

QUESTIONNAIRE

Study Title: Prevalence of Depression, Its Determinants, and Association with Life Satisfaction

Among Elderly Residents of an Assisted Living Facility in Addis Ababa, Ethiopia

Participant ID:.....

Interviewer:

SECTION A: BASIC INFORMATION

Instruction: please Select one.

1. Age

2. Gender

- Male
- Female

3. Education Level

- No formal education
- Primary school
- Secondary school
- College/university

4. Length of stay at Mekedonia

- < 6 months
- 6 months to 1 year
- 1 to 3 years
- >3 years

5. Do you have/suffer from any Chronic Illness?

- Yes
- No

5.1. If Yes, Specify.....

.....

.....

5.2. Are you taking any/Current Medication?

- Yes
- No

6. Mobility status(in relation to Activities of daily living and activities in the compound)

- Completely Independent
- Need some Help
- Completely Dependent

7. Religion?

- Orthodox
- Muslim
- Protestant
- Other.....

8. Have you ever been married?

- Yes
- No

9. Are you a current smoker/have smoked recently?

- Yes
- No

10. Do you currently/recently Chew khat?

- Yes
- No

SECTION B: GERIATRIC DEPRESSION SCALE (GDS-15)

(mark "Yes"or"No")

Questions	Yes	No
1. Are you basically satisfied with your life?		
2. Have you dropped many activities/interests		
3. Do you feel your life Is empty?		
4. Do you often get bored?		
5. Are you in good spirits most of the time?		
6. Are you afraid something bad will happen?		
7. Do you feel happy most of the time?		
8. Do you often feel helpless?		
9. Do you prefer staying home over going Out?		
10. Do you feel you have more memory Problems than others?		
11. Do you think it's wonderful to be alive?		
12. Do you feel worthless?		
13. Do you feel full of energy?		
14. Do you feel your situation is hopeless?		
15. Do you think most people are better off Than you?		

SECTION C: LIFE SATISFACTION(SWLS)

Instructions*"Rate how much you agree with each statement using this Scale:

1=Strongly Disagree 2=Slightly disagree 3=Disagree 4 = Neutral
5 = Slightly Agree 6=Agree 7=Strongly Agree

1. In most ways,my life is close to ideal

① ② ③ ④ ⑤ ⑥ ⑦

2. The conditions of my life are excellent

① ② ③ ④ ⑤ ⑥ ⑦

3. I am satisfied with my life

① ② ③ ④ ⑤ ⑥ ⑦

4. So far,I have gotten the important things I want in life

① ② ③ ④ ⑤ ⑥ ⑦

5. If I could live my life over,I Would change almost nothing

① ② ③ ④ ⑤ ⑥ ⑦

SECTION D: SOCIAL FACTORS

Instruction: Select one

1. How often does your family Visit?

- Never
- Yearly
- Monthly
- Weekly

2. Activities in the compound? (more than one choice is allowed)

- Religious activities
- Eating/cooking meals
- Drinking coffee, chatting
- Arts/craft
- Reading/writing
- Other.....

3. Challenges faced in Makedonia?

- Constant/Occasional loneliness
- Health associated problems
- Food/meal associated problems
- Activity/leisure time related problems
- Other.....

4. Have you been mistreated/Abused in the compound?

- Yes
- No

4.1. If Yes, Specify.

- Physical
- Verbal
- Psychological
- Sexual
- Financial

5. Do you have someone to share your thoughts with?

- Yes
- No

5.1. If Yes, Specify.....

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