

Supplementary Information: Deep Learning for  
Blood Glucose Prediction: Investigating  
Reproducibility and Factors Affecting Differential  
Performance

**Supplementary Table 1:** Model and training details for six selected deep learning methods in prior literature for blood glucose prediction.

| Model Structure and Training Policy |                                                  |               |                   |                     |
|-------------------------------------|--------------------------------------------------|---------------|-------------------|---------------------|
| Method                              | Model Type                                       | Scaling       | Train test split  | Activation          |
| Martinsson 2019[1]                  | LSTM                                             | 0.01          | 80-20             | exp                 |
| Li 2020[2]                          | Dilated CNN                                      | 0.01          | 80-20             | relu                |
| van Doorn 2021[3]                   | LSTM                                             | 0.01          | 80-20             | relu                |
| Deng 2021[4]                        | CNN                                              | 0.01          | 80-20 + fine tune | relu                |
| Rabby 2021[5]                       | LSTM                                             | 0.01          | 80-20             | relu + exp          |
| Lee 2023[6]                         | Transformer                                      | LayerNorm     | 80-20             | relu                |
| Network Architecture                |                                                  |               |                   |                     |
| Method                              | Network Layers                                   |               |                   |                     |
| Martinsson 2019[1]                  | 1 LSTM (256) + 2 Dense (512, 256)                |               |                   |                     |
| Li 2020[2]                          | 5 Conv (32, 32, 64, 64, 128)                     |               |                   |                     |
| van Doorn 2021[3]                   | 2 LSTM (32, 16) + 1 Dense (8)                    |               |                   |                     |
| Deng 2021[4]                        | 4 blocks with 2×1DConv + 2 Dense (10, 10)        |               |                   |                     |
| Rabby 2021[5]                       | 2 LSTM (512 + 128 + 1)                           |               |                   |                     |
| Lee 2023[6]                         | 4 Multi-head attention encoders + Linear(512)    |               |                   |                     |
| Training Configuration              |                                                  |               |                   |                     |
| Method                              | Optimization                                     | Loss Function | Regularization    | Epochs <sup>1</sup> |
| Martinsson 2019[1]                  | Adam                                             | NLL           | DropOut(0.2, 0.3) | 10000 (200)         |
| Li 2020[2]                          | Adam                                             | RMSE          | Early Stopping    | 100                 |
| van Doorn 2021[3]                   | Adam                                             | MSE           | DropOut(0.1)      | 10000 (100)         |
| Deng 2021[4]                        | Adam                                             | RMSE          | L2 regularization | 80                  |
| Rabby 2021[5]                       | Adam                                             | MSE           | DropOut (0.2)     | 6000 (128)          |
| Lee 2023[6]                         | Adam                                             | RMSE          | Dropout(0.2)      | 200 (25)            |
| Method                              | Learning Rate                                    | Batch Size    |                   |                     |
| Martinsson 2019[1]                  | 10 <sup>-3</sup>                                 | 1024          |                   |                     |
| Li 2020[2]                          | 10 <sup>-4</sup>                                 | 32            |                   |                     |
| van Doorn 2021[3]                   | 10 <sup>-4</sup>                                 | 1024          |                   |                     |
| Deng 2021[4]                        | 10 <sup>-3</sup>                                 | 64            |                   |                     |
| Rabby 2021[5]                       | 10 <sup>-3</sup>                                 | 128           |                   |                     |
| Lee 2023[6]                         | 10 <sup>-3</sup> , weight_decay=10 <sup>-4</sup> | 64            |                   |                     |

<sup>1</sup>Maximum training epochs (early stopping patience)

**Supplementary Table 2:** RMSE (mg/dL) per participant for predicting blood glucose 30 mins ahead using a zero-order hold baseline.

| Public T1D Datasets | Mean  | Std Dev | Max   | Min   |
|---------------------|-------|---------|-------|-------|
| OhioT1DM [7]        | 23.21 | 2.89    | 28.40 | 18.81 |
| DiaTrend [8]        | 28.72 | 5.28    | 42.50 | 20.78 |
| T1DEXI [9]          | 24.14 | 5.06    | 40.32 | 13.47 |

