

CARE Checklist - Completed

Manuscript: Umbilical Endometriosis Associated with Infraumbilical Hernia: A Case Report Highlighting Limitations of the Primary-Secondary Classification

Topic	Item	Checklist item description	Reported on Page(s)
Title	1	Diagnosis/intervention of primary focus followed by the words "case report"	Page 1
Key Words	2	2 to 5 keywords identifying diagnoses or interventions, including "case report"	Page 4
Abstract	3a	Introduction: what is unique about this case and what it adds to scientific literature	Pages 2-3
Abstract	3b	Main symptoms and/or important clinical findings	Pages 2-3
Abstract	3c	Main diagnoses, therapeutic interventions, and outcomes	Pages 2-4
Abstract	3d	Conclusion: main take-away lesson(s)	Page 4
Introduction	4	One or two paragraphs summarizing why this case is unique, with references	Pages 4-5
Patient Information	5a	De-identified patient specific information	Page 5
Patient Information	5b	Primary concerns and symptoms	Page 5
Patient Information	5c	Medical, family, and psychosocial history including relevant genetic information	Page 5; family/genetic history not applicable
Patient Information	5d	Relevant past interventions with outcomes	Page 5; prior cesarean delivery noted
Clinical Findings	6	Significant physical examination and important clinical findings	Page 5
Timeline	7	Historical and current information from episode of care organized as timeline	Pages 8-9
Diagnostic Assessment	8a	Diagnostic testing such as physical exam, laboratory testing, imaging, surveys	Pages 5, 8-9
Diagnostic Assessment	8b	Diagnostic challenges such as access, financial, cultural	Pages 8-10
Diagnostic Assessment	8c	Diagnosis, including other diagnoses considered	Pages 4-5, 8-10
Diagnostic Assessment	8d	Prognosis where applicable	Not applicable
Therapeutic Intervention	9a	Types of therapeutic intervention	Pages 6-7
Therapeutic Intervention	9b	Administration of therapeutic intervention	Pages 6-7
Therapeutic Intervention	9c	Changes in therapeutic intervention with rationale	Not applicable
Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes, if available	Pages 8-9
Follow-up and Outcomes	10b	Important follow-up diagnostic and other test results	Pages 8-9
Follow-up and Outcomes	10c	Intervention adherence and tolerability	Pages 8-9
Follow-up and Outcomes	10d	Adverse and unanticipated events	Page 8
Discussion	11a	Scientific discussion of strengths and limitations associated with this case report	Pages 9-11
Discussion	11b	Discussion of relevant medical literature with references	Pages 9-11
Discussion	11c	Scientific rationale for conclusions, including assessment of possible causes	Pages 9-11
Discussion	11d	Primary take-away lessons in a one-paragraph conclusion	Page 11
Patient Perspective	12	Patient perspective on treatment received	Page 9
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes; Page 11