

# Microvascular Remodeling and Endothelial Dysfunction Across the Post-COVID-19 Spectrum: A Prospective Observational Case-Control Study

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Dependent variable ME/CFS			
Predictors	Odds Ratios	CI	p
Transferrin	0.99	0.97 – 1.00	<b>0.007**</b>
IL 6	1.16	1.05 – 1.36	<b>0.018*</b>
Creatinikinase	1.00	0.99 – 1.00	0.429
AVR	0.00	0.00 – 0.01	<b>0.001**</b>
Neutrophile	1.06	1.02 – 1.12	<b>0.009**</b>
ICAM-1	1.00	1.00 – 1.00	<b>0.040*</b>
Observations	173		
R <sup>2</sup> Tjur	0.23		

**Supplementary Table 1** Multivariable logistic regression with ME/CFS status as the dependent variable. Results are shown as odds ratios (OR) with 95% confidence intervals (CI) and p-values. The model included arteriolar–venular ratio (AVR), interleukin-6 (IL-6), neutrophil percentage, creatine kinase (CK), intercellular adhesion molecule-1 (ICAM-1) and transferrin. Model fit is summarized by Tjur's R<sup>2</sup>. Statistical significance is indicated as: \*p < 0.05; \*\*p < 0.01; \*\*\*p < 0.001.

#### Data & Code Availability

Description	Source/Repository	Persistent ID / URL
Study registration (All Eyes on PCS Study)	ClinicalTrials.gov	ClinicalTrials.gov: NCT05635552
Study registration (Citrate–Acetate Study)	ClinicalTrials.gov	ClinicalTrials.gov: NCT05635552
Study registration (COMPLETE Study)	ClinicalTrials.gov	ClinicalTrials.gov: NCT02745340
Data availability	Available from corresponding author on reasonable request	Not publicly available (legal restrictions)
Code availability	Available from corresponding author on reasonable request	

#### Other

Description	Source / Repository	Persistent ID / URL
Dynamic Vessel Analyzer (DVA)	Imedos Health GmbH (Jena, Germany)	DVAlight
Static Vessel Analyzer (SVA)	Imedos Health GmbH (Jena, Germany)	VesselMap
Retinal camera	Topcon (Tokyo, Japan)	TRC-NW8
Cytometric Bead Array platform	BD Biosciences (San Diego, CA, USA)	CBA Flex System
Biomarker measurements	BD Biosciences	CBA Flex Sets: IL-6, ICAM-1, VCAM-1, MCP-1, CCL-5, CXCL10, VEGF
Statistical software	R Foundation for Statistical Computing	R version 4.2.1
Affinity publisher		Version 2.5.5

R packages used	CRAN	MatchIt; WeightIt; survey; gtsummary; ggplot2; pROC; corplot
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**Supplementary Table 2** Major Resources Table

**vFID as dependent variable**

Predictors	Estimates	CI	p
PCS	-0.70	-1.42 – 0.01	0.054
gender [male]	-0.41	-1.25 – 0.43	0.34
<b>Post-COVID-19 Syndrome × gender [male]</b>	-0.23	-1.70 – 1.23	0.75
Observations	287		
R <sup>2</sup> / R <sup>2</sup> adjusted	0.026 / 0.016		

**CRAE as dependent variable**

Predictors	Estimates	CI	p
PCS	-7.13	-11.78 – -2.48	<b>0.003**</b>
gender [male]	-4.51	-9.92 – 0.90	0.10
<b>Post-COVID-19 Syndrome × gender [male]</b>	3.09	-6.22 – 12.41	0.51
Observations	296		
R <sup>2</sup> / R <sup>2</sup> adjusted	0.041 / 0.031		

**AVR as the dependent variable**

Predictors	Estimates	CI	p
PCS	-0.03	-0.05 – -0.01	<b>&lt;0.001***</b>
gender [male]	0.00	-0.02 – 0.02	0.92
<b>Post-COVID-19 Syndrome × gender [male]</b>	0.01	-0.02 – 0.05	0.54
Observations	296		
R <sup>2</sup> / R <sup>2</sup> adjusted	0.049 / 0.039		

**Supplementary Table 3** Linear regression models examining the associations between Post-COVID-19 syndrome (PCS) and DVA parameter vFID and SVA parameters (CRAE and AVR). Models included sex (male vs female) and a PCS × sex interaction term to test for sex-specific effects. Estimates represent unstandardized regression coefficients with 95% confidence intervals (CI). Statistical significance is indicated as: \*p < 0.05; \*\*p < 0.01; \*\*\*p < 0.001.

