

**Table 1 – Baseline Characteristics**

<b>Characteristic</b>	<b>Hypertension Program (n=70)</b>	<b>Diabetes Program (n=24)</b>
<b>Age</b>		
<i>Mean (SD)</i>	59.5 (16.3)	60.4 (12.2)
<i>Median [Min, Max]</i>	61.0 [-1.00, 90.0]	58.0 [36.0, 85.0]
<b>Sex</b>		
<i>Female</i>	46 (65.7%)	15 (62.5%)
<i>Male</i>	24 (34.3%)	9 (37.5%)
<b>Race</b>		
<i>Black or African American</i>	66 (94.3%)	21 (87.5%)
<i>White or Caucasian</i>	4 (5.7%)	3 (12.5%)
<b>Smoking Status</b>		
<i>Former</i>	20 (28.6%)	9 (37.5%)
<i>Never</i>	39 (55.7%)	12 (50.0%)
<i>Current</i>	9 (12.9%)	3 (12.5%)
<i>Unknown</i>	2 (2.9%)	
<b>Height at Baseline (in)</b>		
<i>Mean (SD)</i>	65.3 (4.41)	66.0 (3.55)
<i>Median [Min, Max]</i>	65.0 [57.0, 80.0]	65.5 [60.0, 75.0]
<i>Missing</i>	1 (1.4%)	
<b>Weight at Baseline (kg)</b>		
<i>Mean (SD)</i>	96.1 (30.5)	104 (25.8)
<i>Median [Min, Max]</i>	88.7 [54.4, 187]	95.3 [69.4, 177]
<i>Missing</i>	2 (2.9%)	1 (4.2%)
<b>Alcohol Use</b>		
<i>No/Not Currently</i>	50 (71.4%)	15 (62.5%)
<i>Never</i>	3 (4.3%)	1 (4.2%)
<i>Yes</i>	15 (21.4%)	8 (33.3%)
<i>Missing</i>	2 (2.9%)	
<b>Work Status</b>		
<i>Disabled</i>	26 (37.1%)	11 (45.8%)
<i>Retired</i>	27 (38.6%)	7 (29.2%)
<i>Full Time</i>	7 (10.0%)	1 (4.2%)
<i>Not Employed</i>	6 (8.6%)	5 (20.8%)
<i>Part Time</i>	4 (5.7%)	