

Survey on Knowledge of Integrative Medicine

The questionnaire aims to collect data on the knowledge of integrative medicine in oncology and its use in clinical practice. The questionnaire is addressed to all physicians, healthcare professionals, and researchers working at *IRCCS - Romagna Institute for the Study of Tumors "Dino Amadori" IRST - S.r.l.*

1) Gender:

Please mark only one oval.

- ☐ Male
- ☐ Female
- ☐ Non-binary
- ☐ Prefer not to answer

2) How old are you?

Please mark only one oval.

- ☐ <25
- ☐ 25-35
- ☐ 36-45
- ☐ 46-55
- ☐ 56-65
- ☐ >65

3) What is your profession?

Please mark only one oval.

- ☐ Physician
 - ☐ Nurse
 - ☐ Psychologist
 - ☐ Pharmacist
 - ☐ Biologist
 - ☐ Healthcare Assistant
 - ☐ Radiology Technician
 - ☐ Other: _____
-

4) Medical Specialty:

Answer only if you selected "Physician" in the previous question. Please mark only one oval.

- ☐ Medical Oncologist
- ☐ Hematologist
- ☐ Palliative Care Physician
- ☐ Radiologist
- ☐ Radiation Oncologist
- ☐ Other:

5) Which oncological condition do you primarily focus on?

Please mark only one oval.

- ☐ Breast Cancer
- ☐ Lung Cancer
- ☐ Prostate Cancer
- ☐ Other Uro-Gynecological Tumors
- ☐ Gastrointestinal Tumors
- ☐ Hematological Tumors
- ☐ Other:_____

6) How many years have you been practicing your profession?

Please mark only one oval.

- ☐ Medical Resident
- ☐ 1-5
- ☐ 6-10
- ☐ 11-15
- ☐ 16-20
- ☐ >20

7) How much of your working time do you dedicate to clinical activities with patients:

Please mark only one oval.

- ☐ 0%
- ☐ 1-25 %
- ☐ 26-50 %
- ☐ 51-75 %
- ☐ 76-100%

8) How much of your working time do you dedicate to research activities:

Please mark only one oval.

- ☐ 0%
- ☐ 1-25 %
- ☐ 26-50 %
- ☐ 51-75 %
- ☐ 76-100 %

9) Have you attended seminars, workshops, or received specific training on integrative medicine and its use?

Please mark only one oval.

- ☐ Yes
- ☐ No

10) Would you be interested in deepening your knowledge in the field of integrative medicine?

Please mark only one oval per line.

I'm not interested

- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5

I'm very interested

11) Have you ever undergone any of the following activities

Please mark only one oval per line.

	Never	Sometimes	More than a month	More than six months	More than a year
Acupuncture					
Yoga					
Mindfulness					
Massages					
Art therapy					
Music therapy					
Phytotherapy					
Supplements and probiotics					
Aromatherapy					
Therapeutic green					

12) Have you ever advised a patient to engage in any of the following activities?

Please mark only one oval per line.

	Never	Rarely	Some time	Often
Acupuncture				
Yoga				
Mindfulness				
Massages				
Art therapy				
Music therapy				
Phytotherapy				
Supplements and probiotics				
aromatherapy				
therapeutic green				

13) For each of the following activities, check the box that best represents your level of proficiency:

1 - No familiarity

2 - I have limited familiarity

3 - I understand the medicinal uses proposed by this activity, but I do not feel comfortable advising patients on the pros and cons

4 - I understand the medicinal uses proposed by this activity and feel comfortable advising patients on the pros and cons

Please mark only one oval per line.

	1	2	3	4
Acupuncture				
Yoga				
Mindfulness				
Massages				
Art therapy				
Music therapy				
Phytotherapy				
Supplements and probiotics				
aromatherapy				
therapeutic green				

14) What do you base your use and/or recommendation of integrative medicine on?

Please select all applicable options.

- ☐ Recommendations from family and friends who have tried the therapy
- ☐ Past experience of patients
- ☐ Recommendations from colleagues I esteem and trust who have used the therapy on themselves
- ☐ Recommendation from a specialist doctor or consultant to whom I have referred a patient
- ☐ Based on guidelines and meta-analyses/systematic reviews
- ☐ Other: _____

15) If you engage in clinical activities, how many of your patients have you discussed the potential benefits of using one or more integrative medicine practices with?

Please mark only one oval.

- ☐ 0%
- ☐ 1-25%

- ☐ 26-50%
- ☐ 51-75%
- ☐ 76-100%
- ☐ Not applicable

16) Who typically initiates discussions about the benefits and risks of integrative medicine?

Please select all applicable options.

- ☐ The healthcare provider
- ☐ The patient
- ☐ The caregiver
- ☐ It's not discussed
- ☐ Not applicable
- ☐ Other

17) How likely are you to refer a patient to an integrative medicine healthcare practice?

Please mark only one oval.

- ☐ None
- ☐ Very low probability
- ☐ Low probability
- ☐ High probability
- ☐ Very high probability
- ☐ Not applicable

18) What kind of impact do you believe the use of evidence-based integrative medicine therapies would have on patient satisfaction?

Please mark only one oval.

Negative impact

- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5

Positive impact

19) To what extent do you believe it is useful to integrate integrative medicine pathways for the benefit of patients?

Please mark only one oval.

No utility

- 1
- 2
- 3
- 4
- 5

Great utility

20) Do you believe that the use of evidence-based integrative medicine therapies in IRST practice would attract more patients?

Please mark only one oval.

- Certainly not
- Probably not
- Probably yes
- Certainly yes

21) Taking care is not possible when a disease is incurable.

Please mark only one oval.

- Strongly disagree
- In disagree
- Neither agree nor disagree
- Agree
- Strongly agree

22) A patient is **cured/healed** when the underlying pathological processes are corrected or controlled.

Please mark only one oval.

- Strongly disagree
- In disagree
- Neither agree nor disagree
- Agree
- Strongly agree

23) Patients' spiritual beliefs and practices do not play a significant role in healing.

Please mark only one oval.

- Strongly disagree
- In disagree

- Neither agree nor disagree
- Agree
- Strongly agree

24) I sanitari che conoscono molteplici pratiche di cura (es. cinese, ayurvedico, osteopatico), oltre alla medicina convenzionale, generano una migliore soddisfazione del paziente.

Health professionals who are knowledgeable about multiple healing practices (e.g. Chinese, Ayurvedic, osteopathic), in addition to conventional medicine, generate better patient satisfaction.

Healthcare professionals who know multiple treatment practices (e.g. Chinese, Ayurvedic, osteopathic), in addition to conventional medicine, generate better patient satisfaction

Please mark only one oval.

- Strongly disagree
- In disagree
- Neither agree nor disagree
- Agree
- Strongly agree