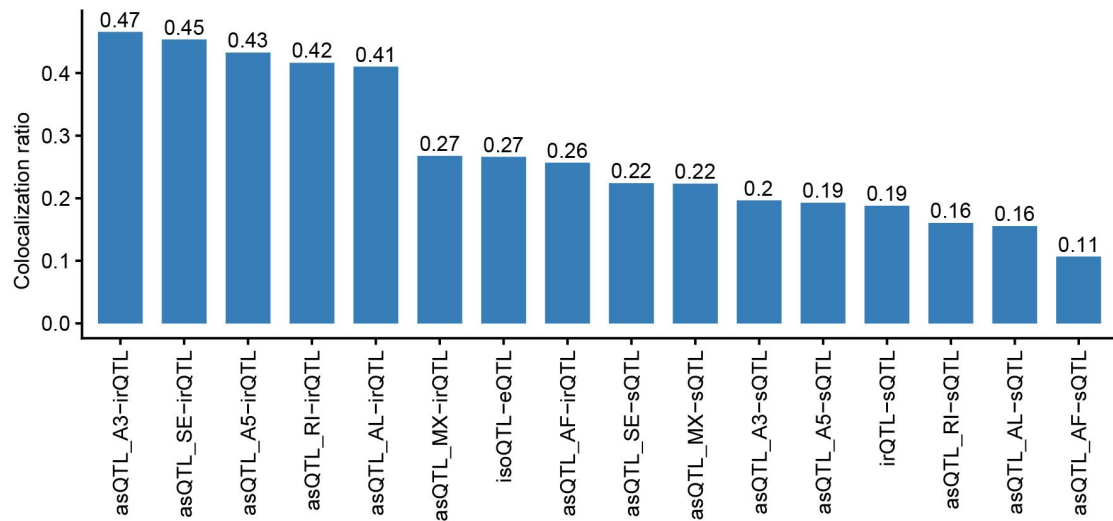
**Supplementary Fig. 3 | Intersection of molGenes across 11 molecular phenotypes.** UpSet plot showing the overlap of molGenes identified for the 11 molecular phenotypes.



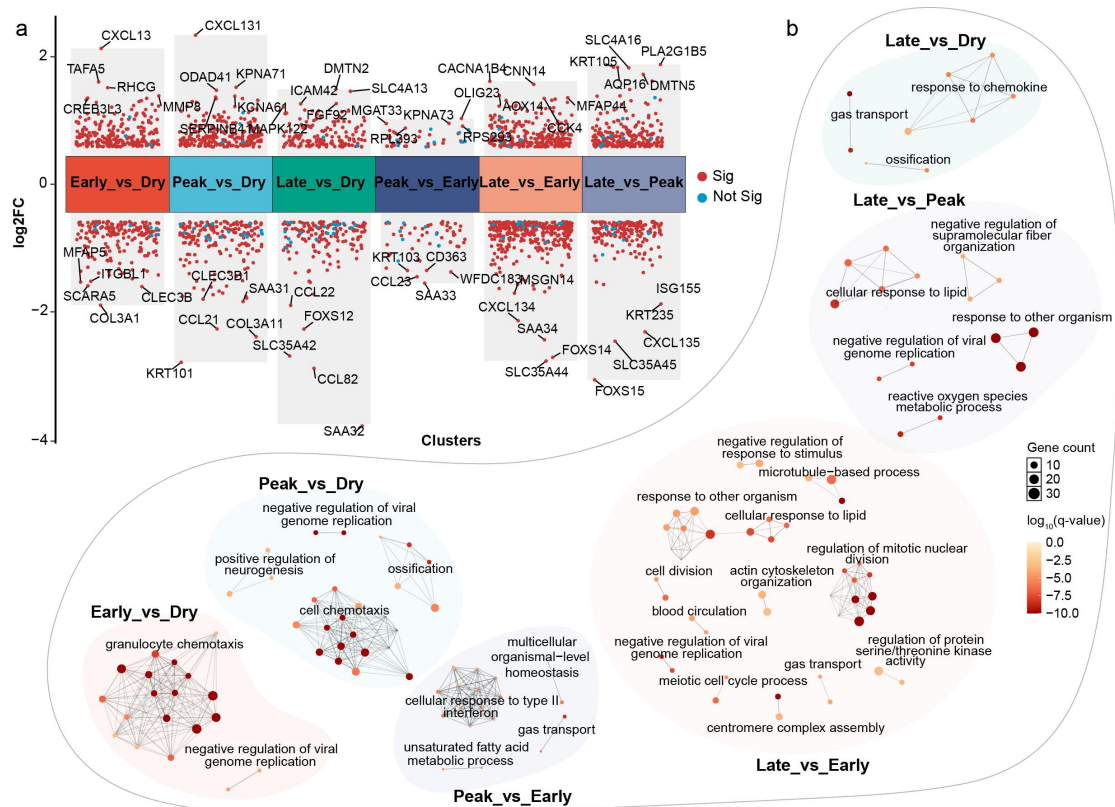
**Supplementary Fig. 4 | Comparison of characteristics between primary and non-primary molQTL. a-f,** The comparison of  $|\beta|$  (**a**),  $cis-h^2$  (**b**), PhastCons score (**c**), molecular phenotype expression (**d**), distance to TSS (**e**), and MAF (**f**) between primary and with non-primary across molQTL. P values were calculated using two-sided paired Wilcoxon signed-rank tests. ns, not significant; \*,  $P < 0.05$ ; \*\*,  $P < 0.01$ ; \*\*\*,  $P < 0.001$ .



