

## ***Sociodemographic characteristics***

- 1.Gender: Male  Female
- 2.Age: 60~ 65~ 75~ 85~
- 3.Ethnicity: Han Ethnic minority
- 4.Are you religious?  Yes None
- 5.Education level: Primary school and below Junior high school High school and above
- 6.Marital status: Married Others (Divorced/Widowed)
- 7.Number of children: 0 1 2 3~
- 8.Child structure: Only sons Only daughters Have both a son and a daughter
- 9.Residency: Living with children Living with spouse Living with children and spouse Living alone Elderly care institutions
- 10.What is your current main source of income?  
Retirement salary Child allowance Sponsored by friends and family  
Government Relief pension Others (part-time job/farming)
- 11.What is your current personal monthly income? (including all income from children's subsidies, pension insurance, etc.) RMB  
<500> 500~ 1000~
- 12.How many medications are you currently taking?  
1 2 3 4 5~
- 13.How much do you pay for medical care each month?  
<100> 100~ 500~ 1000~ 2000~
- 14.Form of medical insurance:  
Medical insurance for urban workers Medical insurance for urban and rural residents  
Business insurance At your own expense
- 15.Cause of disability:  
Disease Accidentally Senescence
- 16.Duration of Disability (years):  
<1> 1~ 5~ 10~ 15~

17.Grip strength level/kg

<4.9     4.9~     8.6~     10.1~     17.4~

18.BMI/kg/m<sup>2</sup>

<18.5     18.5~     24~     28~