

Schools Interventions to promote nutritious diets of
Adolescents living in urban Africa in the context of the nutrition transition

Comprehensive school nutrition interventions in Comoros

OBSERVATION GUIDE

Université des Comores (UDC)
French National Research Institute for Sustainable Development (IRD)

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(questionnaire translated from French)

Cover

1	District	1. Moroni-Bambao 2. Itsandra-Hamanvou
2	Municipality	[List of municipalities]
3	School ID	[1-30]
4	Name of the school	[List of selected schools]
5	Type of school	1. Public 2. Private
6	Name of interviewer	[List of interviewers]
7	Date of interview	[Time Stamp Autofill]

Definition of all the foods/beverages of interest for the interviewer

Sugary drinks include all drinks with added sugar, including sugar (using thresholds aligned with national nutrient profile models or national dietary guidelines sweetened carbonated drinks, less than 100% fruit juice, flavoured milk

Dairy foods are foods made from or containing milk, including cheese, yogurt and sugar-free milk-based drinks

Wholegrain foods contain grains in their whole form (rice, barley, oats, corn, wheat, sorghum)

Deep fried foods are those that have been cooked or heated by deep frying in any oil (e.g., chips, fried chicken)

Safe drinking water is water that has been improved and is regularly assessed against the 'Guidelines for drinking-water quality' (WHO) to ensure it is safe for drinking

Salty packaged foods are those that contain high amounts of salt (using thresholds aligned with national nutrient profile models or national dietary guidelines and are provided to the school packaged in some way (e.g. instant noodles, wafers, crisps)

Sweet packaged foods are those that contain high amounts of added sugar and are provided to the school packaged in some way (e.g candy, muffins, cakes, ice-creams)

1	Does the school provide school meals or snacks to students?	1 Yes, school meals 2 Yes, snacks 3 No
2	Does the school have a cafeteria or kiosk within the school premises?	1 Yes 2 No
3	Does the school allow a mobile food vendor to set up a stall inside the school premises?	1 Yes 2 No

1. School meals or snacks provided by the school**1.1. Service**

1	Where are the school meals being served ? <i>Multiple answers</i>	1. In student's regular classroom 2. School kitchen 3. School dining hall 4. Outside on school grounds 5. Other, specify [text] 8. Not possible to observe
2	Where are the students eating ? <i>Multiple answers</i>	1. In student's regular classroom 2. School kitchen 3. School dining hall 4. Outside on school grounds 5. Other, specify [text] 8. Not possible to observe

SCHOOL ENVIRONMENT IN COMOROS OBSERVATION GUIDE

3.1	Is the space where students eat: <i>Multiple answers</i>	1. Welcoming 2. Spacious 3. Organised 4. Clean 5. Dirty 6. Noisy 7. Quiet 8. Not possible to observe
3.2	Do the students eat: <i>Multiple answers</i>	1. Under supervision 2. Not supervised 8. Not possible to observe
4	Are you allowed to take a photograph of the area where students eat?	1. Yes / 2. No
Photo 1	Take a photograph of the eating area. <i>Enumerator: Please take the photograph without showing students' faces.</i>	Photo 1
5	Are school menus on display?	1. Yes 2. No
Photo 2	Take a photograph of the menu board	Photo 2
6	Are plates/bowls and other cutlery provided for the students?	1. Yes 2. No 8. Not possible to observe
7	Is salt available on tables or at serving point for free access?	1. Yes 2. No 8. Not possible to observe
8	Is sugar available on tables or at serving point for free access?	1. Yes 2. No 8. Not possible to observe
9	How many staff work in the school canteen or in the area where meals are served?	_ _ [1-40] -98. Not possible to observe
10	<i>Enumerator: Please briefly describe the roles of the staff members.</i> <i>Multiple answers</i>	1. Vendor 2. Cook/Meal preparation staff 3. Server 4. Cashier 5. Cleaning staff 6. Other
11	Is water available for handwashing at the serving/eating area?	1. Yes, clean water 2. Yes, dirty water 3. No 8. Not possible to observe
12	Is soap available at the serving/eating area?	1. Yes 2. No 8. Not possible to observe
13	Is a waste bin available at the serving/eating area?	1. Yes 2. No 8. Not possible to observe

