

Appendix 1. Description of the scores obtained in Anxiety-State and Anxiety-Trait scales(STAI).

Anxiety-State				Anxiety-Trait			
Question	Median	IQI	Percentage of scores 2 or 3	Ítem	Mediana	IQI	Percentage of scores 2 or 3
1*	1	1-2	45,7%	21*	1	1-2	27,0%
2*	2	1-2	52,5%	22	1	0-1	22,7%
3	1	0-1	22,0%	23	1	0-1	11,6%
4	1	0-2	30,2%	24	1	0-1	22,0%
5*	2	1-2	61,1%	25	0	0-1	12,0%
6	1	0-1	19,3%	26*	2	1-2	64,1%
7	1	1-2	40,2%	27*	1	1-2	43,2%
8*	2	2-3	79,8%	28	1	0-1	11,1%
9	1	0-1	17,7%	29	1	0-1	20,7%
10*	2	1-2	67,0%	30*	1	1-2	28,9%
11*	1	1-2	40,9%	31	1	1-2	46,6%
12	1	0-1	20,9%	32	1	0-1	22,5%
13	1	0-1	20,0%	33*	1	1-2	48,0%
14	0	0-1	18,0%	34	1	0-1	13,4%
15*	2	1-3	66,8%	35	1	0-1	15,9%
16*	2	1-2	60,0%	36*	1	1-2	41,1%
17	1	1-2	41,8%	37	1	0-1	17,0%
18	1	0-1	16,8%	38	1	0-1	20,2%
19*	2	1-2	66,1%	39*	1	0-1	23,0%
20*	2	1-2	56,4%	40	1	1-2	25,9%

IQI: interquartile interval (Q1-Q3).

In those question which study the presence of anxiety, scores 2 or 3 correspond to the answers “quite-a lot”. In those question which study the absence of anxiety (*), scores 2 or 3 correspond to the answers “a little-nothing”.