

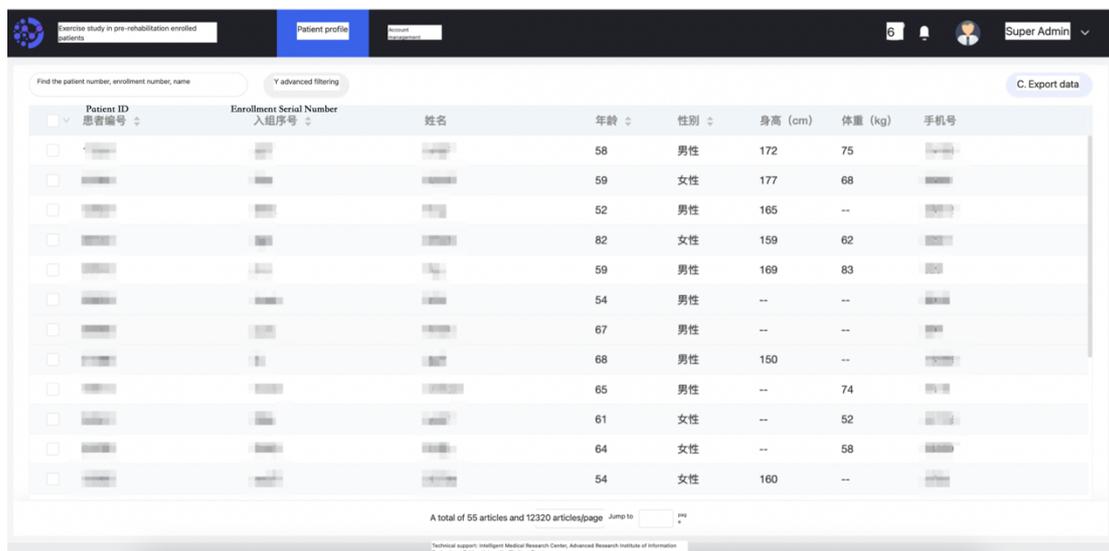
User Manual for the Exercise Research of Pre - rehabilitation Enrolled Patients

Main Functional Modules

1. Patient Information

1.1 Main List

The patient information takes the patient list as the core and displays the information of patients in the research. The basic information data of patients all come from the mobile terminal filling. After the information is filled in, it is transmitted back to the platform.



Patient ID 患者编号	Enrollment Serial Number 入组序号	姓名	年龄	性别	身高 (cm)	体重 (kg)	手机号
			58	男性	172	75	
			59	女性	177	68	
			52	男性	165	--	
			82	女性	159	62	
			59	男性	169	83	
			54	男性	--	--	
			67	男性	--	--	
			68	男性	150	--	
			65	男性	--	74	
			61	女性	--	52	
			64	女性	--	58	
			54	女性	160	--	

A total of 65 articles and 12320 articles/page

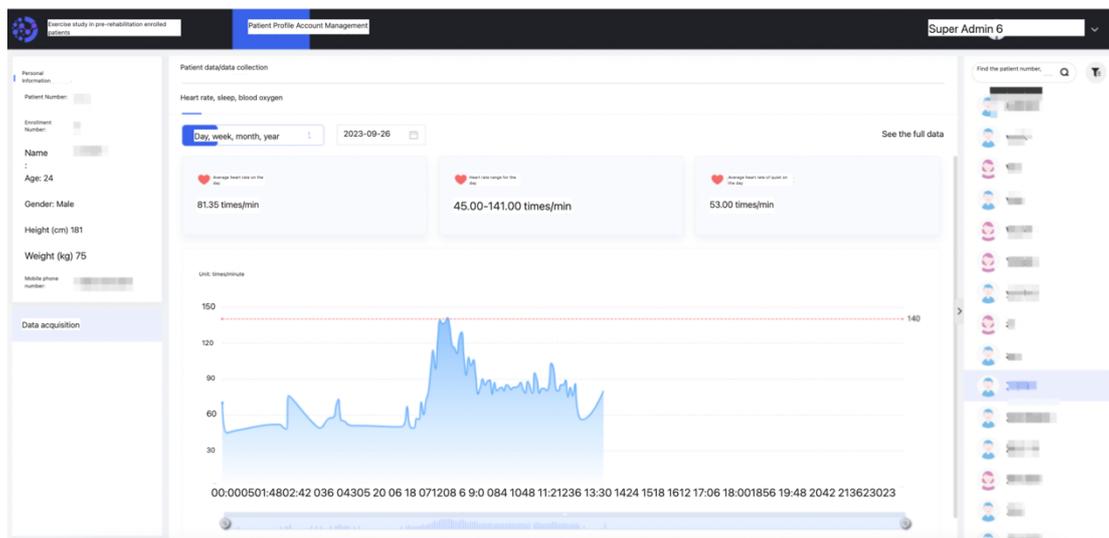
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1.2 Detail Page