**Supplementary Table 3:** Model performance on different datasets

| Method                       | Mean         | Std Dev     | Max          | Min          |
|------------------------------|--------------|-------------|--------------|--------------|
| <b>OhioT1DM: 12 subjects</b> |              |             |              |              |
| Martinsson 2019[1]           | 18.86        | 2.13        | 21.63        | 16.04        |
| Li 2020[2]                   | 19.31        | 2.38        | 22.63        | 15.56        |
| van Doorn 2021[3]            | 19.20        | 2.14        | 22.12        | 16.36        |
| Deng 2021[4]                 | 19.34        | 2.30        | 22.35        | 16.10        |
| Rabby 2021[5]                | 19.78        | 2.37        | 22.74        | 16.25        |
| Lee 2023[6]                  | 19.78        | 2.45        | 23.15        | 16.67        |
| <b>Aggregate Stats</b>       | <b>19.38</b> | <b>2.30</b> | <b>23.15</b> | <b>15.56</b> |
| <b>DiaTrend: 53 subjects</b> |              |             |              |              |
| Martinsson 2019[1]           | 23.85        | 3.91        | 34.18        | 17.52        |
| Li 2020[2]                   | 26.20        | 6.11        | 46.83        | 17.81        |
| van Doorn 2021[3]            | 24.08        | 3.89        | 34.18        | 17.56        |
| Deng 2021[4]                 | 24.24        | 3.91        | 34.52        | 17.76        |
| Rabby 2021[5]                | 25.24        | 4.59        | 35.96        | 18.26        |
| Lee 2023[6]                  | 25.46        | 4.56        | 36.80        | 17.83        |
| <b>Aggregate Stats</b>       | <b>24.85</b> | <b>4.50</b> | <b>46.83</b> | <b>17.52</b> |
| <b>T1DEXI: 63 subjects</b>   |              |             |              |              |
| Martinsson 2019[1]           | 19.40        | 3.79        | 32.98        | 10.81        |
| Li 2020[2]                   | 20.92        | 4.33        | 33.03        | 10.81        |
| van Doorn 2021[3]            | 19.55        | 3.71        | 33.01        | 11.06        |
| Deng 2021[4]                 | 19.80        | 3.73        | 32.63        | 11.13        |
| Rabby 2021[5]                | 22.25        | 4.59        | 36.08        | 11.62        |
| Lee 2023[6]                  | 20.31        | 3.96        | 34.20        | 11.84        |
| <b>Aggregate Stats</b>       | <b>20.37</b> | <b>4.02</b> | <b>36.08</b> | <b>10.81</b> |

**Supplementary Table 4:** T-test results comparing model performance across datasets

| Method             | OhioT1DM vs DiaTrend                     | OhioT1DM vs T1DEXI     |
|--------------------|------------------------------------------|------------------------|
| Martinsson 2019[1] | $t = -4.26, p = 6.9 \times 10^{-5} ***$  | $t = -0.48, p = 0.635$ |
| Li 2020[2]         | $t = -3.82, p = 9.0 \times 10^{-5} ***$  | $t = -1.25, p = 0.217$ |
| van Doorn 2021[3]  | $t = -4.18, p = 9.7 \times 10^{-5} ***$  | $t = -0.32, p = 0.752$ |
| Deng 2021[4]       | $t = -4.16, p = 9.8 \times 10^{-5} ***$  | $t = -0.41, p = 0.681$ |
| Rabby 2021[5]      | $t = -3.99, p = 1.76 \times 10^{-4} ***$ | $t = -1.84, p = 0.070$ |
| Lee 2023[6]        | $t = -4.16, p = 3.03 \times 10^{-4} ***$ | $t = -0.45, p = 0.657$ |

**Supplementary Table 5:** Correlation between individual diabetes management indicators and RMSE (mg/dL) for predicting blood glucose 30 minutes ahead.

