

Additional File 2. Attributes of non-research subjects

		n	(%)
<b>Sex</b>	Male	0	(0.0)
	Female	88	(100.0)
<b>Age</b>	Mean (SD)	32.1±11.1	
	20s (20–29)	50	(56.8)
	30s (30–39)	15	(17.0)
	40s (40–49)	13	(14.8)
	50s (50–59)	10	(11.4)
<b>Employment status</b>	Full-time (Permanent) Employee	46	(52.3)
	Full-time (Non-permanent) Employee	4	(4.5)
	Part-time Employee	19	(21.6)
	Non-dental hygienist roles	7	
	Unemployed	12	
<b>Current Workplace</b>	Dental Clinic	62	(89.9)
	Hospital/University Hospital	6	(8.7)
	Long-term Care Welfare Facility for the Elderly	1	(1.4)
<b>Program Enrollment Year</b>	2019	26	(29.5)
	2020	21	(23.9)
	2021	41	(46.6)
<b>Years of Experience as a Dental Hygienist</b>	<1 year	21	(23.9)
	1–5 years	33	(37.5)
	6–10 years	20	(22.7)
	11–15 years	3	(3.4)
	16–20 years	5	(5.7)
	>20 years	6	(6.8)
<b>Educational Background</b>	Dental Hygienist Vocational School	69	(78.4)
	Junior College	9	(10.2)
	University	8	(9.1)
	Master's Degree	1	(1.1)
	Doctoral Degree	1	(1.1)