



QUESTIONNAIRE ON ANTENATAL CARE PRACTICES

Please read the consent form before you start the interview.

I am a student of XIM University, Bhubaneswar. This is a research study being conducted to understand the relation between Antenatal Care (ANC) and livelihood among the tribal population. It is purely academic and I will not put it in any media. This questionnaire is having sections on demography, ANC services, traditional practices, nutrition which is designed to be filled up by the pregnant and lactating women. I would like to take your consent to carry on with the survey and if you feel uncomfortable at any stage of the survey, you are free to stop answering. Your response will be kept confidential.

Thank You for your time and attention.

☐ Verbal consent is given to ask the questions.

Date ____/____/____

Village _____

Block _____

Section 1: Basic Information of the respondent

- 1) Name of the respondent _____
- 2) What is your age _____
- 3) What is your educational status _____
- 4) How many members in your family _____
- 5) Is food prepared for all members at one kitchen?
☐ Yes ☐ No
- 6) If Q5 is No, how many kitchens do you have? _____
- 7) Number of children you have? _____

Section 2: Pregnancy, perception & practices

- 8) How many weeks of Pregnancy are you in (*wherever applicable*)? _____
- 9) Where did you confirm your pregnancy?
☐ ASHA/AWW/ANM
☐ Govt. Hospital
☐ Private clinic
☐ Quack

- 10) What should be consumed during pregnancy according to you:

- 11) Are there any traditional beliefs practiced during pregnancy, explain

12) Do you consume the following food now?

Food items	Consuming or Not	Frequency of Intake	Source of Procurement
Milk	☐ Yes ☐ No	☐ Daily ☐ Weekly	☐ Self ☐ Market
Vegetables (Onion,Potato,Tomato,'potala'...)	☐ Yes ☐ No	☐ Daily ☐ Weekly	☐ Self ☐ Market
Leafy vegetables ('khada', 'koshala', 'meethi', 'palanga', 'sajana')	☐ Yes ☐ No	☐ Daily ☐ Weekly	☐ Self ☐ Market
Pulses	☐ Yes ☐ No	☐ Daily ☐ Weekly	☐ Self ☐ Market
Cereals (Rice, roti, millets)	☐ Yes ☐ No	☐ Daily ☐ Weekly	☐ Self ☐ Market
Fruits (Seasonal) and Nuts	☐ Yes ☐ No	☐ Daily ☐ Weekly	☐ Self ☐ Market
Non-Veg (Egg, fish, chicken,mutton)	☐ Yes ☐ No	☐ Daily ☐ Weekly	☐ Self ☐ Market
Any other (Specify)			

Section 3: ANC expenditure

13) How much money is spent in getting the food from the market?

- Cost of the product _____
- Travel cost _____

14) What does your family do for the living?

- ☐ Farming
- ☐ Labor
- ☐ Migrated labor
- ☐ Salaried
- ☐ Collecting Forest Produce
- ☐ Any Other, specify _____

15) Is the earning sufficient to get nutritious diet during pregnancy?

- ☐ Yes ☐ No

16) If no, what additional things you do (or borrow money), please narrate _____

17) Are you also working or part of any SHG?

- ☐ Yes ☐ No

18) If yes, how much remuneration do you receive? _____

Section 4: VHSND and ANC services information

19) How many times have you visited the VHSND session site?

- ☐ Never ☐ Once ☐ Twice ☐ More than 2 times

20) How are the VHSND sessions working according to you?

- ☐ Best ☐ Good ☐ Average ☐ Poor

21) By what mode do you reach to the session site?

- ☐ Walking ☐ Vehicle

22) Who accompanies with you to the session site?

- ☐ family ☐ neighbor ☐ SHG member ☐ Others

23) Are there any hindrances, out of the following, while attending the VHSND sessions?

- ☐ No issues faced ☐ Travel issue ☐ Loss of wage ☐ Time consuming ☐ Any other _____

24) If PW is working, how much loss you have to bear to attend the ANC check up session?

25) Have you attended Pradhan Mantri Surakshit Matritva Abhiyan (PMSMA)?

- ☐ Yes ☐ No

26) Do you receive any incentive to visit PMSMA?

