

Appendix 4: Top 5 TDF themes and sub-themes of facilitators as identified by stakeholders

TDF Theme	COM-B	Sub-Theme
1. Environmental context and resources	Physical opportunity	Addressing different backgrounds and cultures Affordability Changes in the environment Digital tools Eligibility criteria Food exposure Forms of support available Government and policy changes Improve the quality of foods Offer materials for engagement in support programs Organisation and community collaboration Working in classrooms or schools
2. Knowledge	Psychological capability	Awareness Changes to education Education
3. Social Influences	Social Opportunity	Community support Providing a sense of community Reduce shame and stigma
4. Motivation and Goals	Reflective motivation	Providing accessibility and availability Reach population directly
5. Social professional role and identity	Reflective motivation	Changing the goals of interventions to meet the needs of the families Communication Trust in the support provided