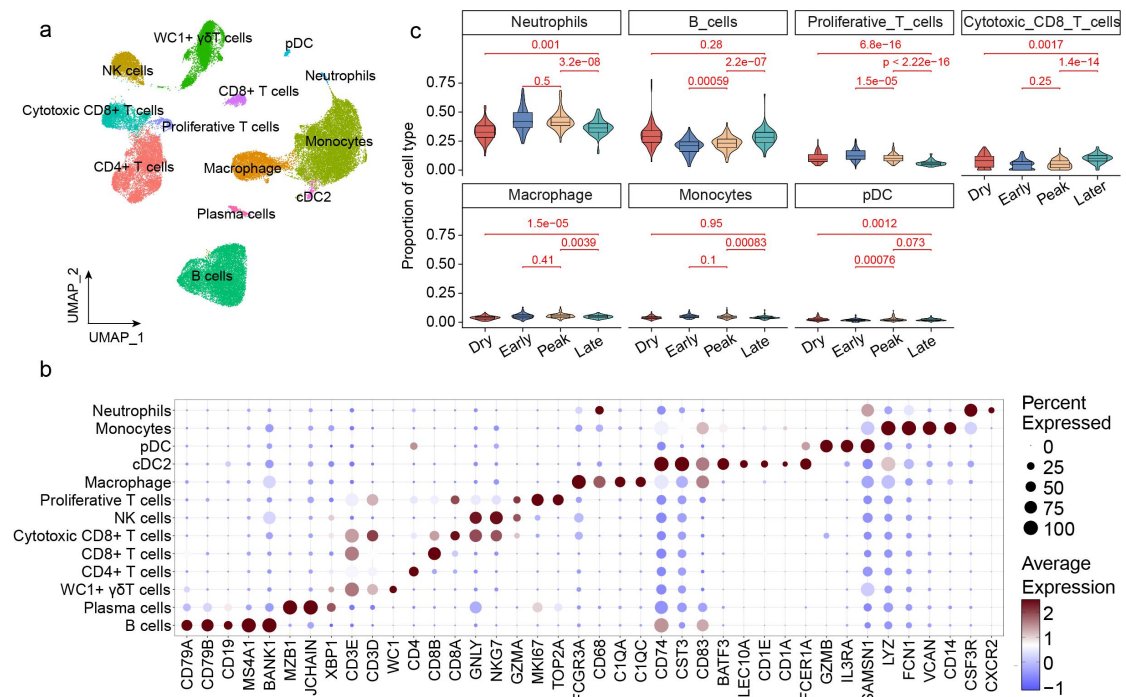
**Supplementary Fig. 5 | Fine-mapped *cis*-molQTL.** **a**, Distribution of molGenes by the number of fine-mapped credible sets. **b**, Spearman's correlation between the number of fine-mapped credible sets and the number of conditionally independent molQTL per gene. Dot size reflects the number of genes, and two-sided P values were obtained using Spearman correlation tests.



