

Interview Guide

“First, thank you for agreeing to participate in our project. The purpose of this project is to explore the experiences with medical overuse among currently non-practicing overseas-trained professionals in various healthcare disciplines following their migration to Norway. We would like to gain understanding in the cross-cultural experiences of medical overuse, how the drivers of medical overuse may differ between countries and professions, and gain insight into the unique perspective of overseas-trained professionals seeking integration into the Norwegian health care system regarding medical overuse. We are curious about your lived experiences and your professional insights regarding the topic of medical overuse in health care, as we believe a good understanding of this will help clinicians provide higher quality care in their respective fields.”

Are there any examples of medical overuse that are specific to your field? What factors do you think contribute to this?

We are not sure what patients who come to Norway from other countries make of this talk about medical overuse. Can you tell me how you think patients from your country might react?

Do you have any advice on how medical overuse should be explained to them?

How has your perspective of what is considered an “appropriate” level of care changed since moving to Norway?

How did your profession navigate medical overuse in your home country, either at the educational level or at the professional level?

Are there parts of healthcare in your home country that navigates medical overuse better than in Norway?

Do you think knowing about medical overuse would be beneficial to practicing in Norway? In your home country? Why?