

Extended Data Fig. 1: Characteristics of four endotypes in newly-diagnosed T2D cohorts (related to Fig. 2)

a, UMAP showing four endotypes identified by k-mean clustering in the PNDS discovery cohort. **b**, Early-phase insulin secretion of endotypes in the VNDS and GDS cohort. **c**, Renal functions (albuminuria) across endotypes at diagnosis and 5-year follow-up in the GDS cohort. **d**, Distribution of Ahlqvist's clusters across the immune-based endotypes in the PNDS, VNDS, and GDS cohort. In the line plots, dots represent median values and error bars indicate the interquartile range (Q1, Q3). Pairwise comparisons between endotypes were performed using Dunn's test.

Extended Data Fig. 2: Longitudinal stability of circulating immune cell counts across endotypes and their trajectories toward T2D-related complications (related to Fig. 3)

Time (Years)

a, Distribution of endotypes and their immune profiles across the CODIA and SURDIAGENE cohorts. **b**, Cumulative incidence of cardiovascular events, all-cause mortality, and renal events across endotypes in the SURDIAGENE and ANGIOSAFE cohort. In the radar plots, dots indicate median values of immune cell counts. In the line plots, dots represent median values and error bars indicate the interquartile range (Q1, Q3). Pairwise comparisons between endotypes were performed using Dunn's test.

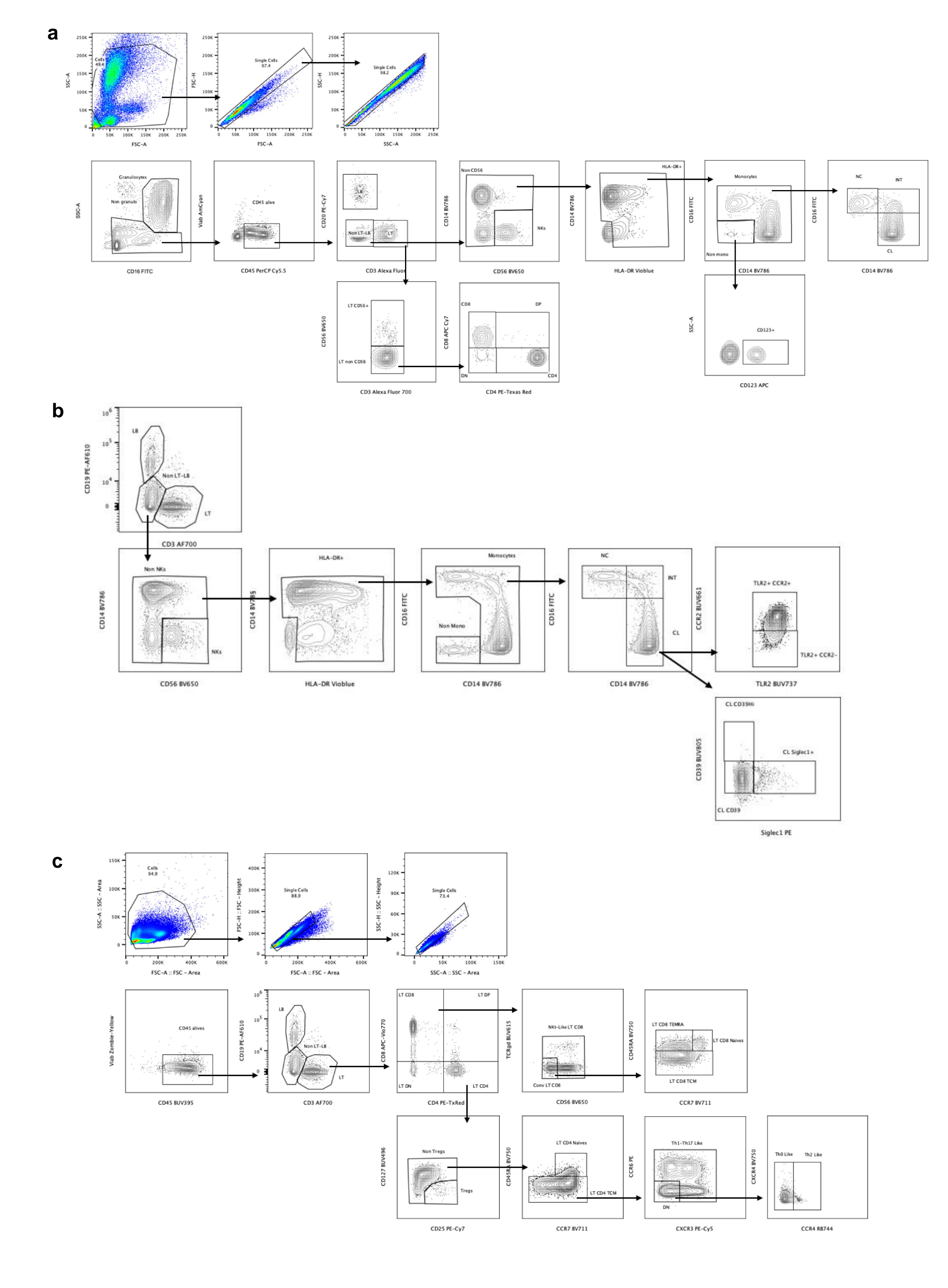
Extended Data Fig. 3: Inflammation-related proteomic signatures of T2D endotypes across cohorts (related to Fig. 4)