1.2.1 Data Collection

Data collection is divided into 3 modules: heart rate, sleep, and blood oxygen.

Each module can switch views according to day, week, month, and year. You can also view and export all the index data of the patient by viewing all data.

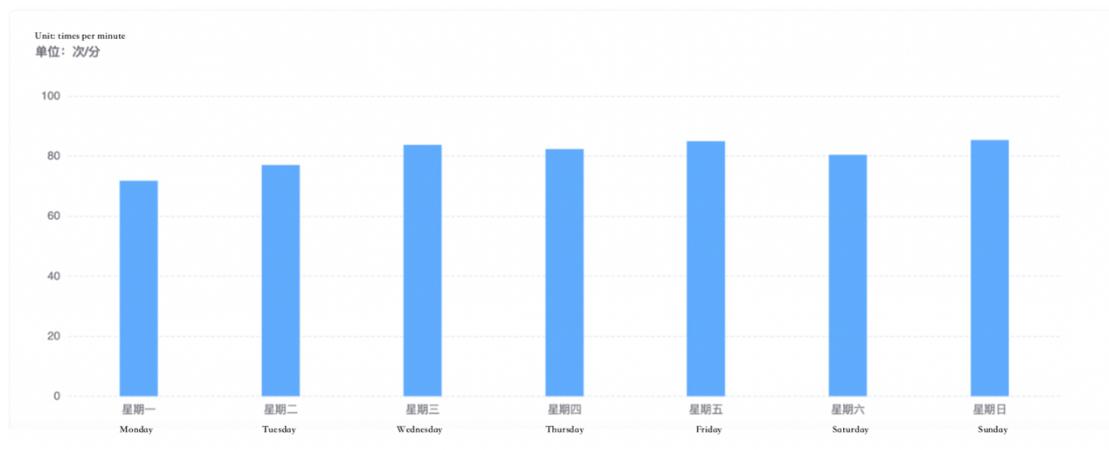


1.2.2.1 Heart Rate

The daily view page shows the average daily heart rate, daily heart rate range, average daily resting heart rate, average daily working heart rate, and a 24-hour line chart of the daily heart rate.



The weekly, monthly, and yearly views respectively show the average heart rate, heart rate range, average resting heart rate, average working heart rate of the corresponding week, month, and year, as well as the bar chart representing the average heart rate value of each day or month.



1.2.2.2 Sleep

The daily sleep view consists of light sleep duration, dream sleep duration, deep sleep duration, and a segmented line chart showing the distribution of sleep states.



The weekly, monthly, and yearly views consist of average light sleep duration, average dream sleep duration, average deep sleep duration, and a stacked bar chart.



1.2.2.3 Blood Oxygen

The daily blood oxygen view mainly shows the average daily blood oxygen, daily blood oxygen range, and a line chart.



The weekly, monthly, and yearly views consist of average blood oxygen concentration, blood oxygen range, and a bar chart.



2. Account Management

2.1 Login

Log in to the system by entering the account number and password. The account number includes the username, mobile phone number, or email address. If there is no response for more than 2 hours after logging in, the system will automatically log out.

2.2 Forgot Password

You can reset the password through the email.

2.3 Account Permissions

Ordinary accounts are divided into 2 levels, and each level corresponds to different module viewing and operation permissions.

- Level 1: Can preview data.
- Level 2: Can preview, edit, and export all data.