

Table 1. Iterative refinement of the diabetes enhanced monitoring pathway using PDSA cycles

| PDSA Cycle | Plan | Do | Study | Act |
|-------------------|---|---|--|---|
| Cycle 1 (2022) | Implement JBDS-IP guidance for glycaemic monitoring and risk stratification (5) | Applied HbA1c and venous glucose criteria for risk assessment | Found venous glucose measurement burdensome for oncologists | Adjusted to accept any venous/capillary/at-home glucose reading |
| Cycle 2 (2022) | Optimise detection of "at-risk" patients | Lowered glucose threshold for referral from 12 to 11 mmol/L | Improved detection of intermediate-risk patients | Maintained new threshold |
| Cycle 3 (2022) | Tailor pathway by age | Patients <55 years to diabetes clinic; ≥55 years to GOLD clinic | Reduced diabetes team burden; improved geriatric management and expertise | Formalised age-based referral criteria |
| Cycle 4 (2022) | Anticipate high-risk hyperglycaemia. | Lowered high-risk glucose threshold from 20.1 to 15 mmol/L. | Increased early referrals to GOLD and diabetes team to avoid life-threatening complications | Maintained new threshold |
| Cycle 5 (2023) | Refine HbA1c referral criteria | Expanded intermediate-risk HbA1c range from 48-59 to 48-64 mmol/mmol. | Reduced unnecessary referrals to diabetes team for older individuals; maintained safe management | Updated referral criteria |
| Cycle 6 (2023) | Broaden high-risk criteria | Added history of steroid hyperglycaemia as high-risk criteria | Improved identification of cases who may need complex interventions | Updated referral criteria |
| Cycle 7 (2023) | Empower geriatrics team for medication management | Allowed GOLD team to initiate then to escalate gliclazide up to 320mg daily | Demonstrated safe and effective management without the need of diabetes team input. | Formalised geriatrics-led medication management. |