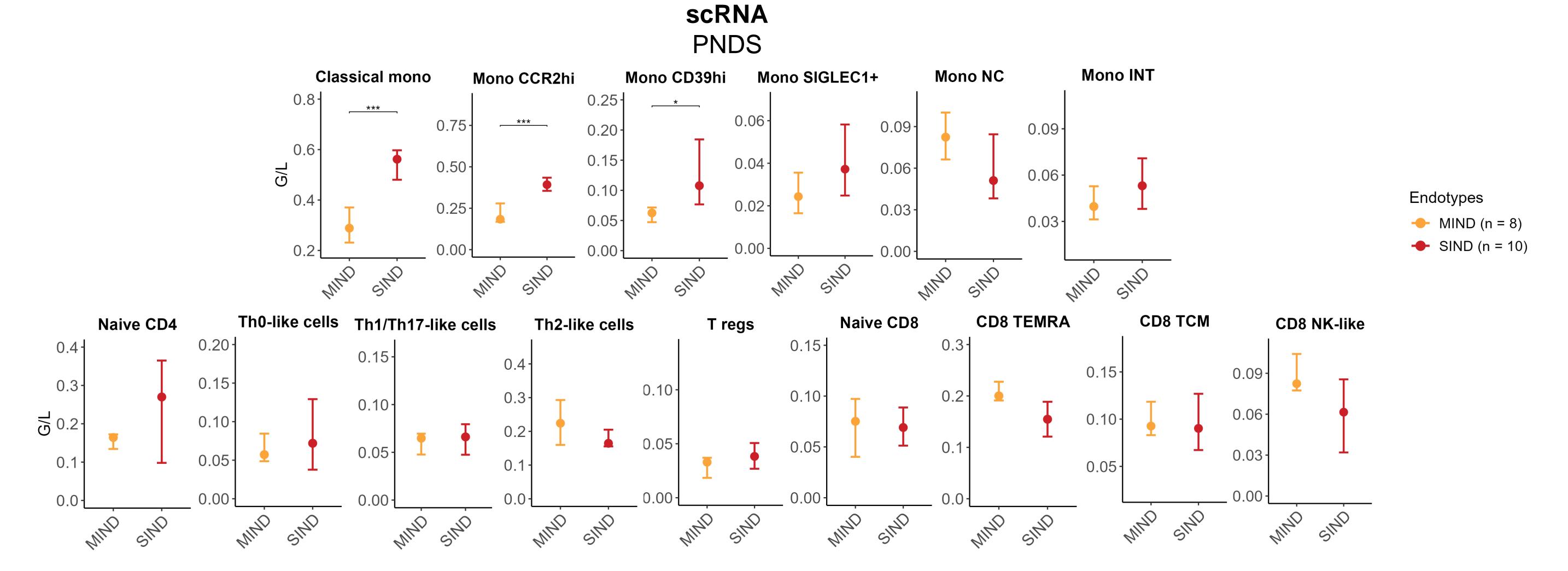
a, Pairwise comparisons of proteins with at least one significant pairwise difference in PNDS (n = 384), VNDS (n = 660), and GDS cohort (n = 354). Heatmaps show the mean rank differences in pairwise comparisons of the Dunn test and corresponding P values in asterisks **b,** Common proteins enriched in MIND, LYRD, and LYDD across the cohorts. **c,** Pathway enrichment analysis of endotype-enriched proteins in SIND across PNDS, VNDS and GDS cohort. **d,** Levels of endotype-enriched proteins across endotypes in three cohorts. In the line plots, dots represent median values and error bars indicate the interquartile range (Q1, Q3). Pairwise comparisons between endotypes were performed using Dunn's test.

