

Global Climate Governance in 2025: Rethinking the Role of the UNFCCC and the COP Process

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Abstract

The Conference of the Parties (COP) has become the central forum for international climate governance, facilitating landmark agreements and institutional innovations under the UNFCCC. It is critical in advancing climate ambition, shaping global norms, and mobilizing finance. However, its growing procedural complexity and political centrality raise new questions about its effectiveness in delivering transformative climate outcomes. While existing literature has focused heavily on negotiation outcomes and treaty design, it has insufficiently examined the underlying structural and institutional dynamics that hinder implementation. Little attention has been paid to how compliance incentives, mechanisms, and governance fragmentation influence national and global climate performance. This study aims to assess the institutional effectiveness of the COP process in achieving global climate goals while identifying key systemic barriers and overlooked opportunities for innovation. The research integrates a systematic review from 1990 to 2024 with a structured cause-and-effect analytical framework. The results reveal five interconnected dynamics that currently impede the COP's capacity to deliver results: (1) institutional innovation accompanied by procedural drift; (2) a political economy of compliance shaped by domestic incentives; (3) climate diplomacy fatigue and declining outcome ambition; (4) broadened participation without power redistribution; and (5) fragmentation as a potential strength through polycentric governance models. These findings suggest that, to remain effective, the COP must evolve into a more flexible, participatory, and equity-oriented platform. Ultimately, embedding accountability, enhancing structural inclusion, and leveraging governance diversity are essential for achieving global climate goals and restoring legitimacy to the multilateral process.

Keywords: Climate change, climate governance, UNFCCC, Conference of the Parties (COP), climate policy.

33 **Key policy insights**

- 34 • **Institutional innovation meets procedural drift** - The COP has advanced global climate norms but
35 struggles with complexity and weak implementation mechanisms.
- 36 • **Political economy of compliance** - Domestic incentives, not just capacity, shape countries' climate
37 commitments and outcomes.
- 38 • **Climate diplomacy fatigue** - Negotiation processes increasingly lack transformative substance,
39 risking symbolic rather than structural progress.
- 40 • **Inclusivity without influence** - Broader participation exists, but decision-making power remains
41 concentrated, limiting equity and impact.
- 42 • **Fragmentation as opportunity** - Polycentric and modular governance models could enhance
43 flexibility, innovation, and effectiveness in global climate action.
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- 46

47 **1. Introduction**

48 The climate crisis is one of the most urgent and complex challenges of the 21st century (Frieler et al., 2017;
49 Pattberg & Widerberg, 2017). Its impacts are increasingly severe, multidimensional, and interlinked,
50 evident in rising global temperatures, altered precipitation patterns, accelerating sea level rise, and the
51 growing frequency and intensity of climate-related disasters (Pattberg & Widerberg, 2017; Samaradiwakara
52 H.S., 2023). These changes are already disrupting ecological systems, intensifying pressure on freshwater
53 resources, undermining agricultural productivity, increasing public health risks, and destabilizing
54 economies, especially in regions with heightened vulnerability (Frieler et al., 2017). Despite growing global
55 awareness and mounting scientific consensus, meaningful progress in addressing climate change remains
56 uneven and contested (Girón & Ivanova, 2023; Puciato et al., 2022; Samaradiwakara H.S., 2023;
57 Wewerinke-Singh, 2016).

58 Since its establishment in 1995, the United Nations Framework Convention on Climate Change (UNFCCC)
59 has served as the principal institutional framework guiding the international response (Samaradiwakara
60 H.S., 2023). Central to this effort is its governing body, the Conference of the Parties (COP), which has
61 facilitated key milestones in global climate governance (Betsill et al., 2015; Falkner, 2016; Waite, 2020).
62 Landmark agreements, most notably the Kyoto Protocol (1997) and the Paris Agreement (2015), have
63 articulated progressively ambitious goals aimed at limiting global warming and fostering sustainable,
64 climate-resilient development (Girón & Ivanova, 2023; Samaradiwakara H.S., 2023; Waite, 2020;
65 Wewerinke-Singh, 2016). The Paris Agreement, ratified in April 2016, sets out three core objectives under
66 Article 2: (1) to hold the increase in global average temperature to well below 2°C above pre-industrial
67 levels, while pursuing efforts to limit the increase to 1.5°C; (2) to enhance adaptive capacity and build
68 resilience in a manner that safeguards food security; and (3) and align financial flows with pathways toward
69 low greenhouse gas emissions and climate-resilient development.

70 Yet nearly a decade after the adoption of the Paris Agreement, the realization of these goals remains
71 precarious (Bäckstrand, 2017; Betsill et al., 2015; Puciato et al., 2022; Wang et al., 2022). Numerous
72 assessments, including the Sixth Assessment Report of the Intergovernmental Panel on Climate Change
73 (IPCC), confirm that current national commitments, Nationally Determined Contributions (NDCs), are
74 insufficient to limit warming to 1.5°C (Frieler et al., 2017). Even under optimistic scenarios, global
75 greenhouse gas (GHG) emissions must be cut by 45% by 2030 compared to 2010 levels and reach net zero
76 by mid-century (Frieler et al., 2017). However, international bodies such as the International Energy
77 Agency warn that the world is off track, with the probability of meeting the 1.5°C goal as low as 5%. The
78 persistent rise in atmospheric CO₂ concentrations, coupled with long-lived GHGs and delayed mitigation
79 efforts, implies that the temperature threshold could be breached within the next two decades (Girón &
80 Ivanova, 2023; Samaradiwakara H.S., 2023). This reality raises fundamental questions about the feasibility
81 and credibility of current climate governance structures (Bäckstrand, 2017; Betsill et al., 2015; Puciato et
82 al., 2022; Štreimikienė, 2013; Wang et al., 2022). Although COP negotiations have produced legally
83 binding agreements and voluntary pledges (Girón & Ivanova, 2023; Pattberg & Widerberg, 2017;
84 Samaradiwakara H.S., 2023), implementation gaps (Bäckstrand, 2017; Puciato et al., 2022; Wang et al.,
85 2022), inconsistent national actions (Betsill et al., 2015; Y. Wang et al., 2022), and weak accountability
86 mechanisms threaten to derail global progress (D. Wang & Fang, 2024; Y. Wang et al., 2022). Recent
87 trends also reveal that the ambition-implementation gap is widening (D. Wang & Fang, 2024). As evidenced
88 by the mixed performance of major emitters in meeting their NDCs, a lack of political will, institutional
89 capacity, and equitable financial mechanisms continues to hinder progress, especially in vulnerable and
90 developing countries (Bäckstrand, 2017; Betsill et al., 2015; Puciato et al., 2022; Y. Wang et al., 2022).