Baseline characteristics	NI n = 96	Recovered n = 102	Post-COVID-19 Syndrome n = 102	p-value
Age, years, mean (±SD)	43.0 (± 14.5)	33.3 (±11.4)	41.9 (±11.6)	<b>&lt;0.001***</b>

Gender, female, n(%)	73 (76%)	73 (72%)	77 (75%)	>0.9
BMI, kg/m <sup>2</sup> , mean (±SD)	23.2 (±3.7)	23.5 (±4.0)	24.5 (±4.8)	0.090
RR <sub>syst</sub> <sup>1</sup> ,(mmHg), mean (±SD)	122.7 (±16.0)	116.7 (±15.7)	121.8 (±16.9)	<b>0.026*</b>
<b>Cardiovascular Risk Factors</b>				
Arterial Hypertension, n(%)	0 (0%)	5 (4.9%)	16 (16%)	<b>&lt;0.001***</b>
Hypercholesterolemia, n(%)	-	6 (5.9%)	22 (22%)	<b>0.003*</b>
Nicotine abuse, n(%)	11(11%)	14 (14%)	10 (9.8%)	0.7
Diabetes mellitus, n(%)	0 (0%)	0 (0%)	1 (1.0%)	0.4
<b>Acute SARS-CoV-2 infection</b>				
Number of infections, n(%)				<b>&lt;0.001***</b>
0	96 (100%)	0 (0%)	0 (0%)	
1	0 (0%)	62 (61%)	71 (70%)	
2	0 (0%)	31 (30%)	29 (28%)	
3	0 (0%)	8 (7.8%)	1 (1.0%)	
4	0 (0%)	1 (1.0%)	1 (1.0%)	
Severity of acute infection, n(%) (WHO progression scale)				<b>&lt;0.001***</b>
0	-	1(1.0%)	0 (0%)	
1	-	9(8.8%)	1 (1.0%)	
2	-	81(79%)	61(60%)	
3	-	10(9.8%)	34(33%)	
4	-	0 (0%)	4 (3.9%)	
5	-	0 (0%)	1 (1.0%)	
6	-	0 (0%)	1 (1.0%)	

8	-	1 (1.0%)	0 (0%)	
SARS-CoV-2 variants, n(%)				<b>0.004**</b>
alpha	-	1 (1.0%)	7 (6.9%)	
delta	-	2 (2.0%)	13 (13%)	
omicron	-	20 (20%)	19 (19%)	
unknown	-	79 (77%)	63 (62%)	
<b>PCS-related characteristics</b>				
Duration of PCS, days, median (IQR)	0.0 (0.0, 0.0)	0.0 (0.0, 0.0)	404.0 (291.0, 575.0)	-
Cumulative sick days, median (IQR)	-	0.0 (0.0, 0.0)	199.5 (44.0, 377.0)	<b>&lt;0.001***</b>
Work loss during PCS, n(%)	-	0 (0%)	16 (16%)	<b>&lt;0.001***</b>
PCS Severity Score, mean ( $\pm$ SD)	-	1.8 (5.9)	36.9 (10.6)	<b>&lt;0.001***</b>
C19-YRS, mean ( $\pm$ SD)	-	-	32.4 (14.0)	-
GAD7, median (IQR)	-	-	5.0 (2.0, 9.0)	-
PHQ9, mean ( $\pm$ SD)	-	-	10.4(4.3)	-
FSS, median (IQR)	-	2.3 (1.6, 3.1)	6.1 (5.1, 6.7)	<b>&lt;0.001***</b>
EQ5DL-Index, median (IQR)	-	-	0.6 (0.3, 0.8)	-
ME/CFS, n(%)	-	0 (0%)	62 (61%)	-
<b>Comorbidities</b>				
Depression, n(%)	-	10 (9.8%)	19 (19%)	0.2
Pre-existing mental conditions , n(%)	-	4 (4.0%)	8 (7.9%)	0.4
<b>Laboratory values</b>				