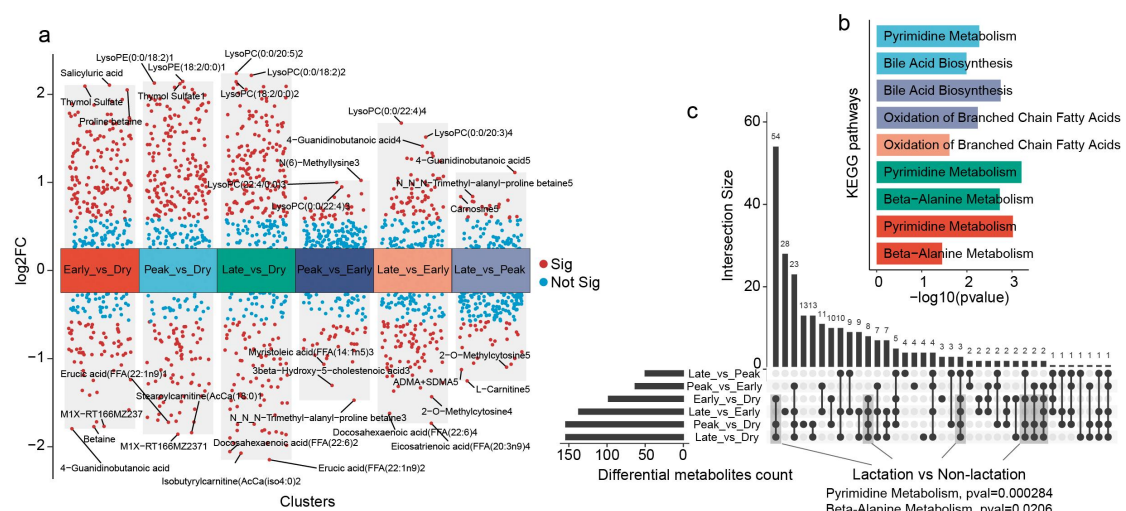
**Supplementary Fig. 6 | Colocalization between molQTLs.** Colocalization was defined as  $PP.H4 > 0.8$ , and the proportion was calculated as the number of colocalized molQTL divided by the total number of tested molQTL.



**Supplementary Fig. 7 | Transcriptional dynamics associated with lactation.** **a**, Differential gene analysis for pairwise comparisons across four lactation stages. Each point represents a metabolite. Points above the horizontal axis indicate higher expression in the case group, whereas points below indicate higher expression in the control group. Red points denote significantly differentially expression genes ( $FDR < 0.05$  and  $|\log_2FC| > 0.58$ ). **b**, GO enrichment analysis of differentially expressed genes (DEGs).