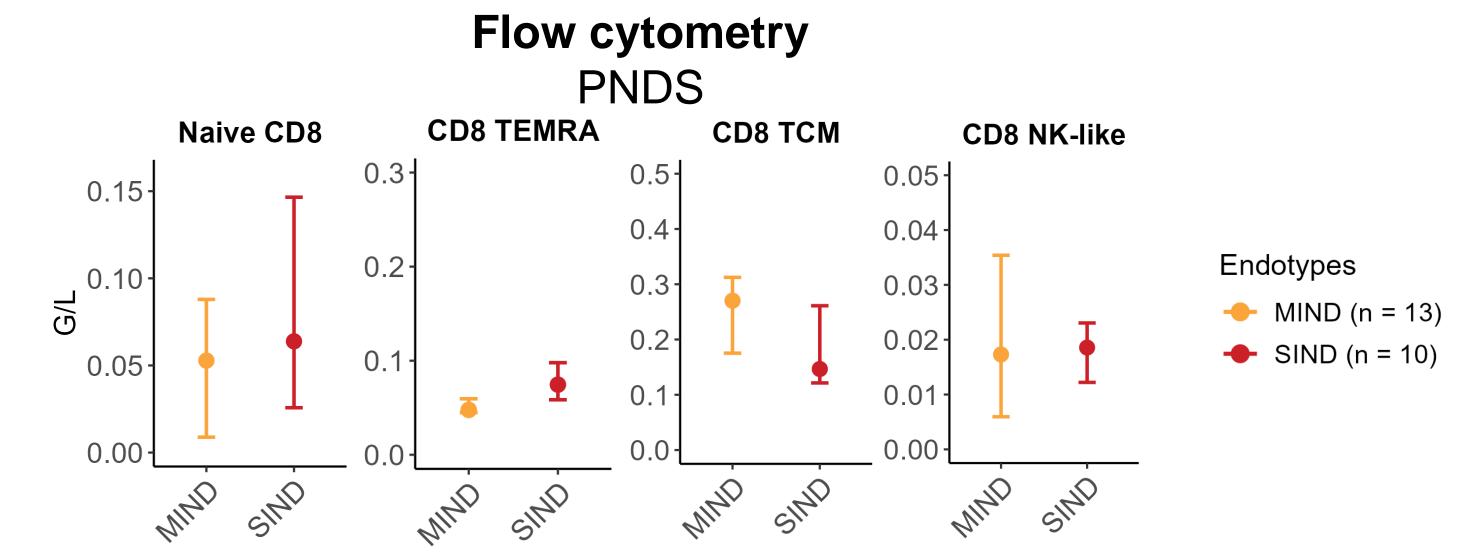
PBMC scRNA a Monocytes CD4 T cells CD8 T cells NK cells Dataset 2025 Dataset 2024 — CD3D - KLRD1 - NKG7 pDC - NCAM1 Monocytes — CD19 - GNLY -SYTL2 DCs UMAP2 - LILRA4 UMAP1 UMAP1 --- LAMP5 **Expression** -2 -1 0 1 2 Monocyte scRNA Dataset 2024 - 2025 Dataset 2024 Iono CCR2hi Mono CD39hi Mono SIGLEC1 6000 **7** Subsets 4000 Mono CCR2hi Cell count Mono CCR2hi Mono CD39hi Mono SIGLEC1+ Mono SIGLEC1+ Mono INT Mono NC Mono CD39hi UMAP1 — CX3CR1 **Expression** -2 -1 0 1 2 **CD4+ lymphocyte scRNA** CD8+ lymphocyte scRNA Th0-like cellsTh1/Th17-like cell Th2-like cells CD8 TEMRA Th2-like cells CD8 TCM. Th1/Th17-like cells Naive CD8 PLP2
ANXA1
VIM
GATA3
S100A11
COTL1 **UMAP2** UMAP1 — ITFG1 — PLCB1 Expression **Expression** -2 -1 0 1 2 -2 -1 0 1 2 3000 -4000 Subsets Subsets Cell count Naive CD8 3000 -Cell count Naive CD4 CD8 TCM Th0-like cells CD8 TEMRA Th1/Th17-like cells 2000 -1000 -CD8 NK-like Th2-like cells Tregs 1000 -