Leukocytes (G/L), mean (±SD)	6.0 (±1.5)	6.5 (±1.8)	6.7 (±1.8)	0.063
Platelets (G/L), mean (±SD)	-	270.5 (±56.7)	288.4 (±63.0)	<b>0.040*</b>
Neutrophils (%), mean (±SD)	-	58.2 (±9.4)	62.5 (±8.4)	<b>0.001**</b>
Lymphocytes (%), mean (±SD)	-	30.5 (±9.0)	28.0 (±7.7)	<b>0.041*</b>
Monocytes (%), median (IQR)	-	7.5 (6.0, 9.0)	7.0 (6.0, 8.0)	0.071
Eosinophils (%), median (IQR)	-	2.0 (1.0, 3.0)	2.0 (1.0, 3.0)	<b>0.028*</b>
Total Cholesterol (mg/dL), mean (SD)	195.9 (±35.2)	182.4 (±36.0)	202.9 (±44.3)	<b>0.002**</b>
LDL (mg/dL), mean (±SD)	108.2 (±25.1)	107.3 (±34.4)	127.7 (±40.0)	<b>0.001***</b>
HDL (mg/dL), mean (±SD)	69.2 (±14.8)	62.6 (±15.3)	62.2 (±15.1)	0.057
Hemoglobin (g/dL), mean (±SD)	14.5 (±1.5)	13.4 (±1.6)	13.8 (±1.3)	<b>&lt;0.001***</b>
Hematocrit (%), mean (±SD)	-	39.8 (±3.2)	40.4 (±3.2)	0.2
Ferritin (µg/L), median (IQR)	-	58.5 (27.5, 106.0)	78.0 (50.0, 152.0)	<b>0.008**</b>
CRP(mg/dl), median (IQR)	0.016 (0.02, 0.09)	0.18 (0.10, 0.20)	0.22 (0.09, 0.20)	<b>&lt;0.001***</b>
Transferrin (mg/dL), mean (±SD)	-	286.0 (±46.2)	260.9 (±33.2)	<b>&lt;0.001***</b>
Transferrin Saturation (%), mean (±SD)	-	27.8 (±12.6)	27.8 (±10.9)	>0.9
RDW-CV (%), median (IQR)	-	12.6 (12.2, 13.2)	12.6 (12.1, 13.1)	0.3
MCHC (g/dL), mean (±SD)	-	34.0 (±1.2)	34.1 (±1.0)	0.5

D-Dimer (ng/mL), median (IQR)	-	237.0 (199.0, 330.0)	227.0 (199.0, 387.0)	0.7
aPTT (sec), mean (±SD)	-	29.4 (±3.2)	29.8 (±3.1)	0.4
LDH (U/L), mean (±SD)	-	177.4 (±30.7)	176.0 (±28.9)	0.7
Creatine Kinase (U/L), median (IQR)	-	110.0 (75.0, 154.0)	81.5 (58.0, 102.0)	<0.001***
Total IgG (mg/dL), mean (±SD)	-	1,118.7 (±265.5)	1,081.1 (±204.4)	0.3
IgG1 (mg/dL), mean (±SD)	-	691.7 (±176.1)	669.5 (±137.3)	0.3
IgG2 (mg/dL), mean (±SD)	-	354.8 (±135.6)	357.4 (±113.8)	0.9
IgG3 (mg/dL), median (IQR)	-	31.0 (23.5, 40.4)	27.4 (19.5, 37.7)	0.021*
IgG4 (mg/dL), median (IQR)	-	55.8 (33.2, 82.2)	47.2 (25.9, 80.2)	0.4
TSH (mIU/L), median (IQR)	-	1.6 (1.2, 2.1)	1.4 (1.0, 2.0)	0.2

**Supplementary Table 4** presents baseline demographic, clinical, and laboratory characteristics of the three study cohorts: Never infected (NI) controls, Recovered individuals, and patients with Post-COVID-19 Syndrome (PCS). Continuous variables are reported as mean (±SD) or median (Q1, Q3), depending on distribution, and categorical variables as n (%). Statistical comparisons across groups were performed using one-way ANOVA, the Kruskal–Wallis test, or Pearson's  $\chi^2$  test, as appropriate. Abbreviations: Never infected, NI; BMI, Body Mass Index; RR<sub>syst</sub>, Blood pressure before RVA<sup>1</sup>; C19-YRS, COVID-19 Yorkshire Rehabilitation Scale; PHQ-9, Patient Health Questionnaire-9; GAD-7, Generalized Anxiety Disorder-7; FSS, Fatigue Severity Scale; EQ-5D-5L, EuroQol 5-Dimension 5-Level index; ME/CFS, Myalgic Encephalomyelitis/Chronic Fatigue Syndrome; LDL, Low-Density Lipoprotein Cholesterol; HDL, High-Density Lipoprotein Cholesterol; LDH, Lactate Dehydrogenase; MCHC, Mean Corpuscular Hemoglobin Concentration; RDW-CV, Red Cell Distribution Width–Coefficient of Variation; TSH, Thyroid-Stimulating Hormone; aPTT, Activated Partial Thromboplastin Time; CK, Creatine Kinase; IgG, Immunoglobulin G; IgG1–4, Immunoglobulin G subclasses 1–4. Missing data are reported as number of missing observations (n) for each group in the following order: NI, recovered, and PCS. Missing values were as follows: systolic blood pressure before RVA (RR<sub>syst</sub> ; 2, 11, 7); hypercholesterolemia (90, 0, 0); work loss during PCS (96, 0, 2); PCS Severity Score (90, 3, 0); C19-YRS score (96, 102, 1); PHQ-9 and GAD-7 (96, 102, 2); Fatigue Severity Scale (96, 5, 1); EQ-5D-5L index (96, 102, 57); ME/CFS status (-, 0, 1); depression diagnosis (96, 0, 0); pre-existing mental conditions (96, 1, 1); leukocytes (50, 8, 4); CRP (62, 7, 3); neutrophils (96, 12, 7); lymphocytes (96, 8, 4); monocytes (96, 8, 4); eosinophils (96, 10, 4); total cholesterol (62, 7, 3); LDL cholesterol (62, 19, 22); HDL cholesterol (62, 19, 22); hemoglobin (52, 7, 4); hematocrit, MCHC, RDW-CV, and platelets (all 96, 7, 4); D-dimer (96, 7, 13); aPTT (96, 7, 15); creatine kinase (96, 11, 4); ferritin (96, 6, 5);