| Method             | Avg. BG vs RMSE<br>( $r, p$ )  | TIR vs RMSE<br>( $r, p$ )       | GV vs RMSE<br>( $r, p$ )       | HbA1c vs RMSE<br>( $r, p$ )   |
|--------------------|--------------------------------|---------------------------------|--------------------------------|-------------------------------|
| Martinsson 2019[1] | (0.55, $1.8 \times 10^{-11}$ ) | (-0.58, $6.5 \times 10^{-13}$ ) | (0.51, $1.0 \times 10^{-9}$ )  | (0.47, $1.7 \times 10^{-7}$ ) |
| Li 2020[2]         | (0.67, $1.1 \times 10^{-17}$ ) | (-0.65, $6.3 \times 10^{-17}$ ) | (0.39, $6.5 \times 10^{-6}$ )  | (0.45, $7.9 \times 10^{-7}$ ) |
| van Doorn 2021[3]  | (0.56, $5.5 \times 10^{-12}$ ) | (-0.60, $9.5 \times 10^{-14}$ ) | (0.52, $3.2 \times 10^{-10}$ ) | (0.48, $7.2 \times 10^{-8}$ ) |
| Deng 2021[4]       | (0.56, $6.8 \times 10^{-12}$ ) | (-0.59, $1.7 \times 10^{-13}$ ) | (0.51, $8.4 \times 10^{-10}$ ) | (0.48, $6.3 \times 10^{-8}$ ) |
| Rabby 2021[5]      | (0.57, $3.1 \times 10^{-12}$ ) | (-0.56, $4.3 \times 10^{-12}$ ) | (0.38, $8.7 \times 10^{-6}$ )  | (0.34, $2.6 \times 10^{-4}$ ) |
| Lee 2023[6]        | (0.64, $5.2 \times 10^{-16}$ ) | (-0.66, $1.7 \times 10^{-17}$ ) | (0.50, $2.2 \times 10^{-9}$ )  | (0.52, $4.0 \times 10^{-9}$ ) |

**Supplementary Table 6:** Difference in 30-min prediction RMSE between male and female subgroups and corresponding t-test results.

| Method             | 30-min BG Pred. RMSE (mg/dL) |                           | Difference | t-statistic | p-value |
|--------------------|------------------------------|---------------------------|------------|-------------|---------|
|                    | Male<br>(Mean $\pm$ SD)      | Female<br>(Mean $\pm$ SD) |            |             |         |
| Martinsson 2019[1] | 19.86 $\pm$ 3.94             | 21.84 $\pm$ 4.33          | 1.99       | -2.49       | 0.014*  |
| Li 2020[2]         | 21.36 $\pm$ 4.71             | 23.73 $\pm$ 5.96          | 2.37       | -2.24       | 0.027*  |
| van Doorn 2021[3]  | 20.10 $\pm$ 3.91             | 22.03 $\pm$ 4.31          | 1.93       | -2.42       | 0.017*  |
| Deng 2021[4]       | 20.26 $\pm$ 3.89             | 22.24 $\pm$ 4.32          | 1.98       | -2.50       | 0.014*  |
| Rabby 2021[5]      | 21.54 $\pm$ 4.54             | 24.12 $\pm$ 4.60          | 2.58       | -2.96       | 0.004** |
| Lee 2023[6]        | 20.79 $\pm$ 4.14             | 23.17 $\pm$ 4.93          | 2.38       | -2.68       | 0.008** |

**Supplementary Table 7:** Comparing blood glucose prediction models trained with CGM plus other lifestyle factors (i.e. carbohydrate input, insulin data, and step count) versus CGM only as input features. These methods were trained and evaluated using the OhioT1DM dataset.

| Method         | Mean RMSE (mg/dL)  |                |
|----------------|--------------------|----------------|
|                | Using CGM + Others | Using CGM only |
| Rabby 2021 [5] | 20.35              | 19.81          |
| Li 2020 [2]    | 20.34              | 18.93          |

## References

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