



UNIVERSITY OF LEEDS

11 September 2025

Dear Ella

Your research ethics application reference: SoMREC 2222

Your research project: Adapting an intervention for remote delivery within a trial: A research study

I am pleased to inform you that the above research ethics application has been reviewed by the Research Ethics Committee for School of Medicine which has issued a favourable ethical opinion based on the application submitted. **Please retain this email in your project file as it is evidence of the Committee's approval.**

Matters you should note:

- Ethics approval does not infer you have the right of access to any member of staff or student or documents and the premises of the University of Leeds. Nor does it imply any right of access to the premises of any other organisation, including clinical areas. The Committee takes no responsibility for you gaining access to staff, students and/or premises prior to, during or following your research activities.
- It is your responsibility to comply with all relevant Health and Safety, Data Protection and other legal and professional requirements and guidelines.
- You are expected to keep a record of all your approved documentation, as well as documents such as sample consent forms, risk assessments and other documents relating to the research project. This should be kept in your project file.
- Audits are undertaken on approved ethics applications. Your project could be chosen for such an audit. You should therefore ensure your project files are kept up to date and readily available for audit purposes. You will be given a two week notice period if your project is selected.
- Please always include the above research ethics application reference in any correspondence with the Research Ethics team.

If you need to make **amendments** to the original submitted research project, you are expected to seek approval from the Committee before taking any further action. Changes could include (but are not limited to) the project end date, project design or recruitment methodology, or study documentation. Please go to <https://secretariat.leeds.ac.uk/research-ethics/how-to-apply-for-research-ethics-amendment/> or contact the Research Ethics team for further information at [Research Ethics](#).

I hope your research project goes well.

Yours sincerely,

Ms Sou Sit Chung, Research Ethics, Governance & Compliance (formerly Secretariat), University of Leeds

On behalf of Dr Klaus Witte, Chair, SoMREC