1.2. Preparation

1	Where is the school meal prepared? <i>Multiple answers</i>	1. Kitchen 2. Dedicated place in the school which is not a kitchen 3. Cafeteria or kiosk 4. Food vendor stall 5. Home of the person preparing the school meals 6. Other, specify [text] 99. DK (don't know)
2	Are you allowed to enter and observe the kitchen or the place where the food is prepared?	1. Yes, allowed to observe while the staff is preparing 2. No, not allowed to observe while the staff is preparing, but allowed after 3. No, not allowed at all to observe
3	Are you allowed to take a photograph?	1. Yes 2. No
Photo 3	Please take a photograph of the kitchen or the place where the food is prepared.	Photo 3
4	<i>Enumerator:</i> Please briefly describe the place where the food is prepared using a few keywords .	[Text]
5	How many staff work in the kitchen?	[_ _] [1-50] 99 DK
6	How many staff have their hair covered ?	[_ _] [0-50] 99 DK
7	Are pots and food containers covered?	1. Yes, all pots 2. Yes, some pots 3. No 8. Not possible to observe
8	Which of the following facilities/equipment do you observe in the food preparation area? <i>Enumerator, please check all that apply</i>	
a	Ovens/stoves for cooking	1. Yes 2. No
b	Open fireplace / <i>fouba la gachi</i> (traditional cooking facilities)	
c	Fridges/cold storage	
d	Source of "clean" water for cooking and cleaning	
e	Clean food preparation areas	
f	Areas to separate cooked and raw ingredients	
g	Dishwashing liquid, soap	
h	Detergent, washing liquid (for floors and preparation areas)	

1.3. School meals ou snacks served today

1	Are you allowed to take a photo of the meals/snacks available today	1 Yes 2 No
Photo 4	Enumerator, please take a photograph of the meals/snacks available today	Photo 4
2	Enumerator, please select the food groups for any meals or snacks available today: [<i>Food groups List A</i>]	

2. School cafeteria, kiosk or mobile vendor allowed to enter the school premises

2.1. Service

1	Are you allowed to take a photograph of the area where students eat?	1. Yes 2. No
Photo 5	Take a photograph of the eating area. <i>Enumerator: Please take the photograph without showing students' faces.</i>	Photo 5
2	Are school menus on display?	1. Yes / 2. No
Photo 6	Take a photograph of the menu board	Photo 6
3	Enumerator, please select the food groups for any meals or snacks available today at the school cafeteria/kiosk or sold by mobile vendors allowed to enter in the school premises .	[Food groups List A]
4	Are plates/containers and other utensils provided to students? <i>Multiple answers</i>	1. Yes, aluminium trays 2. Yes, plastic containers 3. Yes, cardboard containers 4. Yes, paper/newspaper sheets 5. Yes, napkins/tissues only 6. Other, please specify 7. No 8. Not possible to observe
5	Is salt available on tables or at point of sale for free access?	1. Yes 2. No 8. Not possible to observe
6	Is sugar available on tables or at point of sale for free access?	1. Yes 2. No 8. Not possible to observe
7	How many staff work at the point of sale	_ _ [1-40] -98. Not possible to observe
8	<i>Enumerator: Please briefly describe the roles of the staff members.</i> <i>Multiple answers</i>	1. Vendor 2. Cook/Meal preparation staff 3. Server 4. Cashier 5. Cleaning staff 6. Other
9	Is water available for handwashing at the point of sale?	1. Yes, clean water 2. Yes, dirty water 3. No 8. Not possible to observe
10	Is soap available at the point of sale?	1. Yes 2. No 8. Not possible to observe
11	Is a waste bin available at the point of sale?	1. Yes 2. No 8. Not possible to observe

2.2. Preparation

1	Where is the food prepared? <i>Multiple answers</i>	1. Cafeteria kitchen 2. Kiosk 3. Mobile food vendor stall 4. At home 5. No preparation 6. Other, specify [text] 99 DK
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2	Are you allowed to enter and observe the kitchen or the place where the food is prepared?	1. Yes, allowed to observe while the staff is preparing 2. No, not allowed to observe while the staff is preparing, but allowed after 3. No, not allowed at all to observe
3	Are you allowed to take a photograph?	1. Yes 2. No
Photo 7	Please take a photograph of the kitchen or the place where the food is prepared.	Photo 7
4	Enumerator: Please briefly describe the place where the food is prepared using a few keywords .	[Text]
5	How many staff work in the kitchen?	[_ _] [1-50] 99 DK
6	How many staff have their hair covered ?	[_ _] [0-50] 99 DK
7	Are pots and food containers covered?	1. Yes, all pots 2. Yes, some pots 3. No 8. Not possible to observe
8	Which of the following facilities/equipment do you observe in the food preparation area? <i>Enumerator, please check all that apply</i>	
a	Ovens/stoves for cooking	1. Yes 2. No
b	Open fireplace / <i>fouba la gachi</i> (traditional cooking facilities)	
c	Fridges/cold storage	
d	Source of "clean" water for cooking and cleaning	
e	Clean food preparation areas	
f	Areas to separate cooked and raw ingredients	
g	Dishwashing liquid, soap	
h	Detergent, washing liquid (for floors and preparation areas)	