transferrin (96, 6, 5); transferrin saturation (96, 6, 6); total IgG (96, 9, 3); IgG subclasses 1-4 (96, 9, 3); and TSH (96, 5, 3). Statistical significance is displayed as: \* p < 0.05; \*\* p < 0.01; \*\*\* p < 0.001.

Laboratory value	Comparison	Estimate ( $\beta$ )	95% CI	Standardized $\beta$	p
Hemoglobin (g/dL)	<b>NI vs. PCS</b>	0.75	0.26 – 1.25	0.20	<b>0.004**</b>
	Recovered vs PCS	-0.34	-0.75 – 0.07	-0.12	0.103
CRP (mg/L)	<b>NI vs. PCS</b>	1.04	0.76 – 1.93	-0.41	<b>&lt;0.001***</b>
	Recovered vs PCS	-0.05	-0.46 – 0.38	-0.02	0.682
Leukocytes (G/L)	<b>NI vs. PCS</b>	-0.69	-1.30 – -0.07	-0.14	<b>0.028*</b>
	Recovered vs PCS	-0.24	-0.74 – 0.25	-0.07	0.335

**Supplementary Table 5** Associations between cohort status and hemoglobin, C-reactive protein (CRP), and leukocyte counts estimated using linear regression models including NI, recovered, and PCS participants after correcting for age. PCS served as the reference category. Estimates represent beta coefficients with 95% confidence intervals. \*p < 0.05; \*\*p < 0.01; \*\*\*p < 0.001.

Laboratory value	Mean difference	95% CI	p
<b>Neutrophils (%)</b>	3.97	1.05 – 6.90	<b>0.008**</b>
Lymphocytes (%)	-2.05	-4.66 – 0.55	0.122
Platelets (G/L)	16.58	-2.52 – 35.69	0.088
Ferritin ( $\mu\text{g/L}$ )	0.06	-	0.151
<b>Transferrin (mg/dL)</b>	-16.57	-27.90 – -5.24	<b>0.004**</b>
LDL cholesterol (mg/dL)	10.10	-2.32 – 22.52	0.110
Total cholesterol (mg/dL)	7.65	-4.31 – 19.60	0.209
IgG3 (mg/dL)	-0.06	-	0.216
<b>Creatine kinase (U/L)</b>	-0.22	-	<b>&lt;0.001***</b>

**Supplementary Table 6** Group differences in laboratory values between PCS and recovered individuals were re-estimated in an age-balanced pseudo-population (ATO) using survey-weighted tests. Survey-weighted t-tests were applied for approximately normally distributed variables, and design-based rank tests were used for non-normally distributed variables (ferritin, IgG3, creatine kinase). Negative values indicate lower values in PCS than in recovered individuals \*\*p < 0.01; \*\*\* p < 0.001.

Dependent variable vFID						
	Estimate	CI	p	Estimate (Std. $\beta$ )	CI	p
NI	0.39	-0.33 – 1.11	0.291	0.37 (0.07*)	-0.36 – 1.11	0.319
<b>Recovered</b>	1.16	0.43 – 1.89	<b>0.002**</b>	1.39 (0.25*)	0.62 – 2.15	<b>&lt;0.001***</b>
Age				0.04	0.01 – 0.06	<b>0.002**</b>
Art. Hypertension				-0.74	-2.0 – 0.5	0.204
BMI				0.07	-0.01 – 0.2	0.055
RR <sub>syst</sub>				-0.01	-0.03 – 0.01	0.256
Observations	295			271		
R <sup>2</sup> / R <sup>2</sup> adjusted	0.05 / 0.04			0.08 / 0.06		

