

1 **Supporting Information**

2

3 **Initial Treatment Failure as a Predictor of Proximal Extension in Patients**
4 **with Newly Diagnosed Limited Ulcerative Colitis: A Retrospective Cohort**
5 **Study with Propensity Score-Matched Analysis**

6

7 **Journal: *Digestive Diseases and Sciences***

8

9 Toshiyuki Sato, Jiro Takeuchi, Kazuko Nagase, Tetsuya Shiraishi, Keiko
10 Yokoyama, Soichi Yagi, Koji Kaku, Yasuhiro Takagi, Maiko Ikenouchi, Mikio
11 Kawai, Yoko Yokoyama, Tetsuya Takagawa, Shiro Nakamura, Hirokazu Fukui,
12 Shinichiro Shinzaki

13

14 **Corresponding Author:** Shinichiro Shinzaki

15 Department of Gastroenterology, School of Medicine, Hyogo Medical University,
16 Hyogo, Japan

17 E-mail address: sh-shinzaki@hyo-med.ac.jp

18

19 **Supplementary Table 1** Comparison of outcomes between the ITF and ITS

20 groups, before PSM

	ITF group (n = 57)	ITS group (n = 176)	p value
Primary outcome			
PE, n (%)	35 (61.4)	37 (21.0)	< 0.001*
Secondary outcomes			
Colectomy, n (%)	8 (14.0)	4 (2.3)	0.002*
Hospitalization, n (%)	22 (38.6)	18 (10.2)	< 0.001*
Refractoriness to medication, n (%)	30 (52.6)	44 (25.0)	< 0.001*

21

22 * $p < 0.05$

23 *ITF* initial treatment failure, *ITS* initial treatment success, *PE* proximal extension,

24 *PSM* propensity score matching

25

26 **Supplementary Table 2** Patient characteristics at the onset of UC in the no
 27 remission and early relapse groups, before PSM

	No remission group (n = 37)	Early relapse group (n = 20)	SMD
Age, year (IQR)	35.0 (23.0–47.0)	31.5 (24.3–38.3)	0.01
Sex: male, n (%)	19 (51.4)	11 (55.0)	0.07
Disease location at diagnosis, n (%)			
E1	9 (24.3)	13 (65.0)	0.90
E2	28 (75.7)	7 (35.0)	
MES, n (%)			
1	10 (27.0)	3 (15.0)	0.38
2	22 (59.5)	12 (60.0)	
3	5 (13.5)	5 (25.0)	
AOI, n (%)	9 (24.3)	3 (15.0)	0.24
Appendectomy, n (%)	1 (2.7)	0 (0.0)	0.24
Smoking habit, n (%)			
Never-smoker	29 (78.4)	14 (70.0)	0.22
Former smoker	6 (16.2)	5 (25.0)	
Active smoker	2 (5.4)	1 (5.0)	
EIMs, n (%)	8 (21.6)	5 (25.0)	0.08
WBC, / μ l (IQR)	6690.0	6220.0	0.54

	(5910.0–8600.0)	(4945.0–6627.5)	
HGB, g/dl (IQR)	13.3 (12.6–13.9)	13.2 (12.2–14.4)	0.01
Plt, $\times 10^4/\mu\text{l}$ (IQR)	25.7 (20.1–32.7)	22.1 (19.8–28.4)	0.03
Alb, g/dl (IQR)	4.2 (4.0–4.5)	4.3 (4.1–4.4)	0.07
CRP, mg/dl (IQR)	0.1 (0.0–0.4)	0.1 (0.0–0.3)	0.21
IBD family history, <i>n</i> (%)	5 (13.5)	0 (0.0)	0.56
Initial therapy, <i>n</i> (%)			
5-ASA oral alone	16 (43.2)	5 (25.0)	0.25
5-ASA topical alone	0 (0.0)	0 (0.0)	< 0.001
5-ASA oral and topical	7 (18.9)	6 (30.0)	0.51
5-ASA oral and steroid oral	8 (21.6)	3 (15.0)	0.17
Dose of steroid oral, mg/day (IQR)	35.0 (27.5–40.0)	35.0 (27.5–37.5)	0.42
5-ASA oral and steroid topical	3 (8.1)	3 (15.0)	0.22
Steroid topical alone	0 (0.0)	2 (10.0)	0.47
No treatment	3 (8.1)	1 (5.0)	0.13

