

Table 2. Clinical Outcomes Among Patients Completing RPM Programs

Outcome	Baseline Mean (SD)	Final Mean (SD)	Mean Change	p-value
Hypertension Cohort (n=70)				
Systolic BP (mmHg)	139.8 (20.5)	128.4 (17.2)	-11.4	0.0001
Diastolic BP (mmHg)	81.5 (12.9)	76.7 (17.5)	-4.8	0.0434
Diabetes Cohort (n=24)				
Hemoglobin A1c (%)	9.79 (2.35)	8.37 (2.00)	-1.42	0.0192