Dependent variable CRAE
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	Estimate	CI	p	Estimate (Std. $\beta$ )	CI	p
NI	5.83	1.49 – 10.17	<b>0.009**</b>	5.01 (0.15*)	0.76 – 9.26	<b>0.021*</b>
Recovered	7.82	3.54 – 12.11	<b>&lt;0.001***</b>	3.52 (0.11*)	-0.74 – 7.78	0.105
Age				-0.33	-0.48 – -0.19	<b>&lt;0.001***</b>
Art. Hypertension				-5.59	-12.7 – 1.5	0.123
BMI				0.05	-0.39 – 0.48	0.834
RR <sub>syst</sub>				-0.21	-0.32 – -0.10	<b>&lt;0.001***</b>
Observations	295			275		
R <sup>2</sup> / R <sup>2</sup> adjusted	0.05 / 0.04			0.21 / 0.19		

Dependent variable CRVE						
	Estimate	CI	p	Estimate	CI	p
NI	-1.7	-6.2 – 2.9	0.45	-1.25	-5.96 – 3.45	0.601
Recovered	4.1	-0.4 – 8.6	0.08	0.46	-4.35 – 5.26	0.852
Age				-0.30	-0.46 – -0.14	<b>&lt;0.001***</b>
Art. Hypertension				-5.14	-12.9 – 2.65	0.195
BMI				0.57	0.09 – 1.05	<b>0.021*</b>
RR <sub>syst</sub>				-0.11	-0.24 – -0.01	0.066
Observations	295			275		
R <sup>2</sup> / R <sup>2</sup> adjusted	0.02 / 0.02			0.1 / 0.09		

Dependent variable AVR						
	Estimate	CI	p	Estimate (Std. $\beta$ )	CI	p
NI	0.04	0.02 – 0.05	<b>&lt;0.001***</b>	0.03 (0.21*)	0.01 – 0.05	<b>0.002**</b>
Recovered	0.02	0.00 – 0.04	<b>0.017*</b>	0.01 (0.10*)	-0.01 – 0.03	0.167
Age				-0.0	-0.00 – 0.00	0.241
Art. Hypertension				-0.01	-0.04 – 0.02	0.521
BMI				-0.00	-0.00 – 0.00	0.057
RR <sub>syst</sub>				-0.00	-0.00 – 0.00	<b>0.041*</b>
Observations	295			275		
R <sup>2</sup> / R <sup>2</sup> adjusted	0.05 / 0.04			0.10 / 0.08		

**Supplementary Table 7** Multivariable linear regression models assessing associations between cohort status (NI and recovered, each compared with the reference group PCS) and RVA parameters, including vFID, CRAE, CRVE and AVR. Unadjusted models are shown in left columns. Adjusted models (right columns) additionally include age, sex, arterial hypertension, body mass index (BMI), and systolic blood pressure prior to retinal vessel analysis (RRsyst). Estimates are presented as regression coefficients with 95% confidence intervals (CI). \*Standardized (Std.)  $\beta$ -coefficients are presented in brackets. Sample sizes vary across models due to missing covariate data. Model fit is summarized using R<sup>2</sup> and adjusted R<sup>2</sup>. PCS served as the reference category in all models. Significance levels are indicated as \*p < 0.05, \*\*p < 0.01 and \*\*\*p < 0.001.

Variable	Mean Difference	95% CI	p-value
AVR	-0.02	-0.04 - 0.0003	0.053

<b>CRAE(µm)</b>	-5.6	-10.3 - -0.8	<b>0.022*</b>
CRVE(µm)	-2.2	-7.0 - 2.6	0.36
<b>vFID(%)</b>	-1.3	-2.0 - -0.5	<b>0.0012**</b>
aFID(%)	-0.4	-1.1 - 0.2	0.19

**Supplementary Table 8** Sensitivity analysis adjusting for age using overlap weighting (ATO). Group differences in RVA parameters were re-estimated using survey-weighted t-tests in an age-balanced pseudo-population. Negative values indicate lower values in PCS than in recovered individuals. \*p < 0.05; \*\*p < 0.01.

**Post-hoc Tukey HSD comparisons for AVR between cohorts**

<i>Comparison</i>	<i>Adjusted p-value (post-hoc)</i>
<b>PCS with ME/CFS vs. NI</b>	<b>&lt;0.001***</b>
PCS without ME/CFS vs. NI	0.328
Recovered vs. NI	0.274
PCS without ME/CFS vs. PCS with ME/CFS	0.131
<b>Recovered vs. PCS with ME/CFS</b>	<b>0.010**</b>
Recovered vs. PCS without ME/CFS	0.987

