

1: Structured Knowledge Questionnaire on FAST HUGS BID Checklist

Section A: Demographic Data

Please tick (✓) the appropriate option.

1. **Age:**
☐ 21–25 years ☐ 26–30 years ☐ 31–35 years ☐ ≥36 years
 2. **Gender:**
☐ Male ☐ Female
 3. **Marital Status:**
☐ Single ☐ Married
 4. **Educational Qualification:**
☐ GNM ☐ B.Sc Nursing ☐ M.Sc Nursing
 5. **Years of Experience:**
☐ 0–2 years ☐ 2–4 years ☐ 4–6 years ☐ >6 years
 6. **Area of Work:**
☐ MICU ☐ SICU ☐ EICU ☐ PICU
 7. **Source of Information on FAST HUGS BID:**
☐ Books ☐ Journals ☐ Workshops/Conferences ☐ Others
 8. **Previous Training on FAST HUGS BID:**
☐ Yes ☐ No
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Section B: Knowledge Questionnaire

Instructions:

Choose the correct answer. Each correct response carries **one mark**.

Part I: Basic Knowledge

1. FAST HUGS BID is mainly used in:
 - a) General wards
 - b) Critical care units
 - c) Outpatient departments
 - d) Operation theatre
2. The purpose of FAST HUGS BID is to:
 - a) Diagnose diseases

- b) Provide a structured daily care checklist
 - c) Prescribe medications
 - d) Monitor vital signs only
3. "F" in FAST HUGS BID stands for:
- a) Fluids
 - b) Feeding
 - c) Fever
 - d) Function
4. "A" stands for:
- a) Airway
 - b) Analgesia
 - c) Antibiotics
 - d) Assessment
5. "S" stands for:
- a) Safety
 - b) Sedation
 - c) Surgery
 - d) Support
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Part II: Clinical Components

6. Thromboprophylaxis is used to prevent:
- a) Infection
 - b) Blood clots
 - c) Pain
 - d) Bleeding
7. Head elevation helps to prevent:
- a) Fever
 - b) Aspiration
 - c) Pain
 - d) Dehydration
8. Stress ulcer prophylaxis is used to prevent:
- a) Constipation
 - b) Gastric bleeding
 - c) Infection
 - d) Diarrhea
9. Glucose control helps to:
- a) Improve appetite

- b) Maintain metabolic stability
 - c) Reduce pain
 - d) Prevent falls
10. Sedation vacation is done to:
- a) Increase sedation
 - b) Assess neurological status
 - c) Prevent infection
 - d) Improve nutrition
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Part III: Extended Components (BID)

11. "B" stands for:
- a) Blood pressure
 - b) Bowel care
 - c) Breathing
 - d) Balance
12. "I" stands for:
- a) Intake
 - b) Indwelling catheter care
 - c) Immunization
 - d) Inspection
13. "D" stands for:
- a) Diet
 - b) Drug review / De-escalation
 - c) Diagnosis
 - d) Dressing
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Scoring Key

- Each correct answer = **1 mark**
- Total score = **13**

Interpretation of Knowledge Scores

- **Poor Knowledge:** 0–4
 - **Average Knowledge:** 5–9
 - **Good Knowledge:** 10–13
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Note for Manuscript Citation

In your Methods section, include:

“The structured questionnaire consisted of two sections: demographic variables and 13 multiple-choice questions assessing knowledge of the FAST HUGS BID checklist (Supplementary File 1). Each correct response was awarded one mark. Total scores were categorized into poor, average, and good knowledge levels.”