28

29 5-ASA 5-aminosalicylic acid, *Alb* albumin, *AOI* appendiceal orifice inflammation,
30 *CRP* C-reactive protein, *E1* proctitis, *E2* left-sided ulcerative colitis, *EIMs* extra-
31 intestinal manifestations, *HGB* hemoglobin, *IBD* inflammatory bowel disease,
32 *IQR* interquartile range, *MES* Mayo endoscopic score, *Plt* platelet count, *SMD*
33 standardized mean difference, *PSM* propensity score matching, *UC* ulcerative
34 colitis, *WBC* white blood cell count

35

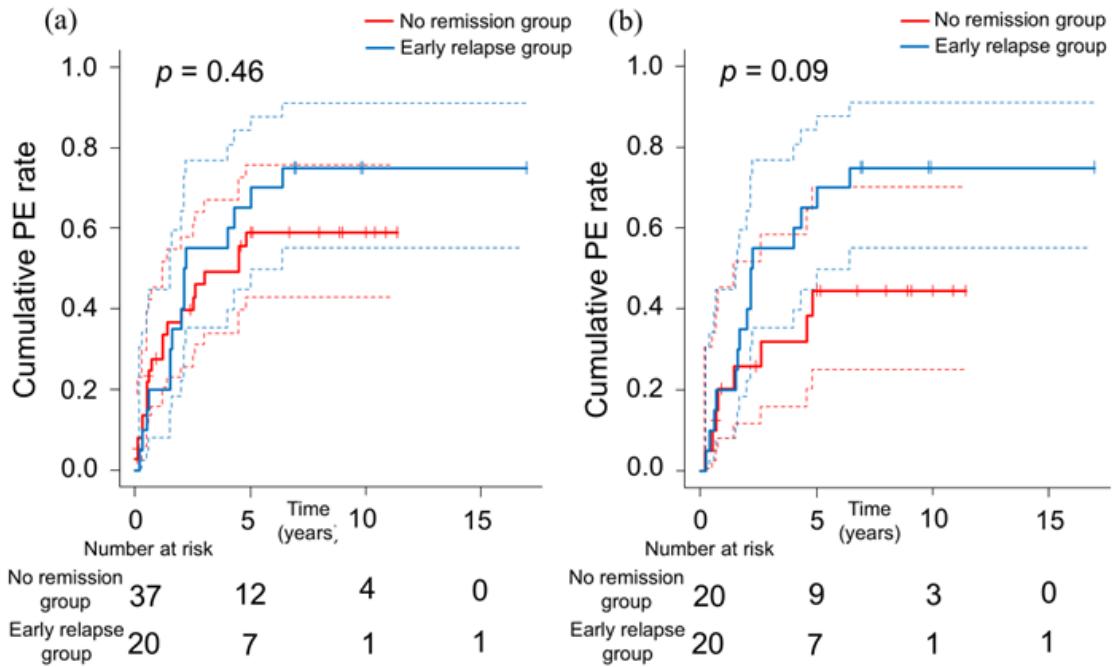
36 **Supplementary Table 3** Comparison of outcomes between the no remission
37 and early relapse groups, before PSM

	No remission group (n = 37)	Early relapse group (n = 20)	p value
Primary outcome			
PE, n (%)	20 (54.1)	15 (75.0)	0.16
Secondary outcomes			
Colectomy, n (%)	4 (10.8)	4 (20.0)	0.43
Hospitalization, n (%)	13 (35.1)	9 (45.0)	0.57
Refractoriness to medication, n (%)	19 (51.4)	11 (55.0)	1.00