**Post-hoc Tukey HSD comparisons for CRAE between cohorts**

<i>Comparison</i>	<i>Adjusted p-value (post-hoc)</i>
PCS with ME/CFS vs. NI	0.263
PCS without ME/CFS vs. NI	0.433
Recovered vs. NI	0.624
PCS without ME/CFS vs. PCS with ME/CFS	1.00
<b>Recovered vs. PCS with ME/CFS</b>	<b>0.020*</b>
Recovered vs. PCS without ME/CFS	0.073

**Post-hoc Tukey HSD comparisons for vFID between cohorts**

<i>Comparison</i>	<i>Adjusted p-value (post-hoc)</i>
PCS with ME/CFS vs. NI	0.890
PCS without ME/CFS vs. NI	0.790
Recovered vs. NI	0.140
PCS without ME/CFS vs. PCS with ME/CFS	0.991
<b>Recovered vs. PCS with ME/CFS</b>	<b>0.046*</b>
Recovered vs. PCS without ME/CFS	0.052

**Supplementary Table 9** Post-hoc pairwise comparisons for RVA parameters vFID, CRAE and AVR, central between never infected (NI) controls, recovered individuals, PCS patients without ME/CFS, and PCS patients fulfilling ME/CFS criteria. Comparisons were performed following overall group differences using one-way analysis of variance with Tukey's honestly significant difference (HSD) correction for multiple testing. Adjusted p-values are reported. Statistical significance is indicated as \*p < 0.05, \*\*p < 0.01, and \*\*\* p < 0.001.

<i>Predictors</i>	<b>vFID as the dependent variable</b>		
	<i>Estimates (Std. <math>\beta</math>)</i>	<i>CI</i>	<i>p</i>
NI	0.20 (0.03*)	-0.65 – 1.05	0.642
PCS without ME/CFS	-0.33 (-0.04*)	-1.36 – 0.70	0.519
<b>Recovered</b>	1.26 (0.23*)	0.41 – 2.11	<b>0.004**</b>
<b>Age</b>	0.04	0.01 – 0.06	<b>0.004**</b>
Gender [male]	-0.38	-1.11 – 0.36	0.314
BMI	0.07	-0.01 – 0.15	0.076
RR <sub>syst<sup>1</sup></sub>	-0.01	-0.03 – 0.01	0.466
Arterial hypertension	-0.77	-2.00 – 0.45	0.217

CRAE as the dependent variable			
Predictors	Estimates (Std. $\beta$ )	CI	p
NI	5.03 (0.14*)	-0.44 – 10.50	0.063
PCS without ME/CFS	1.78 (0.03*)	-4.88 – 8.43	0.611
Recovered	3.88 (0.11*)	-1.57 – 9.32	0.156
Age	-0.34	-0.50 – -0.17	<0.001***
Gender [male]	-1.21	-5.93 – 3.51	0.601
BMI	0.05	-0.44 – 0.54	0.812
RR <sub>syst</sub> <sup>1</sup>	-0.22	-0.36 – -0.09	0.001**
Arterial hypertension	-5.19	-13.09 – 2.71	0.185

AVR as the dependent variable			
Predictors	Estimates (Std. $\beta$ )	CI	p
NI	0.04 (0.32*)	0.02 – 0.07	<0.001***
PCS without ME/CFS	0.03 (0.14*)	0.00 – 0.05	0.049*
Recovered	0.02 (0.17*)	0.00 – 0.05	0.028*
Age	-0.00	-0.00 – 0.00	0.422
Gender [male]	0.01	-0.00 – 0.03	0.130
BMI	-0.00	-0.00 – 0.00	0.085
RR <sub>syst</sub> <sup>1</sup>	-0.00	-0.00 – -0.00	0.018*
Arterial hypertension	-0.01	-0.04 – -0.02	0.513

**Supplementary Table 10** Multivariable regression analyses examining associations between cohort subgroups never-infected (NI), recovered individuals, and PCS patients without ME/CFS and RVA parameters vFID, CRAE and AVR. All models were adjusted for age, sex, body mass index (BMI), systolic blood pressure prior to retinal vessel analysis (RRsyst), and arterial hypertension. Regression coefficients are presented with 95% confidence intervals (CI) and corresponding p-values. \*Standardized (Std.)  $\beta$ -coefficients are presented in brackets. The reference group is PCS patients fulfilling ME/CFS criteria. Statistical significance is indicated as \*p < 0.05, \*\*p < 0.01, and \*\*\* p < 0.001.

