

## Supplementary File 1: Survey Form

### The Impact of Athletic Participation on Body Image and Eating Disorders: A Cross-Sectional Study of Female Basketball Players and Sedentary Women

**Date:**

**Survey No:**

#### Section 1: Socio-Demographic Information

Please skip Question 5 if you do not have a sports background and are not currently active in sports.

1. Age: ..... (years)

2. Body Weight: ..... (kg)

3. Height: ..... (cm)

4. Educational Level: ( ) Primary School ( ) High School ( ) University ( ) Post-Graduate

5. Current League (for athletes): ( ) Turkish Women's Basketball Super League ( ) Turkish Women's Basketball 1st League ( ) Women's Basketball Regional League

#### Section 2: Body Appreciation Scale (BAS)

Please respond to each statement by choosing the number that best describes you: (1) Never, (2) Seldom, (3) Sometimes, (4) Often, (5) Always. Please provide only ONE response for each item and do not leave any items blank.

1	I respect my body.	1	2	3	4	5
2	I feel good about my body.					
3	Overall, I am satisfied with my body.					
4	I have a positive attitude toward my body.					
5	I am attentive to my body's needs.					
6	I feel love for my body.					
7	I appreciate the different and unique characteristics of my body.					
8	My behavior reveals my positive attitude toward my body; for example, I hold my head high and smile.					
9	I am comfortable in my body.					

<b>10</b>	I feel beautiful even if I am different from the people depicted in the media (e.g., models, actresses).					
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**Section 3: Eating Attitudes Test-26 (EAT-26)**

**This is not a test; there are no "right" or "wrong" answers. Please answer as honestly as possible by placing an "X" in the box that best describes your current situation.**

Statement	Always	Usually	Often	Sometimes	Rarely	Never
1. Am terrified about being overweight.						
2. Avoid eating when I am hungry.						
3. Find myself preoccupied with food.						
4. Have gone on eating binges where I felt that I may not be able to stop						
5. Cut my food into small pieces.						
6. Aware of the calorie content of foods that I eat.						
7. Particularly avoid food with a high carbohydrates content (i.e. bread, rice, potatoes, etc.).						
8. Feel that others would prefer if I ate more.						
9. Vomit after I have eaten.						
10. Feel extremely guilty after eating.						
11. Am preoccupied with a desire to be thinner.						

12. Think about burning up calories when I exercise.						
13. Other people think that I am too thin.						
14. Am preoccupied with the thought of having fat on my body.						
15. Take longer than others to eat my meals.						
16. Avoid foods with sugar in them.						
17. Eat diet foods.						
18. Feel that food controls my life.						
19. Display self-control around food.						
20. Feel that others pressure me to eat.						
21. Give too much time and thought to food.						
22. Feel uncomfortable eating sweets.						
23. Engage in dieting behaviour.						
24. Like my stomach to be empty.						
25. Have the impulse to vomit after meals.						
26. Enjoy trying new rich foods.						