

Psoriasis High-Frequency Questions

- 1. What is psoriasis?**
- 2. What causes psoriasis?**
- 3. Why is psoriasis so prone to recurrence?**
- 4. Is psoriasis hereditary? What is the probability of inheritance?**
- 5. Does psoriasis affect fertility? Can I have children?**
- 6. Can only adults get psoriasis?**
- 7. Is psoriasis just a skin disease?**
- 8. Can psoriasis be cured completely?**
- 9. Do psoriasis patients need to avoid certain foods? What should they pay attention to in their diet?**
- 10. Can people with psoriasis drink alcohol?**
- 11. Can psoriasis patients smoke?**
- 12. Why does staying up late worsen psoriasis?**
- 13. Is psoriasis related to seasons?**
- 14. Is the incidence of psoriasis related to geographical environment?**
- 15. Why does increased stress exacerbate psoriasis?**
- 16. Is exercise beneficial for psoriasis?**
- 17. Is the onset of psoriasis related to infections?**

18.Why does the recurrence or exacerbation of psoriasis occur when immunity decreases?

19.Why should psoriasis patients avoid catching a cold?

20.Is psoriasis related to body weight?

21.Why does psoriasis cause scaling?

22.Can psoriasis be accompanied by other diseases?

23.What are the treatment methods for psoriasis?

24.What are the side effects of long-term topical steroid use in psoriasis patients?

25.Is there a specific effective treatment for psoriasis?

26.Why is it important to enhance skin hydration for psoriasis?

27.How can the recurrence of psoriasis be reduced in daily life?

28.What is biologic therapy for psoriasis?

29.What are the advantages of biologic therapy for psoriasis?

30.What biologics for psoriasis are currently available on the market in mainland China?

31.Which patients with psoriasis are eligible for biologic therapy?

32.What tests are required for biologic therapy in psoriasis?

33.What are the side effects of biologic therapy for psoriasis?

34. Can biologic therapy cure psoriasis?

35. How long is the course of biologic therapy for psoriasis? Is it necessary to continue treatment for life?

36. What is the approximate cost of biologic therapy for psoriasis?

37. After using biologics, will other medications become ineffective?

38. How long should a female patient wait to conceive after using biologics for psoriasis?

39. Is breastfeeding possible while undergoing biologic therapy for psoriasis?

40. Does everyone respond well to biologics for psoriasis?