

Beyond the Brick and Mortar, Revolutionizing School Health to Promote Student Wellness through Digital solutions at Schools in Karachi, Pakistan

* Indicates required question

1. We are inviting students (Grades 9 to 12), parents, teachers, and school health nurses from Aga Khan Schools (Garden and Karimabad) to fill out a short questionnaire. It will take just **5 to 7 minutes** and simply involves clicking your responses. There are no right or wrong answers. The goal is to understand your views so we can design a health-promoting app that truly meets the needs of our school community. Your input is very important in helping us create something meaningful and useful for our students' well-being. *

Will my answers be kept private?

Yes - everything you share will be kept private.

Who can I talk to if I have questions?

If you have any questions, you can contact **Dr Saleema Gulzar** at **+92 21 3486 5253** or **Iqra Ali** at **+92 336 312 5448**.

Consent

I have read and understood the information above. I know that joining this study is my choice, and I can stop at any time without any problem. I agree to take part in this study.

Mark only one oval.

☐ Yes, I agree to participate in this study.

☐ No, I do not want to participate.

2. Full Name: *

3. Gender: *

Mark only one oval.

☐ Male

☐ Female

4. Grade/Class Parent: *

⌵ Dropdown

Mark only one oval.

☐ Grade 9

☐ Grade 10

☐ Grade 11

☐ Grade 12

5. School: *

 Dropdown*Mark only one oval.*☐ Sultan Muhammad Shah Aga Khan School, Karimabad☐ Aga Khan Higher Secondary School, Karachi☐ Aga Khan School, Garden

6. Date: *

*Example: January 7, 2019***Please describe:**

7. Please describe the main purpose of developing this application:*Check all that apply.*

- ☐ Improving health information of the students
- ☐ Improving health information of parents and other players
- ☐ Managing health of the students
- ☐ Managing health of the families
- ☐ Manage and offer therapy/treatment for the health problems
- ☐ Manage sensitive health issues
- ☐ Other: _____

8. In your opinion, who are the key players for using the School-Health digital application (include beneficiaries, providers, managers).*Check all that apply.*

- ☐ Students
- ☐ School Health Nurses
- ☐ Parents and Guardians
- ☐ School Administrators / Education Management (Managers)
- ☐ IT/Technical Teams
- ☐ Other: _____

Please define the key roles of each player:

9. Player 1: Students

Check all that apply.

- ☐ Beneficiary
- ☐ Health provider
- ☐ Content expert
- ☐ Other: _____

10. Player 2: School Health Nurses

Check all that apply.

- ☐ Beneficiary
- ☐ Health provider
- ☐ Content expert
- ☐ Other: _____

11. Player 3: Parents and Guardians

Check all that apply.

- ☐ Beneficiary
- ☐ Health provider
- ☐ Content expert
- ☐ Other: _____

12. Player 4: School Administrators / Education Management (Managers)

Check all that apply.

- ☐ Beneficiary
- ☐ Health provider
- ☐ Content expert
- ☐ Other: _____

13. Player 5: IT/Technical Teams

Check all that apply.

- ☐ Beneficiary
- ☐ Health provider
- ☐ Content expert
- ☐ Other: _____

In your opinion...

14. What should be the core principles of developing this application?

Check all that apply.

- ☐ Access to maximum available information on any subject
- ☐ Making authentic & reliable health content available
- ☐ Emergency care and advise
- ☐ Interaction between students and health professionals
- ☐ Confidentiality
- ☐ Empowerment of students
- ☐ Engaging teachers in healthcare of the students
- ☐ Engaging parents in healthcare of the students

15. What are the key health and other concerns that the application should address?

Check all that apply.

- ☐ Healthy diet
- ☐ Physical activity
- ☐ Mental health
- ☐ Infectious diseases
- ☐ Chronic diseases
- ☐ Sexual and reproductive health
- ☐ Other: _____

16. What type of content would you like to add to the application?

Check all that apply.

- ☐ Well-researched and verified content
- ☐ Synopsis of all new knowledge available (verified or unverified)
- ☐ Interactive chats with specific answers
- ☐ Media content on various topics
- ☐ Social groups on critical interest areas
- ☐ Other: _____

17. What type of language should be used in presenting the content?

Check all that apply.

- ☐ Highly professional
- ☐ Simple, day to day language
- ☐ Slang for active student engagement
- ☐ Other: _____

18. Do you think the following features should be included in the application?

Check all that apply.

- ☐ Notifications and reminders
- ☐ Alerts for students
- ☐ Alerts for other players, like parents, teachers and health providers
- ☐ Chatting
- ☐ Gaming
- ☐ Other: _____

19. What platforms do you think are necessary for maximum use of the application?

Check all that apply.

- ☐ Android phones
- ☐ iPhones
- ☐ Windows computers
- ☐ Other: _____

20. Which languages do you think the application should use for maximizing its use?

Check all that apply.

☐ English

☐ Urdu

☐ Sindhi

21. On the scale of 1-10 (10 being the highest), how concerned would the users be regarding the privacy and data security of this application:

Mark only one oval.

1	2	3	4	5	6	7	8	9	10
☐	☐	☐	☐	☐	☐	☐	☐	☐	☐

22. Keeping the users in mind, what would be your preferred theme for the design of the application?

Check all that apply.

- ☐ Games
- ☐ Animations
- ☐ Avatars
- ☐ Audio-visual
- ☐ Interactive
- ☐ Text heavy
- ☐ Cultural
- ☐ Artistic
- ☐ Simple

23. Keeping the users in mind, which colors would you prefer to be used in the design of the application (please suggest maximum of 3 colors);

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