2.3. Meals and snacks available today at the school cafeteria, kiosk, or mobile food vendor stall

1	Are you allowed to take a photo of the meals/snacks available today at the school cafeteria/kiosk?	1 Yes 2 No
Photo 8	Enumerator, please take a photograph of the meals/snacks available today	Photo 8
2	Enumerator, please select the food groups for any meals or snacks available today at the school cafeteria or kiosk : <i>[Food groups List A]</i>	

3. Water, Sanitation and Hygiene in the school

UNICEF definitions Definitions for piped supplies of drinking water • Tap water in the dwelling, yard, or plot, including piped to a neighbour • Public taps or standpipes • Packaged water, including bottled water and sachet water • Delivered water, including water transported by tanker truck • Water kiosk: Water distribution points where water is sold directly to consumers, often managed by local providers. Non-drinking water sources • Boreholes/tubewells • Protected wells and springs • Rainwater	UNICEF categories for sanitation On-site sanitation • Flush and pour-flush toilets or latrines connected to septic tanks or pits • Ventilated improved pit (VIP) latrines • Pit latrines with slabs (constructed from materials that are durable and easy to clean) • Composting toilets, including twin pit latrines with slabs and container-based systems
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	Piped supplies of drinking water	
1a	In this school, do students have “easy” access to drinking water?	1. Yes, easy access 2. Yes, difficult access 3. No, no access at all 8. Not possible to observe
1b	What is the source of the drinking water for the students? <i>Multiple answers</i>	1. Piped water 2. Public tap or standpipe 3. Protected wells and springs 4. Rainwater 5. Packaged water, including bottled water and sachet water 6. Delivered water, including tanker trucks and small carts/tank/drum 7. Water kiosk 8. Other (specify) 99 DK
	Categories of sanitation	
1	Does the school have any toilets for students? Open field or bucket should not be considered as a toilet facility	1. Yes 2. No
2	Are the toilets easily accessible (even for children with physical disabilities)?	1. Yes 2. No 8. Not possible to observe

3	What type of toilet facilities are available? <i>Multiple answers</i>	1. Flush toilet connected to a public sewer system 2. Flush toilet connected to a septic tank 3. Flush toilet connected to a pit latrine 4. Flush toilet connected elsewhere 5. Flush toilet connected to an unknown location 6. Ventilated improved pit latrine (VIP) 7. Pit latrine with slab 8. Pit latrine without slab/open pit 9. Composting toilet 10. Bucket latrine 11. No facility/bush/field 96. Other, specify [text] 99. Ne sait pas
4	Are the toilets clean?	1.Yes 2.No 8. Not possible to observe
5	Is there a handwashing facility located at the toilets?	1.Yes 2.No 8. Not possible to observe
6	What type of handwashing station is available? <i>Multiple answers</i>	1.Yes, running water from public supply system 2. Yes, running water from plastic tanks (with or without tap) 3.Yes, water in buckets 9. Other
7	Is soap available for handwashing at the toilets?	1.Yes 2.No 8. Not possible to observe

4. Health and nutrition service

1	Does the school have a clinic or first aid kit?	1. Yes, only a first aid kit 2. Yes, only a nurse is present 3. Yes, both a first aid kit and a nurse are present 4. No 8. Not possible to observe
1.1	If a nurse is present, how many days per week does she/he work at the school?	[] [Enter a number between 1 and 7]
2	Are you allowed to enter and observe the infirmary or the place where the nurse works?	1.Yes 2.No

3	Are the following equipment available? <i>Multiple answers</i>	1. Weighing scale 2. Measuring tape 3. Growth charts 4. Health promotion posters (e.g. contraception, vaccination) 5. Nutrition promotion posters (e.g. food pyramid, etc.) 6. Physical activity promotion posters 7. Other, specify [text]
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5. Physical activity equipment

