

# Supplementary file 1:

## Contextual Background Aruba

### Supplement to:

Bracing for the next pandemic: Stakeholders and communities' perspectives on infectious disease risks and prevention on Aruba

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## **1. Demographics**

Aruba is located north of Venezuela and spans about 180 square kilometres (van Duyl et al., 2024). It is home to a registered population of 107,354 residents (2023) with a mix of backgrounds, originating from 140 countries and representing 97 nationalities (Central Bureau Statistics, 2024). Additionally, relative to its national populations, the island of Aruba hosts the largest number of refugees and other people in need of international protection. This is mainly because of the estimated 17,000 Venezuelans on the island (Central Bureau Statistics, 2023).

## **2. Political context**

Aruba forms part of the Kingdom of the Netherlands and has exercised full internal autonomy since 1986, following its separation from the Dutch Antilles. It maintains its own constitution, independent legal framework, and a democratically chosen government. This government is responsible for delivering healthcare and public services, managing education and health sectors, and regulating local policy areas (Premdas, 1996).

Multiple stakeholder groups are involved in Aruba's health governance. Regarding the human health domain, key stakeholders include the Department of Public Health, the hospital, and general practitioners (Directie Volksgezondheid, 2025). These are actors involved in disease prevention, surveillance, health promotion, and responding to public health risks. Animal health falls under the Veterinary Service, which operates within the Department of Public Health. Its responsibilities include import and export control of live animals, veterinary public health measures, and the management of public abattoir, where ante-mortem and post-mortem inspections are conducted. Environmental health is managed by stakeholders with the Directorate of Nature and Environment, as the primary governmental body responsible for environmental regulation, monitoring, and enforcement (Directorate of Nature & Environment Aruba, 2025). Serlimar, Aruba's solid waste agency, is responsible for landfill and waste management (Government of Aruba, 2025).

### **3. Health context**

From the 1950s to the 1990s, Aruba had some of the best health outcomes in the Caribbean, with a strong increase in life expectancy during that period. However, since the mid-1990s, this progress has slowed down, yet life expectancy still increased by 0.18% in recent years (MacroTrends, 2025). This stagnation has been linked to the rise of non-communicable diseases. From 1999 to 2017, non-communicable diseases emerged as the primary causes of death on Aruba, responsible for 70% of mortality. The main contributors included heart disease, cancer, diabetes, and chronic respiratory illnesses (Deenstra et al., 2017; Pan American Health Organisation, 2024a). Risk factors such as obesity, physical inactivity, and an aging population play an important role (Pan American Health Organisation, 2024a, 2024b).

Regarding communicable diseases, Aruba faces a set of challenges, particularly due to its geographic location, climate, and population dynamics (Stewart-Ibarra et al., 2019; The Pandemic Fund, 2023). Zoonotic diseases, which are transmitted from animals to humans, represent a significant proportion of all emerging infectious diseases (Deiana et al., 2024; Skowron et al., 2023; Wikle, 2024). Vector-borne diseases such as Dengue, Chikungunya, and Zika pose notable risks due to the presence of competent mosquito vectors including *Aedes aegypti* (Duijster & Hahné, 2016). Aruba also reports cases of airborne illnesses such as COVID-19 and influenza. The risk of communicable disease outbreaks is compounded by Aruba's high volume of international travel and tourism, which facilitates pathogen introduction and rapid spread (Baker, 2015; Stewart-Ibarra et al., 2019).

### **4. Environment/ecosystem**

The average daytime temperatures on Aruba typically stays around 30°C, with nights cooling to around 25°C. Rainfall on Aruba follows a seasonal pattern, with majority falling between October and January, and remains relatively low at approximately 400 to 500 millimetres annually. As a result, the island is predominantly dry, and extended periods of drought are not uncommon (Ridderstaat et al., 2014; Schmutz et al., 2017). Because of this, Aruba's natural landscape is dominated by drought-resistant plants like cacti, thorny bushes, and small tree species. The landscape is part of a xeric (dry) shrubland biome,

which means there is very little dense greenery or forested areas (Van Der Burg et al., 2012; Wege et al., 2010).

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