

Video Captions

- 1) Motion of cells at packing fraction $\phi = 0.70$ and cell elasticity $E = 0.2E_0$. Cells rearrange rapidly in the liquid state.
- 2) Slow dynamics in the glass-like phase of cells at $\phi = 0.70$ and $E = 5E_0$. Only at long times the cells undergo small displacements.
- 3) Movements of cells in the viscosity saturation phase (packing fraction $\phi = 0.70$ at $E = E_0$). Bigger cells move upon cooperative rearrangement of smaller cells.