91 Moreover, the complexity of the climate crisis has required increasingly multifaceted responses across
92 scales from global frameworks to national legislation and local adaptation plans (Y. Wang et al., 2022).
93 Governance responses have multiplied accordingly, ranging from emissions trading schemes and climate
94 risk regulations to technology transfer mechanisms and adaptation finance. However, while many of these
95 measures are now widely accepted in principle, their practical implementation often triggers resistance
96 when questions of fairness, responsibility, and feasibility are raised (Bäckstrand, 2017; Betsill et al., 2015;
97 Y. Wang et al., 2022). Three critical questions persist: *To what extent has the COP process been effective
98 in advancing climate action? What factors and structural barriers have undermined its implementation?
99 And how can its institutional architecture be strengthened to close the gap between negotiated outcomes
100 and real-world impact?*

101 This study seeks to identify the key successes, limitations, and potential reforms of the COP process. It
102 highlights how political inertia, insufficient accountability mechanisms, fragmented stakeholder
103 participation, and unequal financial flows continue to limit the transformational potential of global climate
104 negotiations. It also proposes valuable recommendations for enhancing its role as a legitimate, effective,
105 and equitable driver of international climate action in the post-2030 era.

106 **1.1 Genesis of the COP: early agreement and foundational principles**

107 The United Nations Framework Convention on Climate Change (UNFCCC) emerged from the growing
108 scientific consensus about anthropogenic climate change (Frieler et al., 2017; Pattberg & Widerberg, 2017;
109 Samaradiwakara H.S., 2023). By the late 1980s, comprehensive scientific research had shown a clear

110 correlation between human activities and increased atmospheric greenhouse gas concentrations (Frieler et
111 al., 2017). This scientific evidence catalyzed the establishment of the Intergovernmental Panel on Climate
112 Change (IPCC) in 1988 (Falkner, 2016; Samaradiwakara H.S., 2023), which is responsible for evaluating
113 scientific, technical, and socio-economic data pertinent to comprehending climate change. The IPCC's first
114 assessment report, published in 1990, highlighted the need for global action and significantly influenced
115 the subsequent dialogues that led to the UNFCCC (Falkner, 2016). Ratified at the 1992 Rio Earth Summit,
116 the UNFCCC established a framework for international cooperation to address climate change (Betsill et
117 al., 2015; Falkner, 2016). The fundamental concepts, notably "common but differentiated responsibilities,
118 and respective capabilities" (CBDR-RC), continue to inform global climate negotiations, emphasizing
119 equity and the varying capacities of nations to tackle climate change (Puciato et al., 2022; Waite, 2020;
120 Wewerinke-Singh, 2016). Through Article 7, the UNFCCC established the Conference of the Parties (COP)
121 as the principal decision-making authority of the Convention (Pattberg & Widerberg, 2017;
122 Samaradiwakara H.S., 2023), responsible for reviewing and evaluating the efforts made to achieve the
123 Convention's objectives of mitigating human impact on the earth's climate system. In addition, it decides
124 how to better achieve its goals, such as by bypassing resolutions that start the UNFCCC's additional legal
125 instrument negotiations, such as the Kyoto Protocol (1997) and the Paris Agreement (2015) (Betsill et al.,
126 2015).

127 **1.2 Key milestones under the UNFCCC**

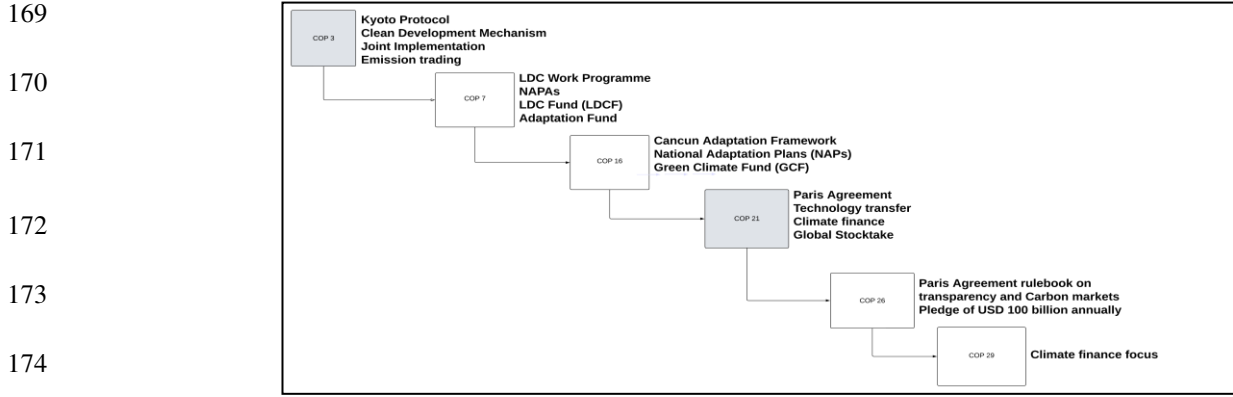
128 Conferences of the Parties (COPs), led by the UNFCCC, are still pivotal platforms for international
129 cooperation in the fight against climate change (Betsill et al., 2015; Falkner, 2016). Over the years, COPs
130 have evolved into crucial venues for negotiating and implementing global climate policy, reflecting both
131 scientific urgency and political consensus (Y. Wang et al., 2022). In 1997, the third Conference of the
132 Parties (COP3) in Kyoto established the framework for future climate action by approving the Kyoto
133 Protocol, which mandated industrialized nations to reduce their emissions of greenhouse gases and
134 introduced market-based mechanisms such as the Clean Development Mechanism (CDM) and Joint
135 Implementation to enhance global collaboration and facilitate emissions trading (Samaradiwakara H.S.,
136 2023).

