

QUESTIONNAIRE

Study Title: Patterns of PEP use amongst Healthcare Workers in South Eastern Nigeria following exposure to seropositive material

Instructions: Please read the following information carefully.

You are being invited to participate in this study because you are a healthcare worker working in South Eastern Nigeria. The researchers intend to assess the prevalence of exposure to HIV seropositive material amongst healthcare workers in the region. T

answer all questions honestly. Your responses will be treated confidentially and used strictly for research purposes. Tick (✓) the most appropriate option unless otherwise stated.

SECTION A: SOCIO-DEMOGRAPHIC CHARACTERISTICS

1. Age at last birthday: _____
2. Gender self-identification: _____
3. Marital Status: _____
4. Profession: _____
5. Years of Work Experience
 - ☐ <1 year
 - ☐ 1–5 years
 - ☐ 5–10 years
 - ☐ >10 years
6. Level of Health Institution _____
7. Pre-exposure HIV Status
 - ☐ Reactive
 - ☐ Non-reactive
 - ☐ Unknown

SECTION B: OCCUPATIONAL EXPOSURE HISTORY

8. Have you ever been exposed to seropositive material through needle-stick injury (NSI)?
 - ☐ Yes
 - ☐ No

If no, skip to Section E

SECTION C: HIV PEP UPTAKE AND POST-EXPOSURE OUTCOMES

9. Following your exposure, did you initiate HIV Post-Exposure Prophylaxis (PEP)?

- Yes
- No

IF NO, SKIP TO SECTION E

10. How long after exposure did you initiate HIV PEP?

- Within 6 hours
- 6–12 hours
- 12–24 hours
- 24–48 hours
- 48–72 hours
- 3 days–1 week
- After 1 week

11. How long did you take the HIV PEP regimen?

- 0 – 7 days
- 8 – 14 days
- 15–21 days
- 22–28 days

12. Did you complete the HIV PEP course?

- Yes
- No

13. If no, why did you discontinue treatment?

14. What was your HIV status 3 months after exposure?

- ☐ Reactive
- ☐ Non-reactive
- ☐ Unknown

15. What was your HIV status 6 months after exposure?

- ☐ Reactive
- ☐ Non-reactive
- ☐ Unknown

SECTION D: CHALLENGES WITH ACCESSING HIV PEP

16. Did you experience any challenges accessing HIV PEP? (Tick all that apply)

- ☐ Long waiting times for drug procurement
- ☐ Regimen complexity
- ☐ Stressful procurement process
- ☐ Incomplete drug dose dispensary
- ☐ None
- ☐ Other (Specify): _____

17. Did you experience side effects while taking HIV PEP?

- ☐ Yes
- ☐ No

18. If Yes, what side effects did you experience? *List all that apply*

19. How did you cope with these side effects? (Tick all that apply)

- ☐ Watchful waiting
- ☐ Dietary modification
- ☐ Lifestyle modification
- ☐ Pharmacological intervention
- ☐ Skipped doses
- ☐ Other (Specify): _____

20. Did you experience stigma from colleagues during HIV PEP use?

- Yes
- No

SECTION E: KNOWLEDGE OF HIV POST-EXPOSURE PROPHYLAXIS

21. Have you heard of HIV Post-Exposure Prophylaxis (PEP)?

- Yes
- No

22. What source(s) did you get your information from? *Tick all that apply*

- ☐ Professional training
- ☐ Mass media
- ☐ Friends
- ☐ Journal
- ☐ Others (Specify): _____

23. Do you know the HIV PEP protocol in your facility?

- Yes
- No

24. When do you think HIV PEP is indicated?

- When the source patient is known to be HIV positive
- When the source patient is at high risk of HIV
- For any needle-stick injury at the hospital
- I don't know

25. What is the maximum delay to take HIV PEP?

- 12 hours
- 24 hours

- 48 hours
- 72 hours
- I don't know

26. What is the preferable time to take HIV PEP?

- Within an hour
- After 6 hours of exposure
- After 12 hours of exposure
- After 72 hours of exposure
- I don't know

27. Do you know the nationally recommended HIV PEP regimen?

- Yes
- No

28. What is the nationally recommended HIV PEP regimen?

- Tenofovir + Lamivudine + Dolutegravir
- Zidovudine + Lamivudine + Dolutegravir
- All of the above
- I don't know

29. Is the HIV PEP readily available at your facility?

- Yes
- No
- I don't know

30. Is HIV PEP provided free of charge at your center?

- Yes
- No
- I don't know

Thank you for participation.