1	Are there sports facilities on the school premises?	1.Yes 2.No 8. Not possible to observe
2	<i>Enumerator:</i> Please tick all applicable types of sports facilities. <i>Multiple answers</i>	1. Covered multifunction yard 2. Outside multifunction yard 3. Visible sports equipment (e.g. basketball hoop) 4. Outdoor football field 5. Other, specify [text] 8. Not possible to observe
3	Are there separate and private changing facilities for boys and girls before and after physical education?	1. Yes, changing room 2. Yes, classroom used as changing room 3. Yes, toilets 4. No
4	Is sports equipment (e.g. balls, skipping ropes, etc.) available for students during break times ?	1.Yes 2.No 8. Not possible to observe

6. School garden

1	Does the school have a school/kitchen garden or farm?	1.Yes 2.No 8. Not possible to observe
2	What foods are grown in the garden? (Enumerator: Please select all applicable options based on observation)	[Food groups List B]

7. Advertisements and promotion

Advertising on school premises:

Enumerator, please record all advertisements: brands, size, and location (e.g. sports field, canteen, etc.).

Definitions :

Marketing is defined as any form of commercial communication of messages that are designed to, or have the effect of, increasing the recognition, appeal and/or consumption of particular products, brands or services. Marketing includes, but is not limited to, advertising, sponsorship, direct marketing (e.g., give-aways), product placement and visible placement of brand logos.

Branding is defined as the visible presence of food or beverage company logos (whole or partial) within school grounds, on school infrastructure or on school materials.

7.1. Foods advertised inside the school (Section A)

1	Are there any advertisements/signs/posts/leaflets promoting food <u>within</u> the school premises?	1. Yes 2. No
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	Enumerator: For each advertisement you see <u>within the school premises</u>, add a new entry and answer questions 2 to 5, then take a photograph.	2. What products are being advertised <u>within</u> the school? [Text]	3. Indicate the brand [Text]	4. Indicate the type of advertisement: 1. Poster 2. Leaflet/brochure 3. Umbrella parasol 4. Table and chairs 5. Clothing (e.g. hats, T-shirts, staff uniforms, sports uniforms) 6. Flag 7. Wall painting/mural 8. Billboard/signage 9. Stickers	Photo9. Take a photograph of the advertisement/sign/poster/leaflet promoting food products <u>within</u> the school premises. Photo 9
1					
2	[add one line per advertisement observed]				

5	Are there any posters, leaflets, or messages promoting healthy behaviours in general <u>within</u> the school premises?	1. Yes 2. No
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	6. What type of healthy behaviour is being promoted? 1. Balanced diet 2. Food hygiene and safety 3. Hygiene (non-food related) 4. Physical activity 5. Social inclusion and integration of all students (e.g. disability) 6. Gender equality and equity 7. Drug-free messaging 8. Mental health 9. Health prevention 10. Other, specify [text] <i>Multiple answers</i>	7. Indicate the format used: 1. Poster 2. Leaflet / brochure 3. Umbrella parasol 4. Other	Photo10. Take a photograph of the poster/sign/ leaflet promoting healthy behaviours <u>within</u> the school premises. Photo 10
1			
2	[add one line per poster observed]		

7.2. Food advertising at the school gate (section B)

	Enumerator: Stand near the school gate and look across the street	
1	When you walk around the school perimeter, are there any <u>advertisements</u> or marketing of food products visible outside the school premises?	1.Yes 2.No 8. Not possible to observe

	<i>Enumerator:</i> For each advertisement you see <u>at the school gate</u> , add a new entry and answer questions 2 to 5, then take a photograph.	2. What products are being advertised <u>at the school gate</u> ? [Text]	3. Indicate the brand [Text]	4. Indicate the type of advertisement: 1. Poster 2. Leaflet/brochure 3. Umbrella parasol 4. Table and chairs 5. Clothing (e.g. hats, T-shirts, staff uniforms, sports uniforms) 6. Flag 7. Wall painting/mural 8. Billboard/signage 9. Stickers	Photo11. Take a photograph of the advertisement/sign/ poster/leaflet promoting food products <u>at the school gate</u> . Photo 11
1					
2	[add one line per advertisement observed]				

8. Food SOLD at the school gate

1	Are there vendors in front of the <u>school gate</u> /around the school perimeter?	1.Yes 2.No 8. Not possible to observe
1.1	How many vendors are there in front of the school gate/around the school perimeter?	[1-3]
2	<i>Enumerator:</i> Specify the type of external vendor	1. Permanent food kiosk 2. Mobile vendor 3. Cafeteria/Restaurant or Fast food 4. Other, specify [Text]
3	What types of products are sold?	[Food groups List A]
4	Are you allowed to take a photograph of the vendor's setup?	1.Yes 2.No
Photo12	Take a photograph of the vendor's setup	Photo 12
5	Are there any other food vendors in front of the school gate/around the school perimeter?	1.Yes 2.No
6	GPS coordinates of the external food vendor location. <i>Enumerator: Please ensure accuracy within 15 metres.</i>	[CAPI: GPS Autofill]

End of the observation questionnaire.