- ☐ Yes ☐ No

27) Do you receive any incentive to visit VHSND?

☐Yes ☐No

28) What counseling and activities are done at VHSND session?

- ☐ Registration of pregnancy
- ☐ Testing of ANC
- ☐ Counselling on nutrition
- ☐ Counselling on childcare
- ☐ Any other, specify _____

29) Do you practice them at home?

☐Yes ☐No

30) If no, what hinders you to practice at home? _____

31) How will you rate your ANC service at VHSND?

☐Best ☐Good ☐Average ☐Poor

Section 5: Evaluation of Government Policies on ANC Services

32) Do you know about the different schemes/programs the government has for pregnant women's care?

☐Yes ☐No

If yes, can you name some of them?

33) Have you received benefits from any of these government schemes/programs during your current or previous pregnancy?

☐Yes ☐No

If **yes**, which ones?

- ☐ Janani Suraksha Yojana (JSY)
- ☐ Pradhan Mantri Surakshit Matritva Abhiyan (PMSMA)
- ☐ Mamta Scheme
- ☐ Others (specify)_____

34) How has been your experience in getting services/benefits from these government ANC schemes/programs?

☐Very Good ☐Good ☐Average ☐Poor ☐very Poor

35) What are the main difficulties/challenges you faced in accessing government ANC services?

- ☐ Distance/transportation
- ☐ Lack of information
- ☐ Behavior of staff
- ☐ Cost involved
- ☐ Others (specify)

36) Do you have any suggestions to improve how these government ANC services are provided in your area?

Section 6: Role of ASHAs/ANMs

37) How often does the ASHA/ANM come to visit you during your pregnancy for counseling/check-ups?

- ☐ Never ☐ Once ☐ Twice ☐ More than 2 times ☐ Don't Know

38) Are you satisfied with the services and counseling provided by the ASHA/ANM/ ANM

- ☐ Yes ☐ No

If NO, what needs improvement?

39) Have you faced any difficulties in meeting or coordinating with the ASHA/ANM for ANC services?

- ☐ Yes ☐ No

Section 7: Traditional Practices and Decision-Making

40) What traditional beliefs, practices or home remedies do you follow during pregnancy? Please describe

41) Who is the main decision-maker in your household regarding your ANC care, diet, and related matters during pregnancy?

☐ Self

☐ Husband

☐ Mother-in-law

☐ Mother

☐ Others, specify _____

Section 8: Livelihood and Expenditure

42) What are the different sources of income for your household and monthly approx income?

Income source	Approx Monthly Income (Rs)
☐ Agriculture	
☐ Daily wage labor	
☐ Salaried	
☐ Business	
☐ Others, specify	

43) What are the major areas of expenditure for your household? Give approximate monthly expenditure?

Expenditure area	Approx Monthly expenditure (Rs)
☐ Food	
☐ Healthcare	
☐ Education	
☐ Debt Repayment	
☐ Others, specify	

44) How does your household manage finances during pregnancy, especially for meeting additional dietary and healthcare needs?

☐ Savings

☐ Borrowing

☐ Assistance from relatives/community

☐ Others, specify

45) Are you aware of any government schemes/programs related to livelihood enhancement or financial assistance during pregnancy?

☐Yes ☐No

If yes, have you availed any? _____

Section 9: Other Practices

46) Do you procure any medicine from outside during pregnancy?

☐Yes ☐No

47) If ASHA, ANM are not available and you require ANC service, whom do you consult?

48) Is there any quack your family does check up?

☐Yes ☐No

49) If yes, have you consulted any quack during pregnancy?

☐Yes ☐No

50) How much you pay to the quack for ANC check up?

51) Do you get any medicine from the quack for ANC care?

☐Yes ☐No

52) If Q51 is yes, then please specify _____

53) Has anyone ever suggested you to grow anything at your home?

☐Yes ☐No

54) Is anything related to livelihood like MNREGA is told to you?

☐Yes ☐No

Thank you for your time to respond to the questions. For any further queries please feel free to contact Soumya Rani Gouda, soumya@stu.xub.edu.in or Prof Elizabeth Abba, elizabeth@xim.edu.in.