Extended Data Fig. 4: Single-cell RNA-sequencing of PBMCs revealing monocyte and lymphocyte composition across endotypes (related to Fig. 5)

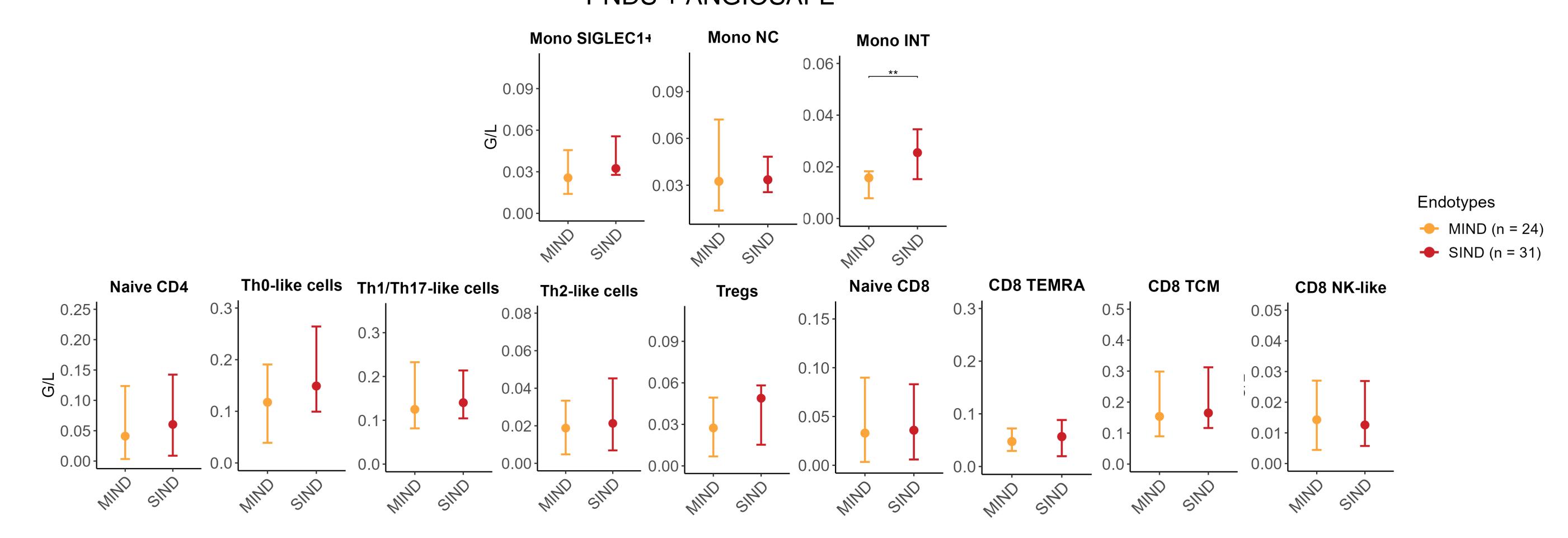
a, UMAP visualization of PBMC subpopulations derived from scRNA-seq, with heatmap of top marker genes. **b**, UMAP visualization of monocyte subsets derived from scRNA-seq, with heatmap of top marker genes (**left**). Monocyte subset counts in non-T2D group and T2D endotypes (**right**). **c**, UMAP visualization of CD4+ and CD8+ lymphocyte subsets derived from scRNA-seq; heatmap of top marker genes; CD4+ and CD8+ lymphocyte subset counts in non-T2D group and T2D endotypes.







