

Questionnaire:

Section I: SOCIO-DEMOGRAPHIC PART			
QN	Question	Response	Remarks
1	Age(completed in years)	
2	Sex	1. Male 2. Female 3. Transgender	
3	Place of Origin	1. Metropolitan city 2. Municipality 3. Sub Metropolitan City 4. Rural Municipality	
4	Ethnicity	1. Brahmin/Chhetri 2. Dalit 3. Janajati 4. Madhesi 5. Muslim 6. Others	
5	Religion	1. Hindu 2. Buddha 3. Muslim 4. Kirat 5. Cristian 6. Others	
6	Marrital Status	1. Never Married 2. Married or living together 3. Separated/Divorced 4. Widowed	
7	Educational Status	1. Only read and write 2. Basic(1-8)	

		3. Secondary(9-12) 4. More than secondary	
8	Functional Status	1. Yes 2. No	
8.1	If yes Occupation Status	1. Agriculture 2. Housewife 3. Job 4. Labor 5. Business 6. Foreign Employment 7. Others	
9	Risk group	1. Sex worker 2. People who inject drug(PWID) 3. MSM and TG 4. Blood or organ recipient 5. Clients of sex worker 6. Migrants 7. Spouse/Partner migrants 8. Other	
10	Family Income	
Section II: HIV Related Part			
11	Duration of Diagnosis	1. Short-Term(less than1 Year) 2. Mid-Term(1year- 5years) 3. Long-Term(more than 5years)	
12	Modes of Transmission	1. Unsafe Sexual contact 2. Vertical transmission 3. Sharing needles and blades 4. Organ or blood donation	
13	Physical relation with your partner after diagnosis	1. Yes 2. No	
13.1	If yes how many life time sex partner	1. equal to one 2. more than one	
13.2	If yes HIV status of partner	1. Positive	

		2. Negative 3. Inconclusive 4. Don't Know	
14	Disclosure of HIV Status	1. Yes 2. No	
14.1	If yes with whom	1. With Intimate partner 2. With family 3. Close friends 4. Relatives 5. With every one	
15	Reason for HIV testing	1. STI 2. TB 3. Pregnancy 4. Surgery 5. HIV/AIDS Symptoms 6. Child delivered from positive mother 7. None of above(pleased specify)	
16	Used condom last sex	1. Yes 2. No 3. Forgot	

Section III: Psychological Related Question			
17	Do you feel excluded due to HIV	1. Yes 2. No	
17.1	If yes where(multiple answer)	1. Community 2. Job 3. School/college 4. Health Service 5. Family members	

		6. others	
18	Do you feel hopeless due to HIV	1. Yes 2. No	
19	Do you feel depressed due to HIV	1. Yes 2. No	

Section IV: HIV stigma scale			
1	In your life , any one knows you have HIV	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
2	Did you feel guilty because of HIV	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
3	Due to the people's attitudes about HIV makes you feel worse about your self	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
4	Did you tell someone you have HIV risky	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
5	What is your opinion People with HIV lose job when employers find out	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
6	Did you work hard to keep your HIV a secret	1. Strongly disagree 2. Disagree	

		3. Agree 4. Strongly agree	
7	Did you feel that you are not good person than other because you have HIV	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
8	Did you never feel ashamed of having HIV	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
9	People with HIV are treated like outcasts	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
10	Most people believe a person who has HIV is dirty	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
11	It is easier to avoid new friendships than worry about telling someone that I have HIV	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
12	Having HIV makes me feel unclean	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
13	Since learning I have HIV, I feel set apart and isolated from the rest of the world	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
14	Most people think a person with HIV	1. Strongly disagree	

	is disgusting	2. Disagree 3. Agree 4. Strongly agree	
15	Having HIV makes me feel I'm a bad person	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
16	Most people with HIV are rejected when others find out	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
17	I am very careful who I tell that I have HIV	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
18	Some people who know I have HIV have grown more distant	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
19	Since learning I have HIV, I worry about people discriminating against me	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
20	Most people are uncomfortable around someone with HIV	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
21	I never feel the need to hide the fact I have HIV	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	

22	I worry that people may judge me when they learn I have HIV	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
23	Having HIV in my body is disgusting to me	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
24	I have been hurt by how people reacted to learning I have HIV	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
25	I worry people who know I have HIV will tell others	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
26	I regret having told some people that I have HIV	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
27	As a rule, telling others that I have HIV has been a mistake	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
28	People avoid touching me once they know I have HIV	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
29	People I care about stopped calling after learning I have HIV	1. Strongly disagree 2. Disagree	

		3. Agree 4. Strongly agree	
30	People have told me that getting HIV is what I deserve for how I lived my life	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
31	Some people close to me are afraid others will reject them if it becomes known I have HIV	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	
32	People don't want me around their children once they know I have HIV	1. Strongly disagree 2. Disagree 3. Agree 4. Strongly agree	