

Table 1 Summary table of the study timeline

Visits	Inclusion visit (IV)	Follow-up <i>(Completed online* within one month after the IV or a routine psychiatric follow-up visit)</i>	Routine follow-up visit(s) <i>(Between IV and the end of the study)</i>
Study information and non-opposition collection	✓		
Eligibility check	✓		
Sociodemographic data	✓		
Clinical history and current MDE	✓		
Sleep measurements: PSG, sleep diary, actigraphy, MSLT, 6-SM and cortisol assays <i>(if measurements are planned as part of routine care)</i>	✓		✓
Clinician-administered questionnaires	✓		✓
Self-report questionnaires		✓	✓

Note: PSG: Polysomnography; MSLT: Multiple Sleep Latency Tests; 6-SM: 6-sulfatoxymelatonin assays; Clinician-administered questionnaires were completed at inclusion and, if applicable, during routine follow-up visits. Self-report questionnaires were completed at the visit or online within one month (See Table 2 for Delphi-validated questionnaire set).