Variable	OR (95% CI)	p-value	AUC (95% CI)	Biological domain
<b>Creatine kinase</b>	0.996 (0.99–1.00)	0.12	0.72 (0.64–0.80)	Muscle metabolism
<b>IL-6</b>	1.26 (1.10–1.51)	<b>0.005**</b>	0.70 (0.61–0.78)	Inflammation
<b>CRP</b>	1.29 (0.46–3.38)	0.59	0.66 (0.56–0.76)	Inflammation
<b>VCAM-1</b>	1.00006 (1.00–1.00)	<b>0.027*</b>	0.65 (0.57–0.74)	Endothelial activation
<b>ICAM-1</b>	1.0009 (1.00–1.00)	<b>0.002**</b>	0.65 (0.56–0.73)	Endothelial activation
<b>AVR</b>	0.006 (0.000004–0.07)	<b>0.003**</b>	0.62 (0.54–0.70)	Retinal microcirculation

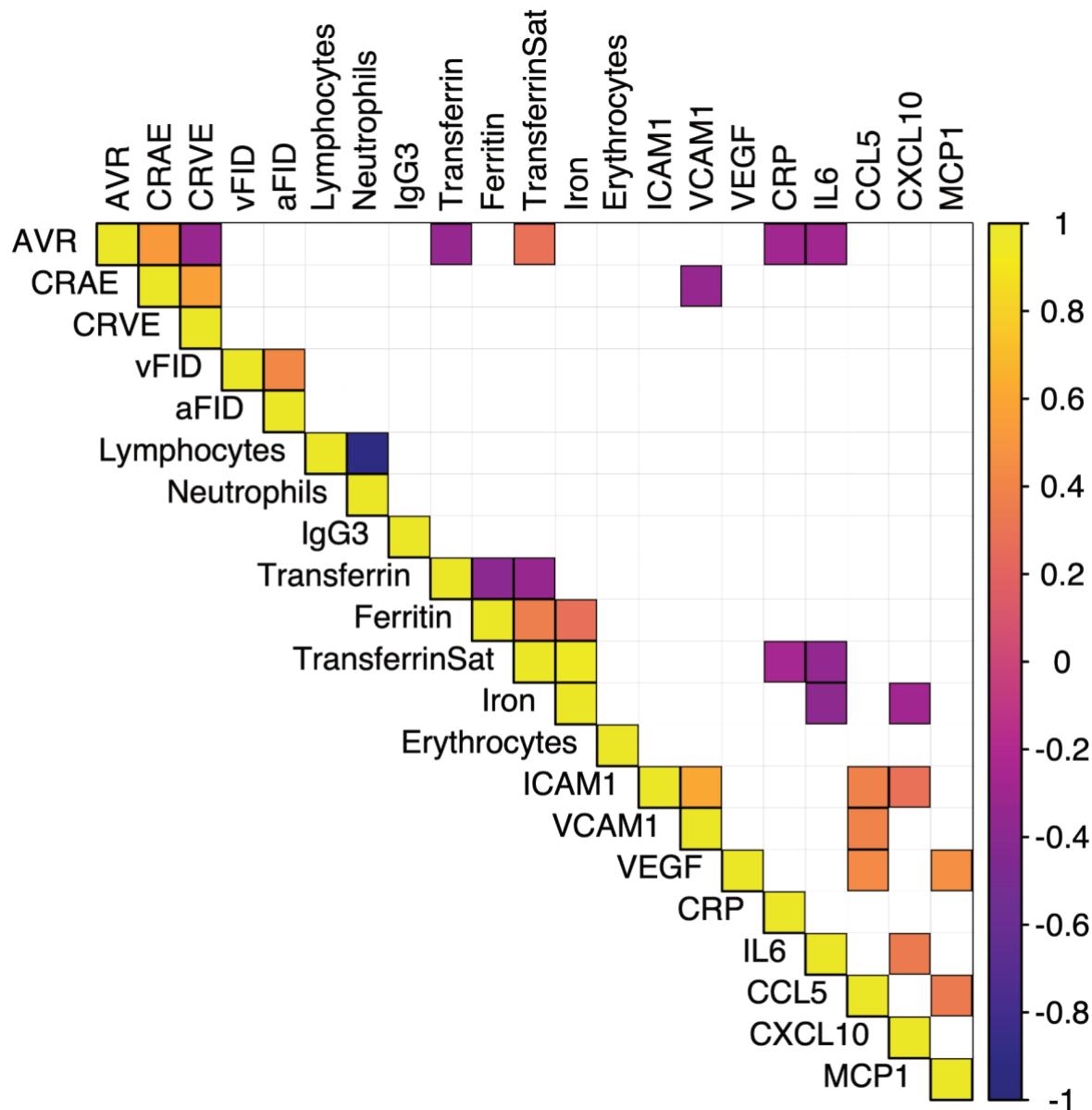
<b>LDL cholesterol</b>	1.01 (1.00–1.02)	<b>0.024*</b>	0.62 (0.52–0.71)	Lipid metabolism
<b>Transferrin</b>	0.99 (0.98–1.00)	<b>0.008**</b>	0.61 (0.53–0.69)	Iron metabolism
<b>Cholesterol</b>	1.01 (1.00–1.02)	<b>0.011*</b>	0.61 (0.52–0.69)	Lipid metabolism
<b>Platelets</b>	1.01 (1.00–1.01)	<b>0.009**</b>	0.61 (0.52–0.69)	Coagulation
<b>Neutrophils</b>	1.05 (1.01–1.09)	<b>0.012*</b>	0.60 (0.53–0.69)	Inflammation
<b>CRAE</b>	0.98 (0.96–1.00)	<b>0.019*</b>	0.60 (0.52–0.68)	Retinal microcirculation
<b>aFID</b>	0.87 (0.75–1.00)	0.063	0.60 (0.51–0.69)	Retinal microcirculation
vFID	0.90 (0.80–1.02)	0.10	0.58 (0.50–0.66)	Retinal microcirculation
Ferritin	1.00 (1.00–1.00)	0.59	0.57 (0.49–0.66)	Iron metabolism
MCP-1	1.01(0.99 - 1.03)	0.070	0.57 (0.49–0.66)	Inflammation
aPTT	1.03 (0.93–1.14)	0.52	0.55 (0.46–0.64)	Coagulation
IgG3	0.99 (0.97–1.01)	0.49	0.54 (0.46–0.63)	Humoral immunity
IgG	1.00 (1.00–1.00)	0.49	0.54 (0.46–0.63)	Humoral immunity
CCL-5	1.00 (1.00–1.00)	0.20	0.54 (0.45–0.63)	Inflammation
TAG	1.00 (1.00–1.01)	0.64	0.53 (0.44–0.63)	Lipid metabolism
Hemoglobin	1.13 (0.91–1.42)	0.30	0.53 (0.44–0.62)	Oxygen transport
Prothrombin time	1.00 (NA–1.00)	0.64	0.53 (0.43–0.62)	Coagulation
CRVE	1.00 (0.98–1.02)	0.81	0.50 (0.41–0.59)	Retinal microcirculation

