

1 Additional file 1 – COREQ Checklist

No	Item	Guide question/description	Answer
Domain 1: Research team and reflexivity			
Personal Characteristics			
1	Interviewer/facilitator	Which author(s) conducted the interview or focus group?	<i>See methods – data collection.</i>
2	Credentials	What were the researcher's credentials? e.g. PhD, MD	<i>The first author is a PhD student.</i>
3	Occupation	What was their occupation at the time of the study?	<i>The first author worked as a researcher at the time of the study, with a background in speech therapy and health policy and management.</i>
4	Gender	Was the researcher male or female?	<i>The researcher is female.</i>
5	Experience and training	What experience or training did the researcher have?	<i>See methods – data collection.</i>
Relationship with participants			
6	Relationship established	Was a relationship established prior to study commencement?	<i>No, the participants were only recruited for this study.</i>
7	Participant knowledge of the interviewer	What did the participants know about the researcher? e.g.	<i>The interviewer, her occupation and</i>

		<i>personal goals, reasons for doing the research</i>	<i>background were briefly introduced at the beginning of the focus groups. See additional file 2 and 3.</i>
8	Interviewer characteristics	What characteristics were reported about the interviewer/facilitator? e.g. <i>bias, assumptions, reasons and interests in the research topic</i>	<i>The interviewer and her motivation were briefly introduced at the beginning of the focus groups. See – additional file 2 and 3.</i>
Domain 2: study design			
Theoretical framework			
9	Methodological orientation and theory	What methodological orientation was stated to underpin the study? e.g. <i>grounded theory, discourse analysis, ethnography, phenomenology, content analysis</i>	<i>See methods – data analysis.</i>
Participant selection			
10	Sampling	How were participants selected? e.g. <i>purposive, convenience, consecutive, snowball</i>	<i>See methods – participants.</i>
11	Method of approach	How were participants approached? e.g. <i>face-to-face, telephone, mail, email</i>	<i>See methods – participants.</i>

12	Sample size	How many participants were in the study?	<i>See results.</i>
13	Non-participation	How many people refused to participate or dropped out? Reasons?	<i>N/A.</i>
Setting			
14	Setting of data collection	Where was the data collected? <i>e.g. home, clinic, workplace</i>	<i>See methods – data collection.</i>
15	Presence of nonparticipants	Was anyone else present besides the participants and researchers?	<i>No.</i>
16	Description of sample	What are the important characteristics of the sample? <i>e.g. demographic data, date</i>	<i>See Table 2.</i>
Data collection			
17	Interview guide	Were questions, prompts, guides provided by the authors? Was it pilot tested?	<i>See methods – data collection.</i>
18	Repeat interviews	Were repeat interviews carried out? If yes, how many?	<i>No.</i>
19	Audio/visual recording	Did the research use audio or visual recording to collect the data?	<i>Audio recording. See methods – data collection.</i>
20	Field notes	Were field notes made during and/or after the interview or focus group?	<i>Yes. See methods – data collection.</i>

21	Duration	What was the duration of the interviews or focus group?	<i>See results.</i>
22	Data saturation	Was data saturation discussed?	<i>Yes. See methods – data collection.</i>
23	Transcripts returned	Were transcripts returned to participants for comment and/or correction?	<i>No.</i>
Domain 3: analysis and findings			
Data analysis			
24	Number of data coders	How many data coders coded the data?	<i>See methods – data analysis.</i>
25	Description of the coding tree	Did authors provide a description of the coding tree?	<i>No.</i>
26	Derivation of themes	Were themes identified in advance or derived from the data?	<i>Derived from the data. See methods – data analysis.</i>
27	Software	What software, if applicable, was used to manage the data?	<i>Nvivo 14. See methods – data analysis.</i>
28	Participant checking	Did participants provide feedback on the findings?	<i>No.</i>
Reporting			
29	Quotations presented	Were participant quotations presented to illustrate the themes/findings? Was each	<i>Yes, see results.</i>

		quotation identified? e.g. <i>participant number</i>	
30	Data and findings consistent	Was there consistency between the data presented and the findings?	<i>See results.</i>
31	Clarity of major themes	Were major themes clearly presented in the findings?	<i>Yes. See results, discussion and conclusion.</i>
32	Clarity of minor themes	Is there a description of diverse cases or discussion of minor themes?	<i>Yes. See results, discussion and conclusion.</i>