

Class/ code	Examples	Rules
<b>1. Lying down</b>	Lie still on floor	Lying still prone or supine on floor (with tummy/back on floor or propped)
	Lie with slow limb movement, trunk, or neck movement	Lying while moving neck, arms or legs but NOT moving around
<b>2. Quiet Sitting</b>	Sit still on floor, chair, bench, or wheelchair	Bottom is fully resting on seat and feet on the floor
	Sit quietly w slow limb movement, trunk, or neck movement	Sitting on floor/bench with slow movement of arms, legs, or trunk
<b>3. Active Sitting</b>	Shuffling side to side on bench while seated	Seated, moving up and down a bench
	Sitting and reaching (fast/large movement)	Reaching and moving centre of gravity fast
	Sitting and kicking legs or pushing with legs (fast/large movement)	Sitting and kicking legs or pushing chair or other device with legs
<b>4. Floor mobility</b>	Crawling position (on all fours) or kneeling (on knees)	Being still in crawling position or kneeling
	Crawling	Crawling on hands and knees going from place to place or attempts to do so.
	Commando crawl	Moving from place to place with belly on ground or attempts to do so
	Walking on knees	2-point walking on knees moving from place to place, or attempts to do so
	Pivot on belly	Belly on the floor, turning around their own axis
	Bottom or side shuffling with trunk off floor	On bottom, moving with intent, or attempts to do so
	Transition belly/back	Rolling from belly to back or vice versa
<b>5. Transition</b>	Floor to/from sitting	Moving from floor to sitting or vice versa (or attempts to do so)
	Floor to/from standing	Moving from floor to standing or vice versa (or attempts to do so)
	Sit-to-stand/ stand-to-sit	Moving from sitting to standing or vice versa (or attempts to do so)
	Transfer chair to/from wheelchair	Moving from one seat to another (or attempts to do so)
<b>6. Standing utilitarian movements (SUM)</b>	Stand still	Standing still with no arm or leg movement (except gentle sway)
	Standing w slow limb or trunk movement	Standing with limb or trunk movement including step or standing on one leg (by table/ bench)
	Reposition in standing	Shuffling around or reposition in standing or semi-standing but NOT going place to place
	Shuffling side to side	Going side to side, shifting weight on feet
	Walking slowly	Meandering, not walking with “purpose” from place to place
	Sidestep	Stepping sideways, even when holding onto a high bench or the examiners hands
	Picking something up from the floor or Squat	Standing and reaching down
	Kicking a ball	Kicking ball from still/standing position
<b>7. Jumping</b>	Jump/hop/leap	Jump, hop, leap – usually on the spot
	Gallop/side gallop/skip	Gallop, side gallop or skipping – usually moving from one place to another
<b>8. Walk</b>	Walk	Walking at a constant speed or cadence - going from place to place with or without assistive device or supported
<b>9. TM Walk</b>	Treadmill Walking	Walking on TM or elliptical device while in harness or supported
<b>10. Wheelchair</b>	Wheelchair	Manual propulsion while seated in wheelchair – to get to one place to another, otherwise code as sitting.
<b>11. Cycling</b>	Cycling	Cycling on modified trike or recumbent bike.
<b>12. Out of View</b>	Out of view / No code fits	Cannot determine activity or out of view