D-Dimer	1.00 (1.00–1.00)	0.26	0.49 (0.40–0.59)	Coagulation
INR	0.78 (0.01–85.07)	0.92	0.49 (0.41–0.57)	Coagulation
CXCL-10	1.00 (1.00–1.00)	0.95	0.49 (0.40–0.58)	Inflammation
Monocytes	0.91 (0.79–1.03)	0.17	0.45 (0.36–0.53)	Inflammation

**Supplementary Table 11** Univariable logistic regression and receiver operating characteristic (ROC) analyses for discrimination of ME/CFS among previously infected individuals. Odds ratios (ORs) with 95% confidence intervals (CI) describe the association between each variable and ME/CFS status. Discriminatory performance is reported as area under the ROC curve (AUC) and the CI calculated using DeLongs' method. For each variable the biological domain is shown. Abbreviations: IL-6, interleukin-6; CRP, C-reactive protein; ICAM-1, intercellular adhesion molecule-1; VCAM-1, vascular cell adhesion molecule-1; LDL, low-density lipoprotein cholesterol; IgG, Immunoglobulin; TAG, triglycerides; aPTT, activated partial thromboplastin time; INR, international normalized ratio; MCP-1, Monocyte chemoattractant protein-1; CCL-5, C-C motif chemokine ligand 5; CXCL-10, C-X-C motif chemokine ligand 10; IL6, ICAM-1, VCAM-1, MCP-1, CCL-5, CXCL-10 all n=190, Statistical significance is indicated as \*p < 0.05, \*\*p < 0.01, and \*\*\*p < 0.001.

	Predictor	Estimate	95% CI	p-value
<b>VCAM-1 (pg/mL)</b>	Recovered	-2319.6	-3265.5 to -1373.7	<b>&lt;0.001***</b>
<b>ICAM-1 (pg/mL)</b>	Recovered	-358.9	-529.2 to -188.6	<b>&lt;0.001***</b>
IL-6 (pg/mL)	Recovered	-0.24	-0.56 to 0.08	0.14
MCP-1 (pg/mL)	Recovered	-3.52	-7.87 to 0.84	0.11

**Supplementary Table 12** Values are regression coefficients with 95% confidence intervals derived from robust linear regression models (M-estimation). Models were adjusted for age. The reference cohort is the "recovered cohort". Significance levels: \*\*\*p < 0.001



**Supplemental Figure 1** Spearman correlation heatmap between selected laboratory parameters and RVA metrics in PCS patients. Significant correlations ( $p < 0.05$ ) after Benjamini–Hochberg FDR correction are shown. Spearman's  $\rho$  ranges from +1 (yellow) to -1 (blue).