

Table 3. Adjusted means of well-being outcomes across person-level profiles.

Person-Level Profile	Mental Well-being	Positive Affect	Positive Functioning	Personal Relationship
1 (indoor, low engagement)	3.41 (0.11)	3.16 (0.12)	3.74 (0.12)	3.46 (0.12)
2 (indoor, deep use)	3.60 (0.13)	3.45 (0.15)	3.81 (0.15)	3.63 (0.13)
3 (mobile, mixed-level social)	3.54 (0.07)	3.37 (0.08)	3.76 (0.07)	3.57 (0.08)
4 (social-heavy, sedentary-lean)	3.47 (0.11)	3.22 (0.12)	3.84 (0.11)	3.47 (0.12)
5 (physically active & unplugged)	3.54 (0.07)	3.33 (0.08)	3.94 (0.07)	3.48 (0.08)
6 (commute-style, bursty use)	3.55 (0.06)	3.38 (0.07)	3.79 (0.06)	3.56 (0.08)
7 (mobile & always-on social)	3.45 (0.06)	3.28 (0.07)	3.61 (0.06)	3.55 (0.06)
χ^2 ($df=6$)	3.29	4.69	13.39*	2.09

Note. Adjusted mean refers to the mean value accounting for classification error in profile assignment. Values are means with standard errors in parentheses. χ^2 tests ($df=6$) compare profiles; * $p < .05$.