Flow cytometry PNDS + ANGIOSAFE



Extended Data Fig. 6: Monocyte and lymphocyte subset counts across T2D endotypes from single-cell RNA-sequencing and flow cytometry (related to Fig. 5)

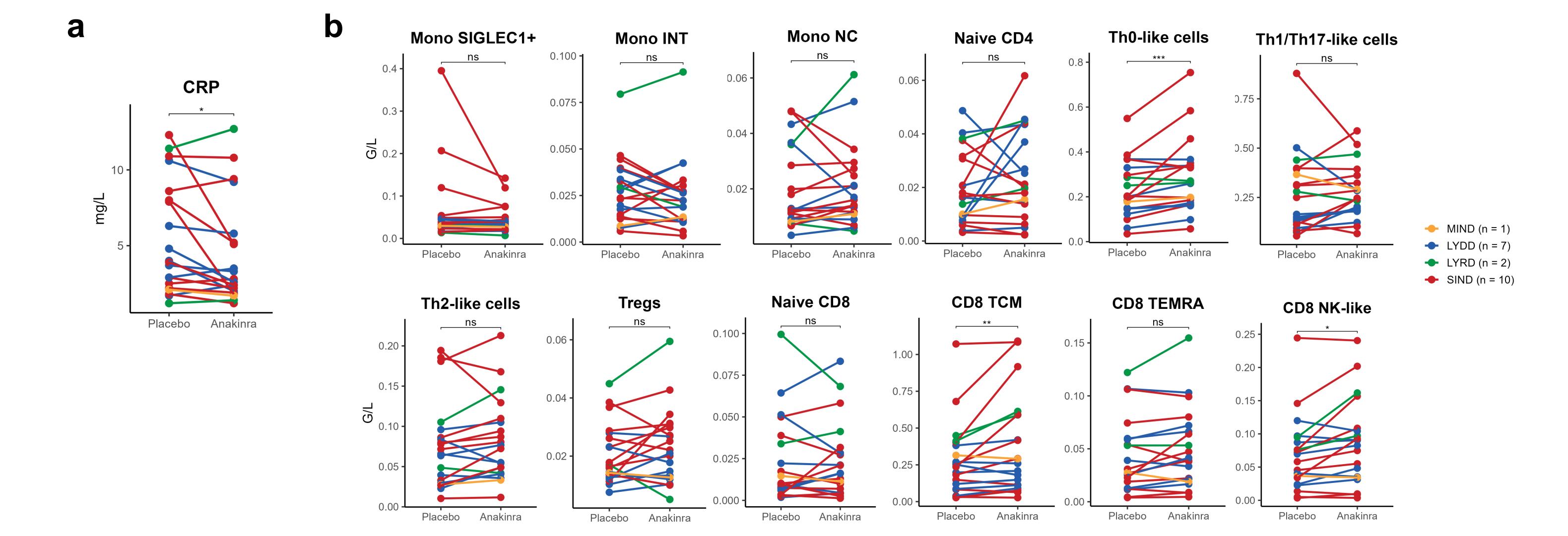
20

Gene Count

60

Gene Count

a-b Monocyte and lymphocyte subset counts derived from scRNA-seq data and flow cytometry in SIND and MIND (**a**), and across four endotypes (**b**). **c**, UMAP plot of monocyte and lymphocyte subsets identified by flow cytometry of non-T2D groups. **d**, Enriched pathways of Mono CCRhi and Mono CD39hi (scRNA-seq). In the line plots, dots represent median values and error bars indicate the interquartile range (Q1, Q3). Pairwise comparisons between endotypes were performed using Dunn's test. Comparisons between SIND and MIND were performed using Mann–Whitney U test.



Extended Data Fig. 7: Monocyte and lymphocyte subset counts in Hyper-preDIL Study (related to Fig. 6) a-b, Changes in CRP (**a**), monocyte and lymphocyte subset counts (**b**) following placebo and anakinra treatment. In the line graphs, each line represents a paired value of one individual. Paired comparisons were assessed using the Wilcoxon signed-rank test.