SCHOOL ENVIRONMENT IN COMOROS
List A for caterer questionnaire and observation guide

[LIST A]: Food groups collected in the study (for caterer questionnaire and observation guide)

1	<u>Cereals</u>	1 Yes 2 No
2	<u>Roots and tubers</u>	1 Yes 2 No
3	<u>Legumes, nuts and seeds</u>	1 Yes 2 No
4	<u>Vegetables</u>	1 Yes 2 No
5	<u>Fruits</u>	1 Yes 2 No
6	<u>Animal source food</u>	1 Yes 2 No
7	<u>Fats and oils</u>	1 Yes 2 No
8	<u>Cakes and sweets</u>	1 Yes 2 No
9	<u>Deep fried and salty snacks</u>	1 Yes 2 No
10	<u>Fast food</u>	1 Yes 2 No
11	<u>Beverages</u>	1 Yes 2 No
12	<u>Any other food</u> (that does not correspond to any of the groups listed above, please specify)	1 Yes 2 No
	<u>Cereals</u>	
1	Refined cereals (white) White rice, white bread, pasta (or <i>tambi</i>), porridge (<i>ubu</i>), white chapati (<i>couscouma</i>), coconut pancakes (<i>mkatre wa foutra</i>)?	1 Yes 2 No
2	Wholegrain cereals (unrefined) Wholemeal bread, multigrain bread, brown rice (<i>maele ya mafu</i>), whole wheat flour pancakes (<i>brown chapati/couscouma</i>)?	1 Yes 2 No
	<u>Roots and tubers</u>	
3	Potatoes, cassava, yam (<i>chiyazi</i> or <i>nana</i>), green banana (<i>ndrovi</i>), breadfruit, white-fleshed sweet potato, taro (<i>madjimbi</i>)?	1 Yes 2 No
	<u>Legumes, nuts and seeds</u>	
4	Legumes Beans, chickpeas, split peas, green peas, pigeon peas (<i>ntsouzi</i>), lentils (<i>nstandzi</i>)?	1 Yes 2 No
5	Nuts and seeds Groundnuts (peanuts), cashew nuts, almonds, sesame seeds?	1 Yes 2 No
	<u>Vegetables</u>	

SCHOOL ENVIRONMENT IN COMOROS
List A for caterer questionnaire and observation guide

6	Yellow/orange fleshed vegetables Carrot, orange-fleshed sweet potato, pumpkin (<i>trango</i>)?	1 Yes 2 No
7	Green leafy vegetables Cassava leaves, taro leaves, moringa leaves (<i>modjé</i>), <i>brède mafane</i> ?	1 Yes 2 No
8	Other vegetables Tomatoes, cabbage, lettuce, okra, eggplant, green pepper, green beans?	1 Yes 2 No
Fruits		
9	Orange-fleshed fruits Ripe mango, ripe papaya, passion fruit, melon?	1 Yes 2 No
10	Other fruits Citrus fruits (orange, mandarin, clementine)? Banana, watermelon, avocado, lychee, pineapple, apple, pear Guava, grapes, strawberry, coconut flesh, green mango, green papaya, green melon?	1 Yes 2 No
Animal source food		
11	Eggs Omelette, boiled eggs, etc.?	1 Yes 2 No
12	Cheese	1 Yes 2 No
13	Dairy products Cheese, yoghurt, milk (fermented, curdled, etc.), <u>unsweetened</u> condensed milk?	1 Yes 2 No
14	Sweetened or high-fat dairy products Sweetened yoghurt, sweetened milk, sweetened condensed milk, coconut milk, cream, light cream?	1 Yes 2 No
15	Processed meats Sausages, salami, cured sausage, dried meat?	1 Yes 2 No
16	Unprocessed meats Beef, goat, mutton, beef or goat liver Hedgehog or rabbit Chicken, chicken or duck liver?	1 Yes 2 No
17	Fish Fresh fish, dried fish, canned tuna, seafood?	1 Yes 2 No
Fats and oils		
18	Vegetable oils (sunflower, olive, coconut, etc.)?	1 Yes 2 No
19	Margarine, butter, ghee (clarified butter), vegetable fat spreads (e.g. Samli, Hayat, Jadida, Khanum), mayonnaise?	1 Yes 2 No
Cakes and sweets		
19	Cakes and biscuits Sweet biscuits, cakes, traditional cakes such as <i>mkatre wa sinia</i> ?	1 Yes 2 No
20	Sweets Sweets, chocolate, ice cream, ice lollies, or <i>Halwa</i> , <i>Zalabia</i> ?	1 Yes 2 No
21	Jam, honey and spreads Jam, sugar, cane sugar, honey, chocolate spread (e.g. Nutella)?	1 Yes 2 No

