

Assessment of Fellow Burnout Levels

1. Please select

	Strongly Disagree	Disagree	Neither agree nor disagree	Agree	Strongly Agree
1. I regularly feel burned out from my work.	☐	☐	☐	☐	☐
2. Recently, I have become more callous toward people both in my personal and professional life.	☐	☐	☐	☐	☐
3. Overall, I believe I work in an excellent organization.	☐	☐	☐	☐	☐
4. People generally support one another in the unit on which I work.	☐	☐	☐	☐	☐
5. I feel comfortable bringing up problems and tough issues to my supervisor and leaders.	☐	☐	☐	☐	☐
6. I feel well-informed about important decisions at my organization	☐	☐	☐	☐	☐
7. I am confident that I can participate effectively in efforts to make improvements on my unit/at my organization.	☐	☐	☐	☐	☐
8. I feel recognized for my contribution at my organization.	☐	☐	☐	☐	☐
9. My team is given					

feedback about changes put into place based on event reports.	☐	☐	☐	☐	☐
10. I feel I have control over my daily workload.	☐	☐	☐	☐	☐
11. I generally feel tired when I get up in the morning and have to face another day at work.	☐	☐	☐	☐	☐
12. In my work, I feel like I have a positive influence on people.	☐	☐	☐	☐	☐

2. In your openion, what are the most effective ways to reduce burnout?