Questionnaire for "Assessment of Oral Hygiene Practices and Associated Risk Factors among Dental Patients in Kabul, Afghanistan: A Cross-Sectional Study"

1. Age: _____

2. Gender: ☐ Male ☐ Female

3. Family economic status:

☐ Poor ☐ moderate ☐ good

4. Educational level?

☐ School student ☐ University student ☐ University graduated ☐ Postgraduate (Master) Degree

5. Do you use non-alcoholic beverages (☐ energy drinks ☐ carbonated ☐ fruit juice)?

☐ No ☐ Sometimes ☐ Mostly

6. Do you use sweets and chocolates? If yes, how much?

☐ No ☐ Sometimes ☐ Mostly

7. Do you use sour fruits and sour or pickled foods? If yes, how much?

☐ No ☐ Sometimes ☐ Mostly

8. Do you have snacks in addition to three meals?

☐ No ☐ Sometimes ☐ Mostly

9. Do you have a stomach disease that causes acid regurgitation to the mouth (GERD)?

☐ No ☐ Yes

10. Do you complain of dry mouth?

☐ No ☐ Yes

11 Do you have the habit of grinding your teeth, especially while sleeping?

☐ No ☐ Yes

12 Do you regularly use medications such as aspirin, antihistamines, etc.?

☐ No ☐ Yes

13. Do you floss your teeth?

☐ No ☐ Sometimes ☐ Mostly

14. Do you brush your teeth? If yes, when?

☐ No ☐ immediately after meals ☐ in the morning ☐ Night before going to bed

15. Do you have a regular schedule for checking or examining your teeth at the dentist office?

☐ No ☐ Every six months ☐ Yearly ☐ When got a toothache