



LETTER OF PERMISSION

Certificate Number: 7507-1128-3016-6027-2603

3-Apr-2025

To Whom It May Concern:

This is to inform you that Homero Contreras- Salinas, principal investigator at Laboratorios Sophia, has my permission to use the MMAS-8 (Morisky Medication Adherence Scale 8 item U.S. Reg. No. TX-8-632-533) in this research study and for publication in all formats i.e. print and digital:

"Active surveillance of sodium hyaluronate 0.4% eyedrop."

The requirements to use this scale are to cite the following reference in the document:

1. Medina-Rodriguez and Lugo-Bautista. Consistency, Reliability, and Validation of the 8-Item Morisky Medication Adherence Scale in Mexican Patients with Depressive Disorders and Type 2 Diabetes Mellitus; *Revista APM* . Vol. 4, Núm. 2, 2024 doi:10.5281/zenodo.14523508
2. Krousel-Wood M, Islam T, Webber LS, Re RN, Morisky DE, Muntner P. New medication adherence scale versus pharmacy fill rates in seniors with hypertension. *Am J Manag Care*. 2009 Jan;15(1):59-66. PMID: 19146365; PMCID: PMC2728593.

Terms and conditions are found here:

<https://adherence.cc/mmas-8>

- i. The following footnote is required in all articles, presentations, web postings, reports and submitted manuscripts, in the Acknowledgment Section of manuscripts submitted for publication:

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A handwritten signature in black ink that reads "Donald E. Morisky".

Donald E. Morisky, Sc.D., M.S.P.H., Sc.M. President

A handwritten signature in black ink that reads "Philip Morisky".

Philip Morisky, MBA
Chief Optimus
adherence.

www.adherence.cc

3-Apr-2025



permission letter_Homero Contreras- Salinas

Final Audit Report

2025-04-03

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