

Tables

Table s. Food grouping used in the dietary intake analysis

Food groups	117 items
rice and whole grain	cooked rice,cooked rice with other grains,rice gruel,steamed stuffed bun,steamed bread,sesame paste,oatmeal,noodle,dumplings,pancake
Legume and legume product	soybean,bean curd,tofu pudding,soybean milk,mung,peas,other dried beans and products
snacks	chocolate,biscuit,candy, potato chips,beef jerky,hawthorn roll, bread,hamburg,walnut cake,other snacks
milk and dairy products	fresh milk,milk powder,soymilk,cream,yogurt
eggs	quail egg,(hen's) egg,duck's egg,preserved egg,other eggs
alcohol	spirit,red wine,beer,other alcohol
meats and poultry	pork,pork chops,pork liver,beef,mutton,chicken,duck and goose,dove,other meat and products
fish and marine lives	freshwater fish,mud fish,eel,shrim and crab,other marine products
fruits	orange,watermelon,pineapple,apple,longan,pear,grape,banana,pitaya,peach,kiwi fruit,other fruits
Nuts and seeds	Preserved fruit,raisin,jujube,walnut,peanuts,Chinese chestnut,almond,pine nut,dried persimmon,pumpkin seed,sunflower seeds
Fungi and seaweeds	needle mushroom,shii-take,dried mushrooms,laver,kelp,agaric
vegetables	Spinach, cauliflower, Chinese cabbage and lettuce,garlic,edible amaranth,lettuce,pakchoi,rape,fragrant-flowered garlic, coriander,celery,cabbage,garlic sprout,Bean sprout,potato, lotus root,bolt,Chinese watermelon,chayote,cucumber,pumpkin,luffa,summer squash,tomato,pepper,eggplant,long bean,edamame,carrot,mooli,other vegetables
starch and tuber crops product	Vermicelli,bean jelly,honey,Semen sesami nigrum,other products
pickles	root-mustard,cucumber preserved with soy paste,preserved szechuan pickle,dried turnip,Other pickles
tea and beverages	Tea,coke,fruit juice,other beverages