

Data collection form

General Data

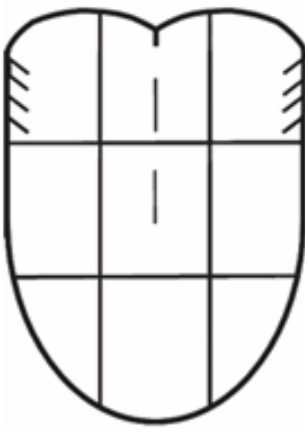
Gender..... Age.....

Medical history

.....

Oral hypofunction Assessment

1. Oral hygiene (Tongue Coating Index)



TCI = /18 x 100 = % ☐ 50% or higher

2. Oral moisture

1st time: 2nd time: 3rd time:

Median: ☐ Less than 27

3. Occlusal force

..... Natural teeth (excluding remaining roots and teeth with mobility 3) ☐ Less than 20 natural teeth

4. Tongue-lip motor function (Oral diadochokinesis)

Pa: times/s Ta: times/s Ka: times/s

☐ Any one less than 6 per second

5. Tongue pressure

1st time: kPa 2nd time: kPa 3rd time: kPa

Average: kPa ☐ Less than 30 kPa

6. Masticatory function (Gummy jelly)

..... Score ☐ Score 2 or less

7. Swallowing function (RSST)

..... Times/30 seconds ☐ Less than 2 times

Oral hypofunction

☐ 3 or more items

Sarcopenia Assessment

1. Muscle mass (Calf circumference)

..... Cm

2. Muscle strength (Grip strength)

..... Kg

Male: ☐ Less than 28 ☐ 28 or higher

Female: ☐ Less than 18 ☐ 18 or higher

3. Physical performance (Gait speed)

..... meter/second

☐ Less than 1 ☐ 1 or higher

Sarcopenia

☐ Sarcopenia (low muscle mass + low muscle strength or low physical performance)