137 Building on this foundation, the 7th Conference of the Parties (COP7) in Marrakesh advanced the
138 adaptation agenda through the Marrakesh Accords, which created the Least Developed Countries Work
139 Program, launched the National Adaptation Programs of Action (NAPAs), and established funding
140 instruments like the Adaptation Fund (AF) and the Least Developed Countries Fund (LDCF) (Chelminski,
141 2022). These measures are aimed at strengthening the resilience of the world's most climate-vulnerable
142 countries (Gewirtzman et al., 2018). Progress continued at COP16 in Cancun, where global adaptation
143 frameworks were officially institutionalized through the establishment of National Adaptation Plans
144 (NAPs), providing a more structured approach to long-term adaptation planning (Y. Wang et al., 2022).

145 As adaptation needs grew, developing countries began in 2008 to call more strongly for financial support
146 to implement their climate strategies, rooted in the principle of common but differentiated responsibilities.
147 These calls culminated in the creation of the Green Climate Fund (GCF), intended to provide much-needed
148 financial assistance to support mitigation and adaptation in developing countries (Chelminski, 2022;
149 Gewirtzman et al., 2018).

150 With this increasing momentum, all participating nations formally agreed at the 21st Conference of the
 151 Parties (COP21) in Paris to pursue efforts to keep the global temperature increase well below 2 degrees
 152 Celsius, and preferably below 1.5 degrees Celsius, above pre-industrial levels(Wewerinke-Singh, 2016).
 153 This milestone Paris Agreement marked a paradigm shift by promoting nationally driven climate action
 154 through Nationally Determined Contributions (NDCs), while reinforcing the global commitment to equity,
 155 transparency, and ambition(Seo, 2017; Wewerinke-Singh, 2016). Further operational progress was
 156 achieved at the 26th Conference of the Parties (COP26) in Glasgow, where the rulebook on carbon markets
 157 and transparency was finalized, and the longstanding pledge to provide USD 100 billion annually to support
 158 developing countries was reiterated (Chelminski, 2022; Y. Wang et al., 2022). In parallel, the urgency of
 159 limiting temperature rise to 1.5°C was strongly emphasized as a critical threshold to avert the most
 160 catastrophic climate impacts.

161 Through each of these milestones, the COP process has continually adapted and expanded to meet the
 162 evolving challenges of climate change (Y. Wang et al., 2022). It has fostered ambitious global goals,
 163 addressed principles of equity through differentiated responsibilities, and promoted cooperation through
 164 mechanisms for finance, technology transfer, and capacity building(Ockwell & Byrne, 2016). COPs thus
 165 reflect the trajectory of global climate action anchored in scientific consensus, shaped by political
 166 negotiation, and sustained by a shared imperative to protect the planet (Falkner, 2016; Seo, 2017). As the
 167 climate crisis deepens, collaboration and innovation remain central to advancing effective and inclusive
 168 solutions (Fankhauser et al., 2016).



175 **Figure 1.** Key milestones under the UNFCCC

176 **1.3 Kyoto Protocol and its aftermath: binding commitments and emerging challenges**

177 The Kyoto Protocol represents a pivotal progression in global climate policy by introducing legally bound
 178 carbon reduction objectives for developed nations (Štreimikienė, 2013; Y. Wang et al., 2022). This signifies
 179 the initial endeavor to adopt a top-down strategy for climate change mitigation (Betsill et al., 2015)
 180 establishing explicit objectives and timelines for the reduction of greenhouse gas emissions. In the initial
 181 phase of the Protocol (2008-2012), participating nations pledged to decrease their emissions by an average
 182 of 4.7% relative to 1990 levels. Achieving this target successfully with an 11.2% reduction beyond the 2012
 183 target (figure 2), nations committed again to the Protocol's second phase (2013-2020) via the Doha
 184 Amendment, aiming for an average reduction of at least 18% below 1990 levels, which led later to a
 185 reduction of 22% (Štreimikienė, 2013). Despite these successes, the final efficacy of the Kyoto Protocol
 186 was significantly diminished by various constraints, notably:

- The ambiguity in the top-down approach that endorsed only developed nations.
- Lack of a robust financial mechanism, which has led to distrust between developed and developing countries.
- Vague monitoring, reporting, and evaluation protocols.
- Limited participation of major emitting nations such as China and India.
- The refusal of Japan, Russia, and New Zealand to engage in the second phase of the agreement, as well as the categorical and total withdrawal of the United States in 2001 and Canada in 2011.

These issues and events considerably diminished the Protocol's capacity to effectively mitigate global emissions, resulting in considerable disruption to the likelihood of success (Puciato et al., 2022). This has resulted in the establishment of the Paris Agreement, which seeks to engage all nations in equitable and balanced collective endeavors (Bodansky, 2016; Wewerinke-Singh, 2016).

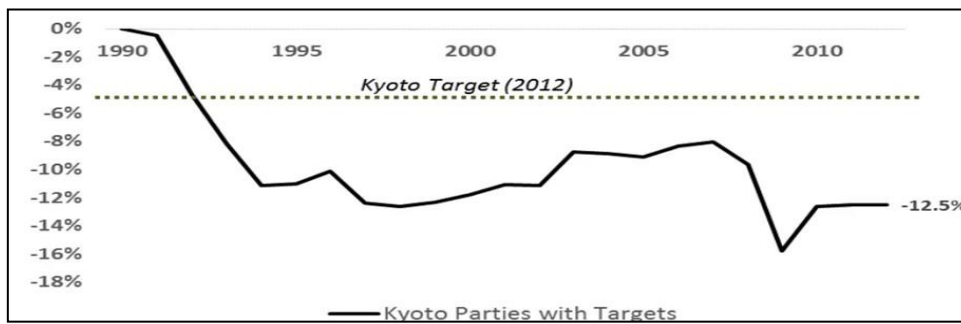


Figure 2. Kyoto Protocol carbon emissions, 1990-2012.

