

Additional file 4. Complete results for mediation pathways between anxiety (GAD-7) and conformity (CS) with presence of and search for meaning in life (MLQ) and purpose in life (LET) as potential mediators. MLQ-P = Presence of meaning in life, MLQ-S = Search for meaning in life, LET = Life Engagement Test, GAD-7 = Generalized Anxiety Disorder Scale, CS = Conformity Scale.

Indirect and Total Effects

Type	Effect	Estimate	SE	95% C.I. (a)		β	z	p
				Lower	Upper			
Indirect	GAD-7 $\Rightarrow$ MLQ-P $\Rightarrow$ CS	0.0888	0.0445	-0.00652	0.1842	0.0425	1.99	0.046
	GAD-7 $\Rightarrow$ MLQ-S $\Rightarrow$ CS	0.0285	0.0205	-0.01167	0.0740	0.0136	1.39	0.166
	GAD-7 $\Rightarrow$ LET $\Rightarrow$ CS	-0.0728	0.0507	-0.18128	0.0341	-0.0349	-1.43	0.151
Component	GAD-7 $\Rightarrow$ MLQ-P	-0.4078	0.0411	-0.49190	-0.3155	-0.3687	-9.93	<.001
	MLQ-P $\Rightarrow$ CS	-0.2176	0.1069	-0.43926	0.0156	-0.1154	-2.04	0.042
	GAD-7 $\Rightarrow$ MLQ-S	0.2776	0.0466	0.19023	0.3624	0.2316	5.96	<.001
	MLQ-S $\Rightarrow$ CS	0.1025	0.0719	-0.04184	0.2470	0.0589	1.43	0.154
	GAD-7 $\Rightarrow$ LET	-0.3212	0.0280	-0.37750	-0.2620	-0.4170	-11.49	<.001
	LET $\Rightarrow$ CS	0.2265	0.1567	-0.11690	0.5526	0.0836	1.45	0.148
Direct	GAD-7 $\Rightarrow$ CS	0.2154	0.0919	0.03171	0.4035	0.1032	2.34	0.019
Total	GAD-7 $\Rightarrow$ CS	0.2599	0.0828	0.10230	0.4236	0.1245	3.14	0.002

Note. Confidence intervals computed with method: Bootstrap percentiles

Note. Betas are completely standardized effect sizes