

CARE Checklist of information to include when writing a case report

Topic	Item	Checklist item description	Reported on Page / Line
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”.	Page 1, Lines 1–2
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including “case report”.	Page 3, Lines 2–4
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	Page 1, Lines 19–22; Page 2, Lines 1–2
	3b	Main symptoms and/or important clinical findings.	Page 2, Lines 3–5
	3c	The main diagnoses, therapeutic interventions, and outcomes.	Page 2, Lines 5–17
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	Page 2, Lines 18–22
Introduction	4	One or two paragraphs summarizing why this case is unique (may include references).	Page 3, Lines 6–24; Page 4, Lines 1–17
Patient Information	5a	De-identified patient specific information.	Page 4, Lines 19–20
	5b	Primary concerns and symptoms of the patient.	Page 4, Lines 20–25; Page 5, Lines 1–4
	5c	Medical, family, and psycho-social history including relevant genetic information.	Not reported
	5d	Relevant past interventions with outcomes.	Not reported
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings.	Page 5, Lines 11–24; Page 6, Line 1 (Table 1)
Timeline	7	Historical and current information from this episode of care organized as a timeline.	Page 5, Lines 5–10; Page 5, Lines 11–24; Page 6, Line 1 (Table 1)
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 4, Lines 22–25; Page 5, Lines 1–1; Page 5, Lines 11–24; Page 6, Line 1; Page 7, Figure 1
	8b	Diagnostic challenges (such as access to testing, financial, or cultural).	Not reported
	8c	Diagnosis (including other diagnoses considered).	Page 4, Lines 22–25; Page 5, Line 1
	8d	Prognosis (such as staging in oncology) where applicable.	Page 5, Line 1; Page 5, Lines 11–24
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care).	Page 5, Lines 5–10; Page 5, Lines 11–24; Page 6, Line 1 (Table 1)
	9b	Administration of therapeutic intervention (such as	Page 5, Lines 11–24;

		dosage, strength, duration).	Page 6, Lines 1–1 (Table 1)
	9c	Changes in therapeutic intervention (with rationale).	Page 5, Lines 5–8
Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available).	Page 2, Lines 14–17; Page 6, Line 1 (Table 1)
	10b	Important follow-up diagnostic and other test results.	Page 5, Lines 11–24; Page 6, Line 1 (Table 1)
	10c	Intervention adherence and tolerability (How was this assessed?).	Page 2, Lines 14–17
	10d	Adverse and unanticipated events.	Page 2, Lines 14–17; Page 6, Line 1 (Table 1)
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report.	Page 7, Lines 9–18; Pages 8–15, Discussion section (limitations not explicitly stated)
	11b	Discussion of the relevant medical literature with references.	Page 7, Lines 10–18; Pages 8–15
	11c	The scientific rationale for any conclusions (including assessment of possible causes).	Pages 8–15
	11d	The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion.	Page 15, Lines 5–9
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received.	Not reported
Informed Consent	13	Did the patient give informed consent? Please provide if requested.	Yes — Page 16, Lines 1–6