1.4 The Paris Agreement: A new era of Nationally Determined Contributions (NDCs)

Following the Kyoto Protocol, the adoption of the Paris Agreement in 2015 marked a transformative moment in global climate governance (Bodansky, 2016; Wewerinke-Singh, 2016). This agreement introduced a more flexible and inclusive framework, reflecting an evolution in thinking about how to mobilize collective action in a fragmented global landscape (Falkner, 2016). Unlike its predecessor, which imposed binding targets primarily on industrialized nations, the Paris Agreement called on both developed and developing countries to take climate action, encouraging each to contribute according to its capacities, development priorities, and national circumstances (Bodansky, 2016; Seo, 2017; Wewerinke-Singh, 2016). At the heart of this new approach lies the concept of Nationally Determined Contributions (NDCs), country-specific emission reduction plans submitted every five years. This bottom-up structure represented a clear departure from the top-down approach of the Kyoto Protocol (Falkner, 2016). By granting countries autonomy to define their climate commitments, the Paris Agreement aimed to foster greater national ownership, enhance participation, and encourage broader engagement in climate action.

However, this flexibility has also exposed inherent weaknesses (Bäckstrand, 2017; Puciato et al., 2022; Y. Wang et al., 2022). The reliance on voluntary pledges has led to a pronounced “ambition gap,” a disconnect between the cumulative NDCs and the level of emissions reduction required to limit global temperature rise to 1.5°C or even 2°C, as stated in the agreement’s core objectives (Puciato et al., 2022; Y. Wang et al., 2022; Wewerinke-Singh, 2016). Despite growing political support for these temperature goals, many NDCs remain insufficient, especially given the absence of strong enforcement mechanisms and disparities in national capacities (Puciato et al., 2022; Waite, 2020; Wewerinke-Singh, 2016). The uneven translation of NDCs into actual, equitable global efforts has raised concerns about the effectiveness of this model

224 (Fankhauser et al., 2016; Gewirtzman et al., 2018). To bridge this gap, Article 2 of the agreement
225 emphasizes the importance of climate finance, particularly the responsibility of developed countries to
226 support developing nations in their mitigation and adaptation efforts (Chelminski, 2022). Originally, Parties
227 pledged to mobilize USD 100 billion annually by 2020, and this target was later revised upward to USD
228 300 billion by 2024 during COP24, underscoring the centrality of financial solidarity within the Paris
229 framework.

230 Yet, despite these commitments, concerns about transparency, adequacy, and fairness in climate finance
231 persist (Fankhauser et al., 2016). Reports highlighting the inconsistency of funding flows and the lack of
232 predictable mechanisms have sparked criticism and diminished trust in the system (Betsill et al., 2015; D.
233 Wang & Fang, 2024). Furthermore, geopolitical dynamics continue to shape the agreement’s future (Seo,
234 2017). The anticipated withdrawal of the United States in 2025, a nation both among the largest historical
235 emitters and key funders of climate finance, has also posed a serious challenge to the collective ambition
236 and credibility of the Paris Agreement (Hubinger, 2018).

237 **1.5 Role of key actors: states, non-state actors, private sectors, and civil society**

238 Building on the participatory foundation introduced by the Paris Agreement, the UNFCCC process has
239 increasingly embraced a broader constellation of actors in shaping climate governance (Bäckstrand, 2017;
240 Betsill et al., 2015; D. Wang & Fang, 2024). While states remain the central figures in negotiating and
241 committing to international obligations, the complexity and interconnectedness of climate challenges have
242 underscored the need for inclusive, multi-actor engagement (D. Wang & Fang, 2024). In response, the role
243 of non-state and subnational stakeholders, ranging from the private sector and civil society organizations
244 (CSOs) to academic institutions, local communities, and Indigenous peoples, has gained growing
245 prominence at all levels of the UNFCCC framework (Bäckstrand, 2017).

246 Each actor contributes uniquely to the climate process. The private sector, especially those operating in
247 carbon-intensive industries, plays a dual role as both a contributor to emissions and a catalyst for innovation
248 and investment in low-carbon solutions. CSOs, meanwhile, serve as watchdogs, advocates, and mobilizers,
249 promoting ambitious climate policy, holding states accountable, and amplifying the voices of vulnerable
250 populations (Bäckstrand, 2017). Academic institutions contribute critical knowledge, modeling, and policy
251 analysis, helping to inform and guide decision-making (Betsill et al., 2015). Simultaneously, subnational
252 governments, including cities and regions, have emerged as front-runners in climate action, often
253 implementing ambitious policies that surpass national targets and demonstrating what localized leadership
254 can achieve. Yet, the negotiation space remains shaped by competing interests and power dynamics,
255 revealing the complexity of harmonizing diverse agendas under one multilateral process (Flavell, 2023;
256 Štreimikienė, 2013).

257 Coalitions of states such as the Alliance of Small Island States (AOSIS) and the Independent Alliance of
258 Latin American and Caribbean Countries (AILAC) have also leveraged their collective influence to push
259 for equity-based outcomes and heightened ambition in negotiations (Waite, 2020). In parallel,
260 constituencies like the Women and Gender Constituency (WGC) have brought attention to the
261 disproportionate impacts of climate change on women and advocated for gender-responsive climate policies
262 (Flavell, 2023). Ultimately, the degree to which the UNFCCC process delivers meaningful outcomes is
263 closely tied to the inclusivity and influence of its diverse stakeholders (Fankhauser et al., 2016; D. Wang
264 & Fang, 2024). While broader participation has enhanced legitimacy, the challenge lies in ensuring that

265 engagement translates into action and that all voices, particularly those historically marginalized, have a
266 substantive role in shaping the climate future (Bäckstrand, 2017; Puciato et al., 2022).

