

Certificate Number: 1350

**To Whom It May Concern:**

This is to inform you that Juhaina Salim Mohamed Al Maqbali from Sultan Qaboos University has my permission to use the MMAS-8 (Morisky Medication Adherence Scale 8 item), Arabiv translation, in this research study:

**" The Effect of Oral Magnesium Supplements on The Control and Outcomes of Type 2 Diabetes Mellitus Guided by Serum Ionized Magnesium Concentration: A Double-Blind Randomized Control Trial."**

The requirements to use this scale are to cite the following references in the document:

1. Berlowitz DR, Foy CG, Kazis LE, Bolin L, Lonroy LB, Fitzpatrick P, et al. for the SPRINT Study Research Group. Impact of Intensive Blood Pressure Therapy on Patient-Reported Outcomes:Outcomes Results from the SPRINT Study. *N Engl J Med* 2017; 377:733-44.
2. Bress AP, Bellows BK, King J, Hess R Beddhu S, Zhang Z, et al, for the SPRINT Research Group and the SPRINT Economics and Health Related Quality of Life Subcommittee. Cost-Effectiveness of Intensive versus Standard Blood Pressure Control. *N Engl J Med* 2017; 377:745-55.

- i. The following footnote is required in all articles, presentations, web postings, reports and submitted manuscripts, and on the first table or figure which present the MMAS-8 as well as in the Acknowledgment Section of manuscripts submitted for publication:

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