

Supplemental Appendix

Survey sent to students at one-year follow-up

Proactive Well-Being Check-Ins

Q1

During your first few months at Duke University School of Medicine, you participated in a proactively scheduled well-being check-in meeting. We value your honest feedback.

Q2

During your first few months at Duke University School of Medicine, you participated in a proactively scheduled well-being check-in meeting. We value your honest feedback.

Q3 How easy/acceptable was it for you to attend the well-being check-in?

- Very easy
- Somewhat easy
- Neutral
- Somewhat difficult
- Very difficult

Q4 Were you referred to any services to support your well-being?

- Yes
 - No
 - Unsure
 - Prefer not to answer
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Q5 If you were referred for services to support you, how easy was it for you to access those services?

- Very easy
 - Somewhat easy
 - Neither easy nor difficult
 - Somewhat difficult
 - Very difficult
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Q6 If you had a concern moving forward, how comfortable would you be reaching out to the person who completed your well-being check-in?

- Very comfortable
 - Somewhat comfortable
 - Neither comfortable nor uncomfortable
 - Somewhat uncomfortable
 - Very uncomfortable
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Q7 Did you learn anything new or different about yourself as a result of completing your well-being check-in?

- Yes
 - No
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Q8 If it were your decision, would proactively scheduled well-being check-ins be available to students starting out at Duke University School of Medicine?

- Yes
 - No
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Q9 Please provide any feedback you would like to share. If you referred other students to Le Well, please include that information. Thank you!