SCHOOL ENVIRONMENT IN COMOROS
List A for caterer questionnaire and observation guide

	<u>Deep fried and salty snacks</u>	
22	Salty snacks Crisps (e.g. Pringles, Lays), Cheese balls, <i>caca-pigeons</i> , popcorn?	1 Yes 2 No
23	Donuts and fried sweets Donuts, <i>goula-goula</i> , <i>kaimati</i> , <i>mankandazi</i> ?	1 Yes 2 No
24	Fried snacks French fries, samosas (<i>samboussa</i>), fritters (<i>badjia</i> , <i>boinchtrié</i>), spring rolls (<i>nems</i>), fried chicken?	1 Yes 2 No
	<u>Fast food</u>	
25	Instant noodles Soupu, YumYum ?	1 Yes 2 No
26	Fast food meals Sandwiches, pizza, hamburgers, tacos and other types of fast food?	1 Yes 2 No
	<u>Beverages</u>	
27	Unsweetened hot beverages Tea, coffee without sugar	1 Yes 2 No
28	Sweetened hot beverages Sweetened tea, sweetened coffee, Nesquik, sweetened ginger tea	1 Yes 2 No
29	Fresh fruit juice <u>without</u> added sugar	1 Yes 2 No
30	Industrial fruit juice (with added sugar)	1 Yes 2 No
31	Soft drinks or energy drinks Coca-Cola, Fanta ou Sprite, Energy Drink ?	1 Yes 2 No
32	Alcoholic beverage (Beer, wine, spirit)	1 Yes 2 No
33	Safe drinking water (tap water, bottled water, sachet water)	1 Yes 2 No

SCHOOL ENVIRONMENT IN COMOROS
List B: School garden observation

[LIST B]: Food groups observed in the study (for school garden observation guide)

1	<u>Cereals</u> Wheat, sorghum, millet, etc.	1 Oui 2 Non
2	<u>Roots and tubers</u> Pommes de terre, manioc, patate douce, igname, banane verte, etc	1 Oui 2 Non
3	<u>Legumes</u> Beans, chickpeas, split peas, green peas, pigeon peas (<i>ntsouzi</i>), lentils (<i>nstandzi</i>)	1 Oui 2 Non
4	<u>Nuts and seeds</u> Groundnuts (peanuts), cashew nuts, almonds, sesame seeds	1 Oui 2 Non
5	<u>Vegetables</u>	1 Oui 2 Non
5.1	Orange-fleshed vegetables Carrot, orange-fleshed sweet potato, pumpkin (<i>trango</i>)	1 Oui 2 Non
5.2	Dark green leafy vegetables Cassava leaves, taro leaves, moringa leaves (<i>modjé</i>), <i>brède mafane</i>	1 Oui 2 Non
5.3	Other vegetables Tomatoes, cabbage, lettuce, okra, eggplant, green pepper, green beans, etc.	1 Oui 2 Non
6	<u>Fruits</u>	1 Oui 2 Non
6.1	Orange-fleshed fruits Ripe mango, ripe papaya, passion fruit, melon	1 Oui 2 Non
6.2	Other fruits Citrus fruits (Orange, mandarin, clementine) Banana, watermelon, avocado, lychee, pineapple, apple, pear Guava, grapes, strawberry, coconut flesh, green mango, green papaya, green melon	1 Oui 2 Non
7	<u>Animal source food (livestock)</u>	1 Oui 2 Non
7.1	Eggs Chicken eggs, quail eggs, etc.	1 Oui 2 Non
7.2	Milk Cow's milk, sheep's milk, etc.	1 Oui 2 Non
7.3	Meat Beef, goat, mutton, rabbit, chicken, duck, etc.	1 Oui 2 Non
7.4	Fish	1 Oui 2 Non
8	<u>Other</u> (Please specify [text])	1 Oui 2 Non