

Table 1. Clinical characteristic of T1DM

	Total (<i>n</i>=45)	Male (<i>n</i>=21)	Female (<i>n</i>=24)
Age (years)	43.3 ± 15.7	40.1 ± 14.5	46.2 ± 16.4
Height (cm)	161.6 ± 9.3	169.2 ± 6.9	154.9 ± 5.1
Body weight (kg)	66.1 ± 13.9	76.6 ± 10.6	56.9 ± 9.0
BMI (kg/m ²)	24.8 ± 4.6	26.0 ± 5.2	23.8 ± 3.8
Duration of disease (years)	21.4 ± 12.2	21.1 ± 10.0	21.6 ± 14.1
Menstrual status			
Regular menstrual cycle (%)	—	—	10 (42)
Irregularity menstrual cycle (%)	—	—	4 (16)
Menopause (%)	—	—	10 (42)
Treatment			
MDI <i>n</i> (%)	35 (78)	16 (76)	19 (79)
HCL <i>n</i> (%)	2 (8)	0 (0)	2 (8)
SGLT2i <i>n</i> (%)	12 (27)	8 (38)	4 (17)
Diabetic complications			
Neuropathy (+) <i>n</i> (%)	2 (4)	1 (5)	1 (4)
Nephropathy (+) <i>n</i> (%)	6 (13)	3 (14)	3 (13)
Retinopathy (+) <i>n</i> (%)	6 (13)	3 (14)	3 (13)
HbA1c (%)	7.7 ± 0.7	8.0 ± 0.6	7.3 ± 0.8
eGFR (mL/min/1.73m ²)	82.7 ± 22.4	86.9 ± 19.8	74.6 ± 18.7
Cr (mg/dL)	0.8 ± 0.2	0.8 ± 0.1	0.7 ± 0.2
CGM [‡]			
TIR (%)	45.0 ± 15.1	42.6 ± 0.1	54.4 ± 19.0
TBR (%)	1.3 ± 1.8	2.2 ± 4.3	1.8 ± 2.4
Total hip (g/cm ²)	0.95 ± 0.16	1.02 ± 0.12	0.88 ± 0.12
Lumbar spine (g/cm ²)	1.14 ± 0.27	1.19 ± 0.26	1.09 ± 0.28
Total hip (%YAM) [*]	98.3 ± 16.4	106.7 ± 15.7	91.3 ± 12.3
Lumbar spine (%YAM) [*]	106.2 ± 22.9	112.3 ± 21.9	101.0 ± 23.0
Z-score ≤ -2.00 <i>n</i> (%)	1 (2)	0 (0)	1 (4)