

Table 4 Preliminary results of questionnaires and completion rates in adults patients (n = 154)

Mandatory data set	Mean $\pm$ SD or %	Completion rate (%)	Optional data set	Mean $\pm$ SD or %	Completion rate (%)
C-SSRS life time - <i>ID score</i>	0.67 $\pm$ 1.12	55%	MADRS - <i>TS</i>	24.1 $\pm$ 6.91	74%
C-SSRS life time - <i>IN score</i>	11.62 $\pm$ 3.88	19%	C-SSRS “last week”	NA	0%
C-SSRS life time - <i>CP score</i>	4.7% ¹	55%	YMRS - <i>TS</i>	1.01 $\pm$ 2.13	51%
MDQ	25% ¹	41%	M.I.N.I.	NA	4%
QIDS-SR16 - <i>TS</i>	16.39 $\pm$ 4.85	58%	BDI-II - <i>TS</i>	36.27 $\pm$ 11.75	28%
HAD - <i>TS</i>	25.51 $\pm$ 6.97	64%	MATHyS - <i>TS</i>	91.38 $\pm$ 20.38	38%
STAI B - <i>TS</i>	61.72 $\pm$ 10.58	61%	STAI A - <i>TS</i>	57.45 $\pm$ 12.68	38%
GAD-7 - <i>TS</i>	12.31 $\pm$ 5.61	67%	PCL-5 - <i>TS</i>	46.4 $\pm$ 13.61	16%
ASRS – <i>mean checks in part A</i>	3.86 $\pm$ 1.47	50%	TLEQ	NA	19%
Heaviness of Smoking Index - <i>TS</i>	1.95 $\pm$ 1.81	14%	AUDIT full - <i>TS</i>	18.75 $\pm$ 14.06	5%
AUDIT short	2.43 $\pm$ 2.93	51%	Stimulants question	NA	3%
CUDIT-R	15.62 $\pm$ 10.13	5%	Opioids question	NA	1%
ASSIST-Lite	NA	41%	ECAB - <i>TS</i>	5.86 $\pm$ 2.27	4%
SHQ	NA	29%	ICJE - <i>TS</i>	13.50 $\pm$ 19.09	1%
ISI - <i>TS</i>	16.69 $\pm$ 5.91	70%	IAT - <i>TS</i>	NA	0.6%
PSQI - <i>TS</i>	11.83 $\pm$ 3.92	65%	MEQ - <i>TS</i>	48.08 $\pm$ 12.69	51%
MCTQ - <i>MSFsc</i>	3:26 $\pm$ 1:35	68%	IHSS - <i>TS</i>	29.13 $\pm$ 7.40	10%
MCTQ - <i>Midpoint sleep - workdays</i>	3:49 $\pm$ 1:38	-	SPAQ – <i>GSS</i>	10.07 $\pm$ 5.84	45%
MCTQ - <i>Midpoint sleep - week-end</i>	4:28 $\pm$ 1:44	-	MADRE	NA	12%
MCTQ – <i>mean sleep time (h)</i>	7:44 $\pm$ 2:10	68%	FSS - <i>TS</i>	50.23 $\pm$ 10.80	17%
MCTQ - <i>Mean sleep time - workdays</i>	6:58 $\pm$ 2:37	-	IRLS - <i>TS</i>	15.11 $\pm$ 11.27	6%
MCTQ - <i>Mean sleep time - week-end</i>	9:41 $\pm$ 2:08	-			
ESS - <i>TS</i>	9.77 $\pm$ 5.49	67%			
Hypersomnia HSI - <i>TS</i>	18.84 $\pm$ 6.20	66%			
Berlin questionnaire	NA	66%			
RLS question	37% ²	37%			

Note: Completion rate (%): proportion of patients who fully completed the questionnaire, allowing computation of the final score. Values are reported as mean $\pm$ SD for questionnaires with complete data, when the calculation of a mean score was possible. N: sample size; SD: Standard Deviation; TS: Total score; ID score: ideation score; IN score: intensity score; CP score: behavior score; GSS: Global Seasonal Score; NA: missing data or no final score allowing calculation of a mean; C-SSRS: Columbia-Suicide Severity Rating Scale; MDQ: Mood Disorder Questionnaire; YMRS: Young Mania Rating Scale; MADRS: Montgomery-Asberg Depression Rating Scale; M.I.N.I.: Mini International Neuropsychiatric Interview; Hypersomnia HIS: Hypersomnia Severity Index; ASRS: Adult Self-Report Scale short version; AUDIT short: Alcohol Use Disorders Identification Test short version; MCTQ: Munich ChronoType Questionnaire; MSFsc: chronotype based on mid-sleep on free days corrected for sleep debt on work days; QIDS-SR: Quick Inventory of Depressive Symptomatology - Self Report; GAD-7: Generalized Anxiety Disorder – 7 items; ISI: Insomnia Severity Index; PSQI: Pittsburgh Sleep Quality Index; ESS: Epworth Sleepiness Scale; STAI: State (YA) Trait (YB) Anxiety Inventory; HAD: Hospital Anxiety and Depression scale; CUDIT-R: Cannabis Use Disorders Identification Test - Revised; ASSIST-Lite: The Alcohol, Smoking and Substance Involvement Screening Tool - Lite; SHQ: Sleep Habits Questionnaire; RLS question: Restless Legs Syndrome question; MATHYS: Multidimensional Assessment of Thymic States; MEQ: Morningness-Eveningness Questionnaire; SPAQ: Seasonal Pattern Assessment Questionnaire; BDI-II: Beck Depression Inventory II; IHSS: Idiopathic Hypersomnia Severity Scale; PCL-5: Post-traumatic stress disorder Checklist version DSM-5; ECAB: Benzodiazepine Cognitive Attachment Scale; ICJE: Canadian Problem Gambling Index; IAT: Internet Addiction Test from Young; FSS: Fatigue Severity Scale; IRLS: International Restless Legs Syndrome; MADRE: Mannheim

Dream Questionnaire; CSHQ: Children – Sleep Habits Questionnaire; CDI: Children Depression Inventory; ADHD: Attention Deficit Hyperactivity Disorder; IRLSS: International Restless Legs Syndrome Scale; BRIEF: Behavior Rating Inventory of Executive Function; SRS: Social Responsiveness Scale; ¹: Percentage of patients with a positive score; ²: Percentage of patients responding ‘Yes’.