

Long COVID symptoms among Japanese adults by sex.

Long-COVID symptoms	Period prevalence (up to 1 year), n (%)		HR (95% CI)
	Female (n=688)	Male (n=809)	
Fever	79 (11.5)	101 (12.5)	-
Chills	70 (10.2)	62 (7.7)	-
Cough	261 (37.9)	273 (33.7)	-
Fatigue	313 (45.5)	261 (32.3)	1.54 (1.31-1.82)
Shortness of breath	85 (12.4)	52 (6.4)	1.93 (1.36-2.73)
Headache	279 (40.6)	145 (17.9)	2.54 (2.08-3.11)
Dizziness	122 (17.7)	64 (7.9)	2.29 (1.69-3.10)
Eye sore	86 (12.5)	60 (7.4)	1.69 (1.21-2.35)
Blurry vision	139 (20.2)	111 (13.7)	1.47 (1.15-1.89)
Aches & pains	139 (20.2)	119 (14.7)	-
Muscle twitching	48 (7.0)	37 (4.6)	-
Rash	57 (8.3)	24 (3.0)	2.76 (1.71-4.45)
Nasal congestion	178 (25.9)	190 (23.5)	-
Runny nose	259 (37.6)	252 (31.1)	-
Sore throat	196 (28.5)	182 (22.5)	-
Decreased sense of test	33 (4.8)	27 (3.3)	-
Decreased sense of smell	34 (4.9)	30 (3.7)	-
Diarrhoea	100 (14.5)	101 (12.5)	-
Persistent chest pain/pressure	48 (7.0)	32 (4.0)	1.74 (1.11-2.72)
Heart palpitation	65 (9.4)	41 (5.1)	1.87 (1.26-2.77)
Insomnia	70 (10.2)	61 (7.5)	-
Depression	80 (11.6)	55 (6.8)	1.71 (1.21-2.41)
Anxiety	105 (15.3)	75 (9.3)	1.63 (1.21-2.19)
Injection site reaction	110 (16.0)	138 (17.1)	-
Nausea	69 (10.0)	30 (3.7)	-

Note: Univariable Cox proportional hazards model.

HR, hazard ratio; CI, confidence interval.