38

39 PE proximal extension, PSM propensity score matching

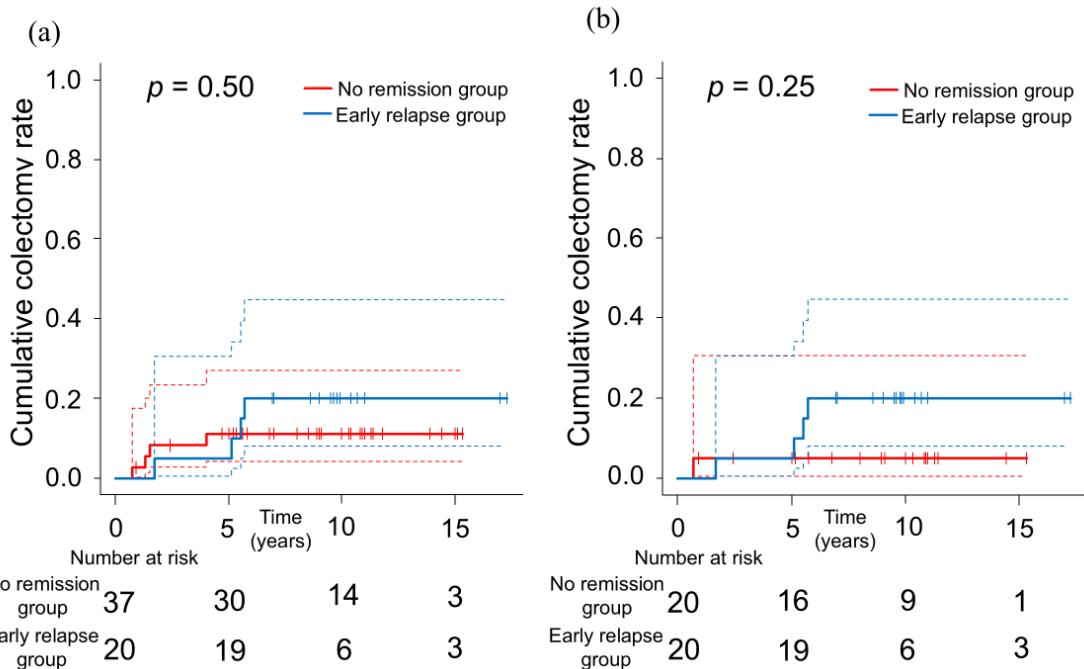
40



41 **Supplementary Fig. 1** Comparison of the cumulative PE rates between the no
 42 remission and early relapse groups among patients with limited UC. (A) Before
 43 PSM, the cumulative PE rate was not significantly different between the no
 44 remission and early relapse groups ($p = 0.46$). (B) After PSM, the cumulative PE
 45 rate tended to be higher in the early relapse group than in the no remission
 46 group, although the difference did not reach statistical significance ($p = 0.09$).
 47 The red solid line represents the no remission group, and the blue solid line
 48 represents the early relapse group. Dotted lines indicate the 95% CI. CI/
 49 confidence interval, PE proximal extension, PSM propensity score matching,
 50 UC ulcerative colitis

51

52



53

54 **Supplementary Fig. 2** Comparison of the cumulative colectomy rates between
 55 the no remission and early relapse groups among patients with limited UC. (A)
 56 Before PSM, the cumulative colectomy rate was not significantly different
 57 between the no remission and early relapse groups ($p = 0.50$). (B) After PSM,
 58 the cumulative colectomy rate was still comparable between the no remission
 59 and early relapse groups ($p = 0.25$). The red solid line represents the no
 60 remission group, and the blue solid line represents the early relapse group.
 61 Dotted lines indicate the 95% CI. *CI* confidence interval, *PSM* propensity score
 62 matching, *UC* ulcerative colitis