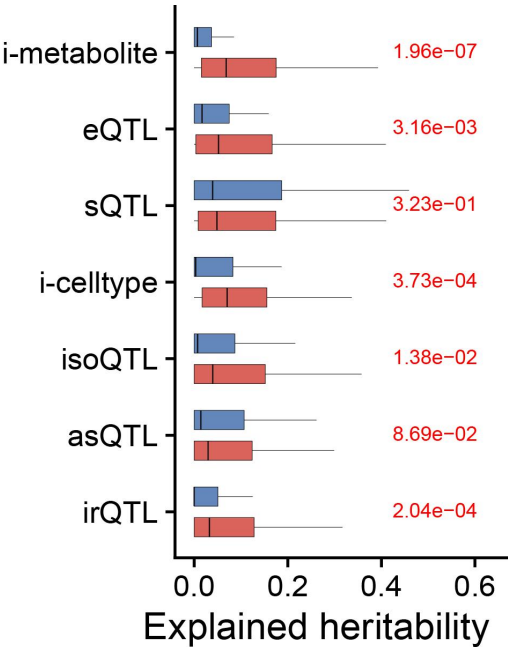


**Supplementary Fig. 8 | Single-cell transcriptomic profiling of bovine blood.** **a**, UMAP visualization of 46,078 cells from bovine blood, clustered into 13 distinct cell types. **b**, Dot plot showing marker gene expression for each cell type. Dot size represents the proportion of cells expressing the gene, and color indicates scaled average expression. **c**, Box plots of cell type proportions across different lactation stages.  $P$  values were calculated using two-sided paired Wilcoxon signed-rank tests.

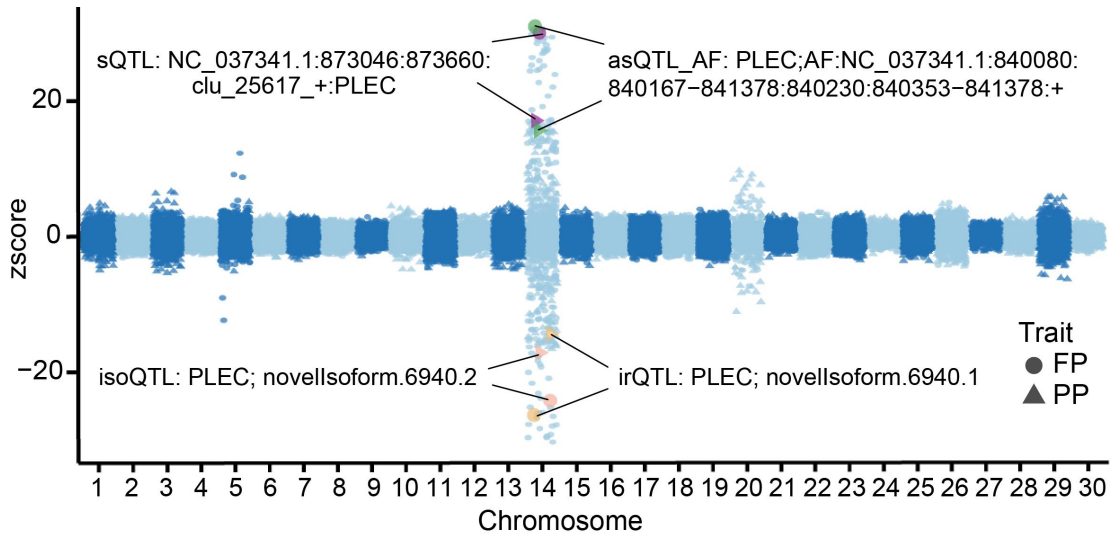


**Supplementary Fig. 9 | Metabolic reprogramming related to lactation.** **a**, Pairwise differential metabolite analyses among the four lactation stages. Each point represents a metabolite. Points above the horizontal axis indicate higher abundance in the case group, whereas points below indicate higher abundance in the control group. Red points denote significantly differentially abundant metabolites (FDR < 0.05 and  $|\log_2FC| > 0.58$ ). **b**, KEGG pathway enrichment analysis of

differentially abundant metabolites, with colors indicating different pairwise comparisons. **c**, UpSet plot showing the overlap of differentially abundant metabolites across comparisons; highlighted intersections indicate KEGG pathways enriched among metabolites differentially expressed between lactation and dry stages.



**Supplementary Fig. 10 | Contribution of molQTL to the heritability of complex traits in dairy cattle.** Proportion of heritability explained for 90 cattle traits by independent molQTL versus MAF-matched random SNPs. *P* values were calculated using two-sided paired Wilcoxon signed-rank tests.



**Supplementary Fig. 11 | TWAS results of *PLEC*.** TWAS z-score of PP and FP traits using isoQTL, irQTL, sQTL, and asQTL\_AF.