267 **1.6 Mechanisms and instruments: mitigation, adaptation, loss and damage**

268 In alignment with the multifaceted commitments outlined in the Paris Agreement, the COP process has
269 developed an array of mechanisms designed to address the diverse dimensions of the climate crisis (Parker
270 et al., 2015; Y. Wang et al., 2022). Given the complexity of its objectives, the COP employs a combination
271 of strategies centered on mitigation, adaptation, and loss and damage, each tailored to specific aspects of
272 climate risk and responsibility (Betsill et al., 2015; Calliari, 2018).

273 Mitigation efforts focus on reducing greenhouse gas emissions at their source and increasing their sinks,
274 primarily by enhancing energy efficiency, transitioning to renewable energy systems, and decarbonizing
275 key sectors of the global economy (Betsill et al., 2015). These actions aim to limit future climate impacts
276 by addressing the root causes of global warming. In parallel, adaptation measures seek to confront the
277 unavoidable consequences, reduce vulnerability, and increase resilience to climate change. Through
278 improved infrastructure, resilient agricultural practices, and disaster preparedness, these strategies are
279 intended to strengthen the capacity of vulnerable communities and ecosystems to cope with present and
280 anticipated climate stresses (Betsill et al., 2015). Where adaptation is no longer sufficient, loss and damage
281 mechanisms have emerged to confront the residual and often irreversible impacts of climate change
282 (Calliari, 2018; Gewirtzman et al., 2018). These include slow-onset events and extreme weather disasters
283 that exceed communities' ability to adapt, such as sea-level rise affecting low-lying islands or devastating
284 droughts and floods (P.N.R.J, 2022). For those on the frontlines of climate vulnerability, these mechanisms
285 are critical for recovery, compensation, and long-term resilience.

286 However, the effectiveness of all three pillars, mitigation, adaptation, and loss and damage, hinges on
287 robust implementation, adequate financing, and sustained international cooperation (Chelminski, 2022;
288 Fankhauser et al., 2016; D. Wang & Fang, 2024). Climate finance remains a central enabler, intended to
289 support especially developing nations in implementing their mitigation and adaptation plans (Chelminski,
290 2022). Yet, despite repeated pledges, the consistent mobilization of sufficient funds remains elusive
291 (Puciato et al., 2022; Tørstad & Sælen, 2017). This persistent shortfall not only undermines trust but also
292 highlights the urgent need for innovative financing mechanisms and renewed global commitments that
293 match the scale of the climate emergency (Pattberg & Widerberg, 2017; Tørstad & Sælen, 2017).

294 **2. Research Methodology**

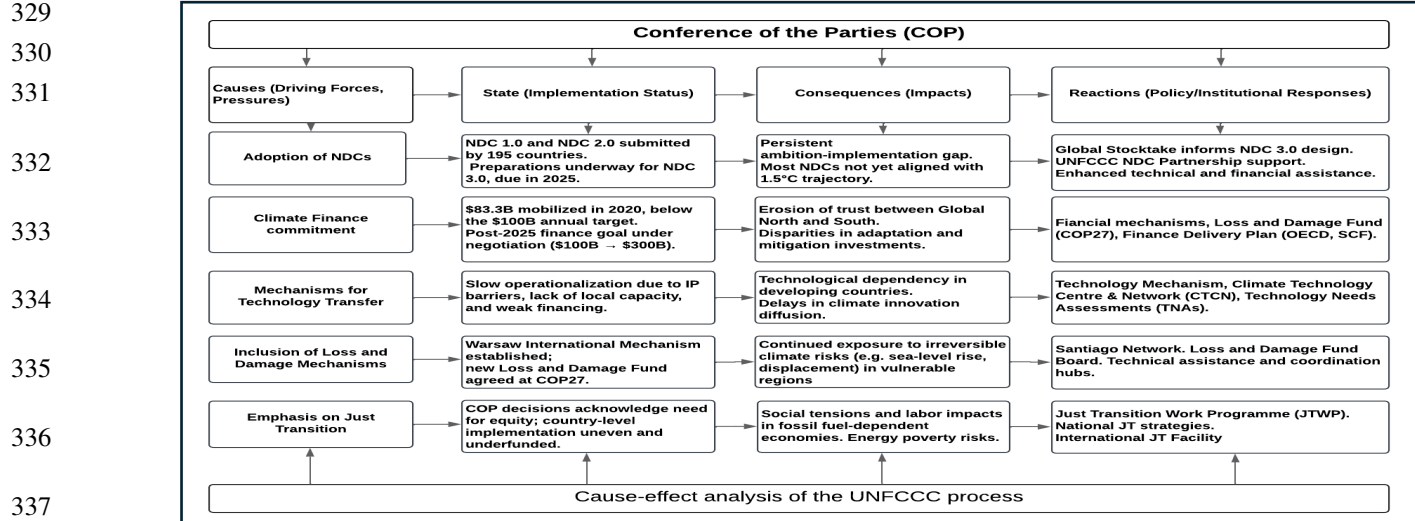
295 This study employs a systematic literature review complemented by a structured cause-and-effect analytical
296 framework to examine the effectiveness of the Conference of the Parties (COP) in achieving the goals of
297 the United Nations Framework Convention on Climate Change (UNFCCC). The systematic review was
298 designed to capture the evolution of climate policy discourse and practice over time, integrating both peer-
299 reviewed and grey literature published between 1990 and 2024. No language restrictions were applied to
300 ensure inclusivity and breadth in capturing global perspectives.

