

Study Overview



N = 3,398
Older Adults



Shanghai, China



Financial Toxicity

Pathways of Impact

**Financial
Toxicity**

Direct Effect: -0.31
↓ Intrinsic Capacity



**Reduced Social
Participation**

Mediterranean Diet
(No Effect)

Mediated Effect: 4.6%

Stronger Impact in Women & Adults > 70

Conclusions



Financial burden
limits social life



Leads to faster
functional decline

**Need: Financial
Protection + Social support**