301 The review was conducted in a series of stages to ensure rigor and transparency. (1) First, relevant keywords
302 were identified, including *climate goals*, *environmental goals*, *green targets*, *climate governance*, *climate*
303 *finance*, and *climate justice* to guide the search process. These keywords were applied across major
304 academic databases such as Scopus, Web of Science, JSTOR, PubMed, Semantic Scholar, Google Scholar,
305 and ResearchGate. (2) The second stage involved screening and reviewing retrieved publications, using

306 predefined inclusion criteria: clarity of objectives, methodological transparency, and direct relevance to
 307 COP mechanisms (e.g., NDCs, climate finance, stakeholder engagement). Studies that did not align with
 308 the study its objective, non-empirical, duplicative, published before 2000, or irrelevant to the COP process
 309 were excluded. (3) Each publication was assessed for quality based on four dimensions: clarity, rigor,
 310 relevance, and data credibility, and subsequently categorized into high or moderate quality before mapping
 311 and summarizing the selected literature. This process followed established guidance in general research
 312 methodology and management and business research methodologies (Easterby-Smith, 2015).

313 To complement the literature review and deepen the explanatory potential of the study, a cause-and-effect
 314 analytical framework was applied to systematically explore the institutional and policy dynamics
 315 underpinning the COP process. As in Figure 3, this framework follows a logical sequence: *Driving Forces*
 316 → *State* → *Consequences* → *Reactions*. It enables the mapping of causal pathways and institutional
 317 interactions that shape global climate governance. Key driving forces identified in the literature include the
 318 adoption of Nationally Determined Contributions (NDCs), formal climate finance commitments, the
 319 inclusion of loss and damage mechanisms, and the promotion of a just transition. These inputs correspond
 320 to the state of implementation, which reflects measurable gaps such as delayed or inadequate emissions
 321 reductions, underfunded adaptation programs, and constraints on technology transfer.

322 The resulting consequences spanning economic, political, social, and institutional dimensions are
 323 characterized by inequitable outcomes, reduced trust between developed and developing countries, and
 324 fragmented responses. These, in turn, trigger policy reactions such as the Global Stocktake, the
 325 operationalization of climate finance instruments (e.g., Green Climate Fund, GEF, Adaptation Fund), and
 326 support mechanisms like the Warsaw International Mechanism for loss and damage. While the analysis
 327 remains primarily qualitative, it is grounded in observable indicators (e.g., NDC ambition levels, finance
 328 disbursement rates, implementation timelines) to enhance its analytical robustness.



337
338 **Figure 3.** Cause-and-effect analysis sequence of the COP.

339
340

3. Results and Discussion

This study reveals that the COP process has not only shaped global climate governance but has also become a contested space where ambition and inertia coexist, often creating paradoxes in policy effectiveness (Girón & Ivanova, 2023; Khan et al., 2024). The systematic literature review and cause-effect analysis uncovered five key dynamics that define the current state of the COP process, some widely recognized, others less visible but increasingly influential.

3.1 COP as a Platform for Normative Innovation and Institutional Creep

The Conference of the Parties (COP) has undeniably institutionalized a new global climate logic, one that reframes climate change as a shared, collective responsibility transcending national borders (Betsill et al., 2015; P.N.R.J, 2022). This logic is operationalized through Nationally Determined Contributions (NDCs), the Global Stocktake, and the Enhanced Transparency Framework (Falkner, 2016). Together, these instruments constitute what can be described as a "normative innovation" in global governance, formalizing the principle of universal participation and embedding iterative cycles of ambition, review, and accountability into international climate diplomacy. This architecture has recalibrated expectations for global environmental cooperation, shifting the emphasis from legally binding emission reduction targets to a more dynamic, nationally driven process that encourages voluntary but transparent commitments (Girón & Ivanova, 2023; Ockwell & Byrne, 2016).

However, the study also identifies signs of what may be termed *institutional drift*, a condition where the institutional machinery becomes increasingly complex and procedural, thereby diluting the COP's transformative capacity. This drift is evident in the growing disjunction between global climate norms and national implementation practices. For instance, although NDCs have emerged as the centerpiece of national climate policy frameworks, their proliferation without harmonized guidelines or robust comparability mechanisms has led to significant goal fragmentation (Puciato et al., 2022). With over 190 countries submitting individualized climate pledges, each with differing baselines, metrics, timeframes, and levels of ambition, the global climate regime risks becoming a patchwork of incoherent efforts (D. Wang & Fang, 2024). This fragmentation may reinforce national ownership and flexibility but also undermine collective progress by fostering ambiguity and inconsistency in ambition, monitoring, and outcomes. As a result, the gap between global aspirations and measurable impact continues to widen, highlighting the tension between inclusivity and effectiveness in global climate governance (Betsill et al., 2015).

3.2 The Political Economy of Climate Compliance

A novel and underexplored insight emerging from this study is the identification of a political economy of compliance, wherein a country's ability, and critically, its willingness to meet climate targets, is shaped less by normative alignment with global goals and more by deeply embedded structural incentives and domestic politics. These reframing challenges conventional assumptions that climate underperformance is primarily a result of limited technical capacity or institutional weakness. Instead, the analysis reveals a more complex interplay: climate risk perception is filtered through political risk aversion, meaning that governments often prioritize short-term political stability and economic continuity over long-term environmental resilience.

In high-income countries with diversified, service-based economies, well-established regulatory frameworks, and relative energy independence, the pathways to compliance are more straightforward and less politically fraught (P.N.R.J, 2022). These states, such as many in the European Union, have greater fiscal flexibility to subsidize green technologies, implement carbon pricing, and retrain workers in declining industries (Bodansky, 2016). Their institutions are also more capable of absorbing the social costs of

384 decarbonization, whether through welfare expansion, labor protection, or green industrial policy, thereby
 385 making climate action not only feasible but electorally viable (Ockwell & Byrne, 2016).

386 In contrast, fossil fuel-dependent economies or those with large informal sectors often face a starkly
 387 different equation. For many such states, ranging from major emitters like India and Brazil to oil-exporting
 388 nations in the Gulf, the economic and political costs of compliance are profound. Transitioning away from
 389 carbon-intensive industries risks undermining employment, state revenues, and social cohesion, particularly
 390 in regions where the fossil fuel sector plays a central developmental role (Girón & Ivanova, 2023). In these
 391 contexts, climate ambition becomes politically expensive, and inaction or limited action is often a rational
 392 political choice (Cai et al., 2023). Moreover, authoritarian and semi-authoritarian regimes may face fewer
 393 electoral constraints but often lack the transparent governance systems and civic pressure required to drive
 394 ambitious, accountable climate policies. Meanwhile, in low-income countries and climate-vulnerable
 395 states, the issue is compounded by a lack of financial and technical resources, weak institutional capacity,
 396 and dependency on external support, creating a compliance landscape shaped more by conditionality and
 397 vulnerability (Gewirtzman et al., 2018).

398 This misalignment is illustrated in Table 1, where countries such as Brazil and India, despite articulating
 399 relatively ambitious Nationally Determined Contributions (NDCs), have struggled to translate these
 400 pledges into commensurate policy outcomes or emissions reductions. The finding suggests that
 401 contemporary climate leadership is less about moral authority or rhetorical ambition and increasingly about
 402 the strategic management of domestic risk portfolios (Parker et al., 2015). This evolution in climate politics
 403 has dual implications: it could enable more pragmatic, context-sensitive pathways to action, or it could
 404 entrench asymmetries that paralyze collective progress, particularly if high-emitting states prioritize short-
 405 term political survival over long-term climate stability.

Country	National commitment	Actual outcomes	Status
United States	Reduce emissions by 61-66% below 2005 levels in 2035.	Reduction of 21% (2020)	Lower progress
China	Achieve carbon neutrality by 2060 and lower CO ₂ emissions per unit of GDP by 60 to 65% from the 2005 level	Increase of 1.7% (2020)	Not on track
EU	Reduce GHGs by at least 55% by 2030 compared to 1990.	Reduction of 20% (2020)	Partially on track
India	Reduce emissions intensity by 45% below 2005 levels by 2030.	Reduction of 7.93% (2020)	Lower progress
Brazil	Reduce emissions by 59 to 67% below 2005 levels by 2035.	Increase of 9.5% (2020)	Not on track

406 Table 1 Comparison of the NDC commitments of the major CO₂-emitting countries.

407 3.3 Climate Diplomacy Fatigue: Negotiation without transformation

408 Another underexplored yet increasingly critical insight revealed by this study is the emergence of what can
 409 be termed climate diplomacy fatigue, a form of institutional exhaustion that is subtly, but unmistakably,
 410 reshaping the trajectory of global climate governance. Detected from literature, this fatigue reflects a
 411 growing dissonance between the frequency of engagement and the substance of delivery. As countries
 412 convene year after year, now been nearly three decades since the first COP (Y. Wang et al., 2022), the scale
 413 of participation has grown (Bäckstrand, 2017), but the transformative potential appears to be stagnating
 414 (Štreimikienė, 2013). This phenomenon is manifested in several ways. Most visibly, it is reflected in the
 415 dilution of language in COP decision texts, shifting from firm mandates to vague encouragements (Puciato
 416 et al., 2022), and from deadlines to undefined “aspirations.” Negotiated language often accommodates
 417 political sensitivities at the expense of enforceable outcomes, resulting in final documents that are more
 418 symbolic than operational (Betsill et al., 2015; Y. Wang et al., 2022). Recycled commitments further

419 exacerbate this trend, with successive COPs reaffirming past promises rather than generating new,
420 actionable breakthroughs (D. Wang & Fang, 2024). In many cases, headline pledges are celebrated despite
421 lacking the legal, financial, or institutional mechanisms necessary for delivery (Chelminski, 2022;
422 Gewirtzman et al., 2018).

423 Stakeholders and reports also point to a pattern of performative ambition, public displays of commitment,
424 such as updated NDCs or announcements of net-zero emissions, which serve diplomatic or reputational
425 purposes but are not accompanied by domestic regulatory reforms or fiscal realignment. This performativity
426 risks undermining the trust and urgency that once fueled the UNFCCC process (Puciato et al., 2022). As
427 expectations rise and delivery lags, disillusionment among observers, civil society, and vulnerable nations
428 deepens, further eroding the legitimacy of the multilateral process (Tørstad & Sælen, 2017). In this context,
429 the COP process risks becoming a stage for symbolic diplomacy rather than a vehicle for structural
430 transformation. The repetition of climate commitments without disruption to entrenched energy, economic,
431 and development models suggests the emergence of a dangerous norm: the institutionalization of delay.
432 What was once seen as a temporary gap between ambition and action is, in some cases, becoming
433 normalized as an accepted feature of the process.

434 The implications of climate diplomacy fatigue are profound. It indicates that the procedural logic of the
435 COP, once celebrated for its inclusiveness and flexibility, may now be undermining its effectiveness. If left
436 unaddressed, this fatigue could cement a cycle in which multilateralism remains alive, but its capacity to
437 drive systemic change is paralyzed.

438 **3.4 Broadening Participation Without Deepening Influence**

439 One of the most celebrated aspects of the COP process in recent years has been its growing inclusivity
440 (Falkner, 2016; Parker et al., 2015). Each new cycle of climate negotiations brings with it greater visibility
441 for a diverse constellation of actors: Indigenous Peoples, youth activists, women leaders, local
442 communities, civil society organizations, trade unions, and subnational authorities. Their presence, once
443 peripheral, is now woven into the formal architecture of the UNFCCC, with official constituencies,
444 dedicated events, and increasing engagement across negotiation spaces (Flavell, 2023; Parker et al., 2015).
445 Yet, this study reveals a deeper, more unsettling pattern: representation has expanded, but real influence
446 remains largely unchanged. Many stakeholders are invited to participate, but not to decide. Their
447 contributions are often symbolically acknowledged in preambles, side events, or thematic platforms but
448 rarely integrated into the decision-making structures where the technical, financial, and political levers of
449 climate governance reside.

450 A clear example of this dynamic can be found in the treatment of Indigenous knowledge systems (Tørstad
451 & Sælen, 2017). These systems are increasingly referenced in adaptation and resilience dialogues, praised
452 for their holistic and place-based understanding of ecosystems. However, they remain marginal within
453 science-policy bodies, such as the IPCC and SBSTA, which continue to rely predominantly on Western
454 scientific paradigms and top-down models (P.N.R.J, 2022). This reflects a broader epistemic hierarchy in
455 which knowledge is welcomed rhetorically but excluded structurally. Similarly, youth and women's
456 constituencies, while highly visible in plenaries and high-level dialogues (Flavell, 2023), often find
457 themselves disconnected from the negotiating rooms where real power is exercised. Despite efforts like the
458 Gender Action Plan and the LCIPP, decision-making still occurs in state-dominated spaces, where
459 negotiations are often opaque and inaccessible to those outside formal delegations. Even where
460 participation mechanisms exist, they are frequently underfunded, overly consultative, or procedurally
461 complex, limiting meaningful engagement (Fankhauser et al., 2016; Puciato et al., 2022).

462 This gap between procedural inclusion and structural influence reinforces existing inequalities within global
463 climate governance (D. Wang & Fang, 2024). It suggests that while the COP is evolving toward inclusivity
464 in form, it is not yet inclusive in function. Equity remains more of a rhetorical commitment than an
465 operational principle, and without deliberate institutional redesign, this inclusion gap risks becoming
466 entrenched.

467 **3.5 The Opportunity Hidden in Fragmentation**

468 An unexpected yet compelling insight from this study is the possibility that fragmentation within the COP
469 process is not merely a symptom of dysfunction but a latent source of strength. While policy fragmentation
470 is often cited as a barrier to coherence, ambition, and effective implementation, this analysis suggests that,
471 under the right conditions, it may serve as a strategic feature of the climate regime, enabling flexibility,
472 experimentation, and innovation in ways that centralized governance cannot.

473 The COP has evolved into an expansive and multilayered ecosystem encompassing a wide range of issue
474 areas, mitigation, adaptation, finance, loss and damage, transparency, capacity building, and technology
475 transfer, each with its own institutional pathways, actors, and implementation logics (Dong, 2022; P.N.R.J,
476 2022). This institutional pluralism, though sometimes criticized for diluting focus, has in practice allowed
477 for parallel progress even in moments of high-level political deadlock. For instance, while consensus on
478 emissions reduction targets has often stalled, climate finance mechanisms such as the Green Climate Fund,
479 the Adaptation Fund, and the Loss and Damage Fund have advanced, disbursing billions in support to
480 vulnerable countries (Chelminski, 2022; Gewirtzman et al., 2018). Similarly, technology cooperation and
481 capacity-building initiatives have developed in specialized forums, drawing on technical expertise and
482 bypassing the political bottlenecks of plenary negotiations (Ockwell & Byrne, 2016). This decentralized
483 structure has created pockets of momentum, allowing action to proceed even when formal negotiations
484 slow.

485 This finding aligns with the theory of polycentric governance, which posits that complex global problems
486 are often best addressed through overlapping, semi-autonomous centers of authority that operate at multiple
487 scales. Rather than viewing fragmentation as a breakdown of order, polycentrism sees it as a system of
488 distributed problem-solving, where diversity becomes an asset rather than a liability. Within the COP
489 framework, this could take the form of coalitions of the willing, regional climate blocs, or issue-specific
490 implementation hubs that test and scale climate solutions in context-specific ways.

491 The future of the COP, then, may not rest in imposing uniformity or harmonizing every component of the
492 climate regime. Instead, it could lie in embracing modularity: reimagining the COP as a flexible platform
493 that enables differentiated pathways, layered commitments, and targeted innovation across climate policy
494 domains. This modular approach would maintain a global framework for accountability anchored in
495 transparency, reporting, and global stocktakes while giving countries and non-state actors the space to
496 advance progress where they can act most effectively. Critically, such a model would need safeguards to
497 prevent fragmentation from reinforcing inequality or weakening ambition. Strong coordination
498 mechanisms, equitable financing, and binding procedural norms are essential to ensure that decentralized
499 action remains aligned with collective goals. But if these elements are in place, fragmentation can be
500 harnessed not as a failure of multilateralism, but as a strategic evolution of it.

501 **Conclusion**

502 This study has critically examined the evolution and effectiveness of the COP process, revealing it as both
503 a driver of climate innovation and a space constrained by systemic inertia. Five interconnected dynamics

504 were identified: the institutionalization of global climate norms, the political economy of compliance, the
505 rise of climate diplomacy fatigue, the limits of inclusive participation, and the paradoxical potential of
506 policy fragmentation. The analysis confirms that the COP has been instrumental in framing climate change
507 as a global governance priority. It has catalyzed new mechanisms such as NDCs, climate finance
508 instruments, and platforms for stakeholder participation that collectively embody a transformative
509 normative architecture. Yet, as this architecture has expanded, its coherence and impact have become
510 increasingly challenged by the political and economic realities of implementation. Notably, the study
511 introduces the concept of a political economy of compliance, highlighting how national climate
512 performance is less about moral commitment and more about the strategic management of political risk.
513 This lens reveals that climate ambition is often constrained not by capacity but by domestic trade-offs,
514 reinforcing structural inequities in the global regime. Similarly, while the inclusivity of the COP process
515 has grown, real decision-making power remains concentrated in state actors and high-emitting economies,
516 leaving many civil society and Indigenous voices marginalized in outcomes, if not in presence.

517 The findings also point to the onset of climate diplomacy fatigue, a phenomenon where rising participation
518 coexists with declining substance. The ritual of annual negotiations, while symbolically important, risks
519 legitimizing delay when ambition is not backed by enforcement, financing, or domestic transformation.
520 And yet, amid these challenges, the study finds unexpected promise in the system's fragmentation. If
521 embraced strategically through polycentric and modular approaches, fragmentation can become a strength,
522 enabling flexibility, regional leadership, and innovation in ways that rigid consensus cannot. Taken
523 together, these insights suggest that the COP is at a critical inflection point. The question is no longer
524 whether multilateralism can deliver on climate goals, but how the multilateral system must evolve to do so.
525 The path forward requires more than technical adjustments; it demands a rethinking of global climate
526 governance as a shared and negotiated space of transformation, not merely a platform for pledges.

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